

# Madison student with county ties selected to educational advisory council

## Press Release

The Mississippi Department of Education (MDE) has announced Kaitlin Elise Myricks as a member of the inaugural State Superintendent's Student Advisory Council. The council includes students in grades 11 – 12 or first year of college to serve as members for a term of two school years.

More than 150 students from across the state applied for membership on the council and 83 were selected. The council consist of students from different backgrounds, school size and regions in Mississippi. Its overall purpose is to provide a forum for Mississippi's students to offer diverse perspectives to Dr. Carey Wright, state superintendent of education. The selected students will act as liaisons between MDE and public-school students



**KAITLIN MYRICKS**

from across the state.

"I'm looking forward to hearing directly from students on issues of importance to them," Wright stated. "As our clients, we want to make sure public education provides them with the knowledge and skills they need to be successful. The council also allows students to interact with their peers from around the state and learn from one another."

# DURANT NEWS

by Rowena Hill

The flower committee at First Baptist Church plans to decorate the church sanctuary with poinsettias again this Christmas season. The committee would like to have as many poinsettias as possible by the first of December to be placed in

Kaitlin Elise Myricks of Madison is a senior at Germantown High School. At Germantown she is an honor student and member of the GHS Legendary Marching Band, Symphonic Band, Mu Alpha Theta, choir and theater. She is also an active volunteer with the Mississippi Children Museum.

She is the daughter of Ken and Katrina B. Myricks and the granddaughter of Bobbie J. Lokey of Durant and Jimmy Huggins of Lexington.

memory of or in honor of a loved one. Call the church office, 662-653-3105, with your information and a list of gifts will be placed in the church office and bulletin before Christmas. Together the Lord's house will be bright and beautiful for the Christmas season. Love and thanks.

Let's not forget our shut ins who are at home or nursing home. Those who I am aware of are: Buck and Nell Burrell, Kosciusko; Mrs. Eddie Ruth Boatman and Betty Tullos, Vaiden; Mr. and Mrs. Joe Crowder and Mrs. Lucy Howell, Jackson. I feel sure I have left out some and if so, I am sorry. Let me know. We miss all who are unable to attend church and Sunday school. We all like to hear from each.

The Durant First Baptist Church Choir will sing with Goodman Baptist and the Goodman church at Durant First Baptist. The two will combine choirs for the Goodman church at Goodman and First Baptist Durant also. The date is uncertain at this time. They have a good director. Plan to attend both if possible.

Jackie Hill will direct Kosciusko's children and adult choir for the First Presbyterian Church. More later.

Love, prayers and best wishes to all friends and

# Want to quit smoking? Plan ahead and join others in the Great American Smokeout

## Press Release

If you ask three former smokers how they quit, you're likely to get three different answers.

Some people quit cold turkey. Some people go back and forth like an on-again, off-again relationship until they finally break the habit, and some people plan head. They pick a day and make a conscious decision to make that day the last day they ever use tobacco again.

"Getting help through counseling and medications doubles or even triples your chances of quitting smoking successfully," said Amy Winter, Director of the Office of Tobacco Control at the Mississippi State Department of Health. "Research shows that people who smoke are most successful in their efforts to stop smoking when they have support."

The American Cancer Society marks the Great American Smokeout Thursday, November 21 (the third Thursday of November each year) as a time for tobacco

loved ones who are sick and/or bedridden. You are not forgotten. Get well soon. Our thoughts and prayers are with you.

The annual Baptist Women's Day of Prayer for 2019 will be November 4, 2019.

Call or send me news items of interest.

users to quit, not just for 24 hours but forever. It's a time for tobacco users to receive encouragement from community groups, businesses and health care providers. If that support is accompanied by tools to help make the journey easier, they're more likely to not only be successful in quitting, but more likely to stay tobacco-free.

Some of those support methods to quit smoking include: the Mississippi Tobacco Quitline, the American Cancer Society Freshstart Program, nicotine anonymous meetings, self-help books and materials, smoking counselors or coaches, and encouragement and support from friends and family members.

"Using multiple methods to quit smoking works better than only using one," said Sharon Nettles, Project Director of the Mississippi Tobacco-Free Coalition of Madison, Yazoo, and Holmes Counties. "Some people use a prescription along with nicotine replacement. There are others that may use as many as three or four of the methods. Consult a professional to choose an approach that works for you."

