



## Dump Cakes

One of the first meals I ever ate in my husband's home was lovingly prepared by his precious Mama. I was invited to attend church with his family and then stay for lunch. We had delicious roast, rice, and gravy that was to die for. Also black-eyed peas, strawberry congealed salad, and her homemade biscuits. It took me years to perfect roast gravy that didn't look and taste like Play-Doh. My biscuits are still hit or miss - mostly miss.

Dessert was a cake I had never had before. It was called a Dump Cake and was served warm with a scoop of vanilla ice cream on top. I

thought I had died and gone to heaven.

The first dump cake was originated in 1980 from a Duncan Hines holiday baking brochure published that year. They are usually made with a boxed cake mix and canned fruit or fruit pie filling. Ingredients can always be on hand in your pantry.

You never know when you might need a quick and easy dessert. As the title reads, you just dump it all together in the pan you will be baking it in. Nothing could be easier.

Hope you will give these a try. Thanks for reading.

**JAN JAN'S DUMP CAKE**  
1 (21 oz.) can cherry

pie filling  
1 (15 oz.) can crushed pineapple, do not drain  
1 box yellow cake mix  
1 1/2 sticks of butter  
Preheat oven to 350 degrees. Dump the cherry pie filling and pineapple in the bottom of a 9 x 13 inch baking dish and stir together. Sprinkle the cake mix over the top of the fruit, distributing evenly. Slice the butter into tablespoons and place evenly over the top of the cake mix. Bake for 45 minutes to an hour until top is brown and bubbly. Serve warm with a scoop of vanilla ice cream or a dollop of whipped cream.

### CARAMEL APPLE DUMP CAKE

2 (21 oz.) cans apple pie filling  
1/3 cup caramel ice cream topping  
1 box yellow cake mix  
1 cup butter, melted  
Preheat oven to 350 degrees. Lightly spray a 9 x 13 inch baking dish with cooking spray. Pour apple filling

into bottom of prepared pan. Drizzle caramel ice cream topping over apples. Sprinkle dry cake mix over the top evenly. Drizzle melted butter over cake mix. Bake for 35 - 40 minutes and let cool slightly. Top with a scoop of vanilla ice cream or whipped cream.

### LEMON BLUEBERRY DUMP CAKE

4 cups fresh blueberries  
1 lemon, zested  
1 box lemon cake mix  
1/2 cup sugar  
1 cup butter, cubed  
Preheat oven to 350 degrees; lightly spray a 9 x 13 inch baking dish with cooking spray. Pour blueberries into pan; sprinkle with lemon zest and sugar. Sprinkle dry cake mix on top and distribute evenly. Cover with butter pieces. Bake for 30 - 40 minutes.

*\*Lee Ann Fleming is a Holmes County native, food columnist and has garnered fame for her recipes featured in the film, The Help. Fleming can be reached at lafkitchen@hughes.net.*

## Cochran - Shirley to exchange vows, June 1



**JERAMY DANIEL SHIRLEY AND RHONDA LYNNE COCHRAN**

Glenda and the late Larry Cochran of Durant, MS announce the upcoming marriage of their daughter, Rhonda Lynne Cochran, to Jeramy Daniel Shirley, son of Jerry and Pam Shirley and Jimmy and Clara Weeks, all of Vaiden, MS.

Rhonda is the granddaughter of the late Jessie and Frances Cochran of Sallis,

MS and the late Rose Lassett of Lexington, MS.

Jeramy is the grandson of Betty and the late Howard Shirley of Vaiden, MS and R. W. "Pee Wee" Miller and the late Lorene Miller of Vaiden, MS.

They will exchange vows on Saturday, June 1, 2019 at 2:00 p.m. at Bethlehem Baptist Church in Winona, MS.

turned upside-down and kids know it and take advantage of it.

To paraphrase one of the inimitable James Brown's more famous numbers, "It's a Child's, Child's, Child's World."

But the children have no idea how much they are losing in the bargain.

Family psychologist John Rosemond: johnrosemond.com, parentguru.com.

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## Honor students named at Holmes CC

Academic and technical students with exemplary quality point averages are recognized at the end of the fall and spring semesters by being named to the President's or Dean's list. To be eligible for such recognition a student must be enrolled in at least twelve semester hours.

To be placed on the President's List, a student must have a grade point average of 3.7 to 4.0 while a Dean's List student must have a grade point average of 3.4 to 3.69.

