

is always changing.

When I was a new hunter, overstep others. The "who" didn't matter because the goal was a "what." I noticed when the goal was a "what,"

Local health council seeks to promote "healthier options" Staff Report

The Lexington Mayor's Health Council is eying area businesses for healthier choices in food offerings.

Holmes County is saturated with a variety of businesses selling fried fare, but a press release. council coordinators want to stress greener option.

Council coordinators ner with store owners along ments," said the release.

In the past few weeks I became very self-centered. I've traveled to Texas and After all, it's my desire, Missouri to talk to the tur- my goal, my pursuit, and keys and to hang around my purpose. It all sounded friends. It seems, this year, good from a distance until I've mostly been more in- I discovered that the comterested in the friend part mon thread in all of these than the turkey part. I shot things is me, my, and mine. a big hog in Texas, but re- Then it seems terribly base. ally didn't push the turkey After all, most of the time, thing. I was satisfied to the people we dislike the watch some newcomers to most are those who are conthe turkey hunting scene, try stantly putting themselves their hand at these elusive first. After thinking about birds. And I'm actually still it, however, we actually just in Missouri while I'm writ- dislike those who are blatant ing this article. I'm not sure in their self-centeredness. what the next two mornings But as long as we use cerwill hold, but I'm satisfied tain words, we seem to be with great food, great scen- okay. Think about this. How ery, and great conversation. often have you said one of I have already stamped this these phrases? "I'm just too trip as a success. And suc- bad." "I just can't live it." "I cess is always good - espe- need to find my purpose." cially when I get to deter- "I don't want to be a hypomine what success is. And it crite." "I was hurt." "I'm trying to find my gift." Do you see a common thread? success was nearly always Yes, you do. And if you are measured by whether I was a Christian, it is antithetibringing home the meat. cal of Jesus' desire for you. When that was the goal, it Actually, the "me" in Chriswas easy to overlook and tianity is non-existent. It's not about you or even about God (He really doesn't need anything). It's all about others. It's all about the "who" and not the "what." I really don't know how we messed it up. After all, the scriptures make it pretty clear. We are to love God with all our

> with other organizations to develop a plan, increasing access to healthier fresh foods in corner and convenience stores," according to

heart and our neighbor as

our self. So, you see, there's

"It is hoped that all of our businesses and organizations will consider 'fresh' Lucy Vaughn and Frances in marketing fast food items Bartee are looking to "part- for their local establish-

The Mississippi Department of Archives and History has awarded grants totaling more than \$78,000 to nine preservation projects in Certified Local Government (CLG) communities across the state. Amounts range from \$1,743.75 for the completion of a survey report and National Register nomination for downtown Brandon to \$15,083.35 to rehabilitate Aberdeen City Hall.

"We are pleased to be partnering with nine communities this year," said CLG grants administrator Meredith Massey. "The projects will heavily focus on the rehabilitation of historic structures, professional assessments, and surveys. We look forward to assisting these communities in their preservation efforts as the year progresses."

The 2019 grants are as follows:

• Aberdeen, \$15,083.75, for the exterior rehabilitation of Aberdeen City Hall.

• Brandon, \$1,743.75, to complete a survey report and National Register nomination for the Downtown Brandon Residential Historic District.

• Carrollton, \$10,000, to

really no room for our me. my, or mine. And that's good news. Not only does it mean that God knows how incapable we really are; He just wants us to love all the other incapable people, just as they are. Don't make it more than it is. When you do, you will always find yourself easing back in to the me, my, and mine.

I would love to speak at your next event. Contact me.

gary@outdoortruths.org

stabilize the chimney, install a new HVAC system, and replace broken window panes at the Carrollton Community House.

• Corinth, \$13,090, to install new sections of the roof membrane at the Corinth Coliseum.

• Greenwood, \$10,000, to repair the roof of the bell tower at Wesley United Methodist Church and conduct an assessment of the building's education wing.

• Hattiesburg, \$5,000, to survey approximately 300 structures in the Arledge Subdivision and Katie-John-Dabbs Neighborhood.

• Laurel, \$10,000, to survey and complete a National Register nomination for an African American neighborhood southeast of downtown.

• Starkville, \$8,500, to develop a comprehensive survey plan and a listing of all eligible historic properties within the city limits.

• West, \$5,000, to conduct a structural assessment of the Masonic Lodge/West Grammar School and continue rehabilitation of the building.

The Certified Local Government program is a federal-state-local partnership designed to assist communities in dealing with diverse preservation needs through funding and technical assistance. CLG communities may apply for annual grants to undertake preservation projects of importance to the community. Grants may be used for such diverse projects as the restoration of historic buildings; historical, architectural, or archaeological site inventory work; preparation of nominations to the National Register of Historic Places; educational programs; and staff support for new historic preservation commissions.

Funding for the grants comes from the Historic Preservation Fund, a federal grants program appropriated by the U.S. Congress and administered by the National Park Service, which provides financial support to State Historic Preservation Offices-in Mississippi the

benefit from preservation grants CLG program, contact Michelle Jones 601-576-6940, or visit http://www.mdah. ms.gov/new/government-2/ certified-local-governmentprogram/.

