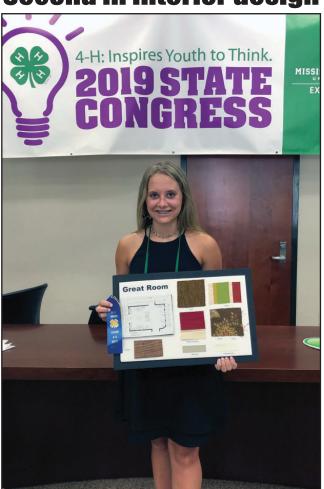
## **Second in interior design**



placed 5th in state competition.



### Living With Children

**By John Rosemond** Copyright 2019, John K. Rosemond

Q: Our son is 13 years old and in the 7th grade. Last week he came home from school complaining about how a few of his friends have been bullying him. These same boys were at his birthday party just the weekend before and they seemed to get along fine. Sometimes they poke fun at him when he is hanging around girls that these other boys have either "dated" or currently like. I think he pokes them right back, but they are three or four and he's just one. Besides, we teach him to be

kind, thoughtful, compassionate, and inclusive, so getting in a tit-for-tat really isn't what we want him to do. I don't know if we should let it work itself out or mention it to the other boys' parents. My fear is that telling his friends' parents will cause them to pick on him even more. On the other hand, I want it to stop. Any thoughts interfere with recall. you can share would be most appreciated.

A: Having been a child who was picked on, made fun of and more, and relentlessly so (or so it seemed)

#### Local youth named top tractor driver



Davian "Bug" Powell (pictured at right) won the State 4-H Tractor Driving Contest at the 2019 MS 4-H Club Congress. Davian was also named a member of this year's Livestock Bowl Team that placed 5th. He is the son of Stephanie and David Powell of Lexington.

(Photo submitted)

# the Market



As a part of their study of The Organ Wise Guys making healthy food choices, participants, instructors and volunteers visited the first day of the Lexington Farmers Market, June 7, 2019. The students experienced firsthand the importance of healthy fruits and vegetables. One of the vendors gave each student a delicious peach. For that they were grateful. Community Students Learning Center appreciated vendors and producers who took time to talk with the children about their produce. Front row (right to left): Taylon Jefferson, Chase Johnson, Aaliyah Greer, Halee Livi Howell placed 2nd in the State 4-H Interior Design Brown, Nia Symone Haynes, Kourtlyn Meeks and King Hanes; Second row: Jayla Day, Madesyn Johnson, Kayden contest at the 2019 MS 4-H Club Congress. Howell was Collier, Caden Benford, Sani Coleman, Larry Boyd III, Chase Johnson, Sicily Gregory, LeRoy Nicholson, Allison also a member of this year's Livestock Bowl Team that Boyd, back row: staff members Lula Friar, Martez Greer, Lakeithia Friar (volunteers), Thomas Keys, students (Photo submitted) (Photo submitted) JaQuaves Day and Carlos Clark, and Coach Greg Crenshaw.

> from grades five through eight, I consider myself to be an expert in such matters.

The first thing I'll point out is that children do not tend to do a good job of representing facts when they're recounting events, especially when the events in question have elicited strong emotion. Getting picked on qualifies as an emotional event; therefore, I'd bet there's more going on than is reflected in your son's report. I'm not suggesting that he's lying; I'm simply saying that emotions tend to

Second, the definition of bullying has been "dumbed down," and considerably so, since I was a truly bullied kid. When I was being run down and abused in various medieval ways, there was no doubt about it: I was being BULLIED. Several of my peers took turns chasing me home from school, for example. Like Forrest Gump, I learned to run fast, but if the "Bully of the Day" caught up with me, I was then subreader has never been tickled their own devices, boys will

ny for about a half-second, after which the experience is akin to being roasted alive.)

Name-calling was in a different category altogether. That was not regarded, by me or anyone else, as rising to the level of bullying. "Sticks and stones could break my bones, but words your part may well make the stock response to being regard, consider that today's com, parentguru.com. called a name. Looking back, it's apparent to me now that my schoolmates and I were competing with one another for The Best Slur of the Day.

Today, name-calling making a joke of someone's last name, for example – is considered bullying. That's part-and-parcel of the dumbing-down I referred to earlier. It's no wonder that today's kids seem to think that anything that causes them momentary discomfort is an aggression. This has had the effect of weakening the emotional resilience of a genera-

tion or more of children. The fact is, name-calling is jected to various tortures, the sort of thing boys do to including being pinned to one another. (Girls do it too, the ground and tickled until I but more covertly.) It causes nearly passed out from delir- some pain, yes, but it's not ium. (By the way, in case the life-threatening and left to

while immobilized, it's fun- usually work these things parents tend toward being

You undoubtably don't have the full picture, your those reasons, I'd definitely son is probably over-dramatizing what actually happened, kids' relationships at to figure it out for himself or this age are on-again, offagain, and you are absolutely correct that intervention on his own problems. will never hurt me" was matters worse. In that last Rosemond: johnrosemond.

very defensive where their kids are concerned. For all stay out of this.

Bottom line: Tell your son find new friends. He needs to begin learning how to solve

Family psychologist John



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