Students to both lists have been named following the 2019 Spring Semester at Holmes Community College.

### President's List

Durant - Ebony Huntley and Laquita Saffold;

Goodman - Jon Garrett, Louanna Garrett, Ben Lewis and Allison Thomas;

Lexington - Lakiesha Barnes, Antonio Benson, Loleeta Cobbins, Kendria Ellis, Alyssa McLemore, Priscilla Pickett, Kendrick Powell, Tyreik Scott, Linda Washington, Melvin Williams and Brendon Quon;

Pickens - William Blackstock, Kalon Johnson, Malerie White and Paige Wynne

West - Amie Blount, John Britt, Cari Dean and James Swinney.

### Dean's List

Goodman - Terrianna Nelson;

Lexington - Julisa Barnes, Danielle Gibson, Emily Martin, Cortni McCline, Tazae

Concerning major behavior problems, parents often tell me they've "tried everything." In more than forty years of doing this "parenting expert" gig, I've never run across a parent who was telling the truth about that. Since the 1960s, we've drifted so far away from a commonsense understanding of the fundamentals of child discipline that most parents have no concept of what "everything" can and in many cases should involve.

A recent conversation with a single mom illustrates the point. She told me she'd tried "everything" with her disobedient, disrespectful, rebellious thirteen-year-old daughter. Turns out that "everything" has consisted of sending her to her room (which is full of entertainment) until she apologizes (which the girl does when it serves her purposes), berating her (which often causes the child to laugh), and taking away her phone for the remainder of the day (one whole day!). In short, as in most cases, "everything" consists of virtually nothing. I call it "trying to stop a charging elephant with a fly swatter."

The further problem is that when I suggest pulling out all the stops and actually approximating "everything," the reaction is often palpable reluctance. I can relate to salespeople when they hear, "Well, I'm going to go home and think about it," knowing

Rule and Debra Waters; Pickens - Chi'Keeciah Parker; Tchula - James Johnson; West - Lauren Farmer and Katie Rodgers.

they'll never see the customer again.

Example: I told the above mom that if she didn't stop fooling around with her daughter's misbehavior, it was only going to get worse. I recommended "kicking her out of the Garden of Eden" - that is, shutting her life down to a bare minimum: no phone, no privileges, no sleepovers, no new clothes (unless of necessity and in that event only what will suffice), no visitors, no nothing. How long? For a month, and if an incident (defined in advance) occurs before the month is over, the month begins anew the next day.

"That's fairly, um, well, extreme, isn't it?" Mom stammered.

"Not as extreme, by a long shot, as calling you a vile name because you've refused one of her typically outrageous requests, or smoking pot before school, or using her phone to send pictures of her body to her juvenile delinquent boyfriend."

"What if she runs away?"  
"Where's she going to go? You'll be able to find out where she is within twenty-four hours. Go get her and take a policeman along with you. That'll be the end of that."

"Won't that pretty much require that I shut my own life down?"

"You're going to have to restrict your own activities, for sure, but there's no such thing as an effective consequence that doesn't inconvenience the person who must enforce it."

At that point, I became the above salesperson. She needed to think about it and get

## Living With Children

By John Rosemond  
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back to me, which, needless to say, she never did.

The problem is that unlike my parents, who grounded me (and rightly so) for the entire summer between high school graduation and going off to college, and parents of that generation, today's parents want to be liked by their kids; therefore, they're afraid of their kids. In fifty years, the parent-child relationship has

## Bridal Registry

Jenny Clare Christopher  
Garrett Holland  
May 25

# Peoples Drug Store

Court Square 834-2721 Lexington

### Summer Feeding Program

William Dean Jr. Elementary School, 96 Rockport Road, Lexington, MS 39095, S.V. Marshall Elementary School, 12572 Highway 12, Lexington, MS 39095, Williams Sullivan Elementary School, 14494 Highway 51, Durant, MS 39063, Goodman-Pickens Elementary School, 3877 Highway 51 South, Goodman, MS 39079 and Durant Elementary School, 5 W. Madison Street, Durant, MS 39063 will hold their Summer Feeding Program beginning June 3, 2019 and ending June 28, 2019. Breakfast will be served from 7:30 a.m. until 8:30 and lunch will be served from 11:00 a.m. until 1:00 p.m.

All meals are free to all children age 18 years and younger. There is no fee/registration in accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability. USDA is an equal opportunity employer.

For more information, you may contact Mr. Willie West, at (662) 299-1288.

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