> The fifty-three CLG communities in Mississippi are Greenville, Hattiesburg. Hernando, Holly Springs, In- land Weeks, Biloxi.

dianola, Jackson, Kosciusko, Laurel, Leland, Lexington, Louisville, McComb, Meridian, Mound Bayou, Mount Olive, Natchez, Newton, Ocean Springs, Oxford, Pascagoula, Philadelphia, Port Gibson, Quitman, Raymond, Senatobia, Sharkey County, Starkville, Tunica, Tupelo, Vicksburg, West, West Point, and Woodville.

Members of the board of Aberdeen, Baldwyn, Biloxi, trustees are Kane Ditto, pres-Booneville, Brandon, Can- ident; Reuben V. Anderson, ton, Carrollton, Carthage, Jackson; Nancy Carpenter, Claiborne County, Clarks- Columbus; Valencia Hall, dale, Cleveland, Clinton, Co- Natchez; Betsey Hamilton, lumbia, Columbus, Como, New Albany; Mark Keenum, Corinth, Durant, Gautier, Starkville; Web Heidelberg, Greenwood, Hattiesburg; Hilda Cope Hazlehurst, Povall, Cleveland; and Ro-

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If you have any questions about this report or concerning your water utility, please co want our valued customers to be informed about their water utility. If you want to lea Tuesday, 9/10/19, at 7:00 PM at the Ebenezer Fire Denartment.

In this table you will find many terms and abbr ations you might not be familiar

Maximum Contaminant Level Goal (MCLG) - The "Goal" (MCLG) is the level of a contaminant in drinking known or expected risk to health. MCLGs allow for a margin of safety.

Maximum Residual Disinfectant Level (MRDL) - The highest level of a disi evidence that addition of a disinfectant is necessary to control microbial contar

Maximum Residual Disinfectant Level Goal (MRDLG) - The level of a drinking water of expected risk of health. MRDLGs do not reflect the benefits of the use of disinfectants to Parts per million (ppm) or Milligrams per liter (mg/l) - one part per million corresponds to one minute in two years or a \$10,000.

Parts per billion (ppb) or Micrograms per liter - one part per billion corresponds to one minute in 2,000 years. or a \$10,000,000.

				TEST R	ESULT	ГS		
Contaminant	Violation Y/N	Date Collected	Level Detected	Range of Detects or # of Samples Exceeding MCL/ACL/MRDL	Unit Measure -ment	MCLG	MCL	Likely Source of Contamination

Lexington celebrates spring season with upcoming festival and health fair

Press Release

nity is celebrating the spring in partner communities. been a tremendous learning season by celebrating lo- Through M Partner, Lex- experience for us and we cal resources through food, ington has identified proj- hope to contribute meaningart, and music. On May 4 th ects to projects to promote fully to the City of Lexing-

The Lexington commu- ties with priority projects

to align university capabili- turned out to be much more than we anticipated. It has

from 8am to 6pm, local ven- economic development and dors, artists, craftsmen, and healthy living, utilizing the musicians will join together community's resources such to celebrate all that the com- as its historic downtown and munity of Lexington has to vibrant tourist opportunities. Dr. Ovuokerie Addoh and offer.

"We are looking forward graduate students from the to a fun filled day and seeing departments of Health, Exereveryone," said Robin Mc- cise Science, and Recreation Crory, Mayor of Lexington. Management and Nutrition "It will be a great day filled and Hospitality Management with community spirit! We will offer health screenings are grateful to everyone who and nutrition demonstrations has played a role in the plan- as part of the event. "I have had the pleasure ning and development of our festival, along with all of our of working with some of the vendors and our many spon- best students and partners sors." this semester and we are

Lexington is part of M excited to be in Lexington Partner, a University of Mis- on May 4," said Dr. Addoh. sissippi initiative that seeks "The scope of the event has

ton during the Spring Fes-Historic Preservation Divitival and beyond. Join us if sion of MDAH. you can!"

To become a CLG, a

Students enrolled in courscommunity must adopt a es such as Organization and preservation ordinance es-Administration of Health tablishing a preservation Promotion Programs and commission in accordance Community Nutrition colwith federal and state guidelines. Once the commislaborated with Mayor Mc-Crory and various partners sion has been established, to develop the details for application for CLG status the health fair that will take may be made to the Naplace during the Spring Festional Park Service through tival from 8am to 1pm at the Department of Archives the Lexington Courthouse and History. MDAH works Square. closely with local govern-

The fair will offer free ment officials and citizens to health checks, nutrition help them create and maninformation, a fresh food age a workable local hisdemo, and health informatoric preservation program. tion among others. To learn more about the

10. Barium	N	2018	.0022	No Range	ppm	2		Discharge of drilling wastes; discharge from metal refineries; erosion of natural deposits
13. Chromium	N	2018	2.7	No Range	ppb	100	100	Discharge from steel and pulp mills; erosion of natural deposits
14. Copper	N	2015/17*	.2	0	ppm	1.3	AL=1.3	Corrosion of household plumbing systems; erosion of natural deposits; leaching from wood preservatives
17. Lead	N	2015/17*	1	0	ppb	0	AL=15	Corrosion of household plumbing systems, erosion of natural deposits
Disinfectio	n By-	Product	5					
81. HAA5	N	2017*	10	No Range	ppb	0	6	0 By-Product of drinking water disinfection.
82. TTHM [Total trihalomethanes]	N	2017*	15.3	No Range	ppb	0	8	0 By-product of drinking water chlorination.
Chlorine	N	2018	1.1	.8 - 1.6	mg/l	0	MDRL =	4 Water additive used to control microbes

Notice: This report will not be mailed to each o