For help with quitting and information on the health dangers of tobacco products visit [www.quitlinems.com](http://www.quitlinems.com), or call the Mississippi Tobacco Quitline at 1-800-QUIT-NOW.

**IN THE KITCHEN WITH LeeAnn**

# Busy November

It is hard to believe that November is already here. In my life, these first two weeks have been a whirlwind. In addition to teaching, writing, and the beginning of basketball, we have had a girl's basketball tournament at our school. We have a hospitality lounge on our stage for school officials to enjoy. I prepare all the food for the three days that we play. We also had our beauty pageant, Veteran's Day program, and our school harvest carnival. I'm also planning to have several of my high school girlfriends to lunch. Whew!

I have really been scouring my cookbooks and recipe files to come up with some fresh ideas. People often ask me what my favorite kinds of recipes are. That is a bit like asking which child is your favorite. If I had to choose one, it would probably be appetizers. They are so versatile and you really can make a meal of them.

With the upcoming holidays, we often need a little something for home or to take to church or a friend or family's home.

Today I have quite a few ideas to share with you. I'm also starting to plan our family Thanksgiving meal here in our home. We love to begin with a variety of appetizers. Some of today's recipes will be on my hors d'oeuvres table. Hope you will give

some of these a try. Thanks for reading.

## ARTICHOKE SALSA

- 2 (10 oz.) cans Ro-Tel diced tomatoes, drained
- 2 (4 oz.) jars sliced mushrooms drained and chopped
- 1 (14 oz.) can artichoke hearts, drained and chopped
- 1 (4 oz.) can sliced black olives, drained
- ½ cup red wine vinegar
- ¼ cup chopped fresh cilantro
- 1 tsp. garlic salt
- Dash of hot sauce

Combine all ingredients; cover and refrigerate overnight before serving with tortilla chips.

## JALAPENO POPPER MUSHROOMS

- 24 whole button mushrooms
- 2 cloves minced garlic
- 1 (4 oz.) cans diced jalapenos, drained
- 1 (8 oz.) cream cheese softened
- ¾ cup shredded cheddar cheese
- ½ lb. bacon, chopped and cooked

Preheat oven to 350 degrees; place a rimmed baking rack on a foil lined rimmed baking sheet. Remove stems from mushrooms. Combine cream cheese, garlic, jalapenos, cheese, and bacon; spoon into prepared mushroom caps. Place on baking rack and bake for 15 – 20

minutes.

## SWEET and SPICY MEATBALLS

- 2 lbs. frozen meatballs (1/2 inch size)
- 1 ½ cups brown sugar
- ½ cup hot sauce
- 2 Tbsp. butter
- 2 Tbsp. water

In a large skillet, combine brown sugar, hot sauce, butter, and water; cook until sugar dissolves. Add frozen meatballs and cook for 30 minutes, stirring often.

## WHISKEY GLAZED LITTLE SMOKIES

- 2 (14 oz.) pkg. little smokies smoked sausages
- 1 cup ketchup
- 1 cup brown sugar
- ½ cup whiskey or bourbon, may also use apple juice
- 2 tsp. lemon juice
- 2 Tbsp. Worcestershire sauce

Combine all ingredients in a large saucepan or Dutch oven and bring to a boil. Reduce heat and cook for 15 minutes.

## ARTICHOKE PARMESAN BITES

- 3 (6 oz.) jars marinated artichoke hearts, drained and chopped
- ¾ cup freshly grated Parmesan cheese
- 1 tsp. garlic salt
- 4 oz. cream cheese, softened
- 2 (15 oz.) pkg. mini phyllo shells

Preheat oven to 350 degrees. Mix all remaining ingredients and scoop into shells. Bake for 15-20 minutes.

\*Lee Ann Fleming is a Holmes County native, food columnist and has garnered fame for her recipes featured in the film, *The Help*. Fleming can be reached at [lafkitchen@hughes.net](mailto:lafkitchen@hughes.net).

**HOLMES COUNTY SOIL AND WATER CONSERVATION DISTRICT**

# ANNUAL BANQUET

Multipurpose Building 22521 Depot Street  
Lexington, MS 39095

Banquet begins at 6:00 pm

You can pay your dues at the door or mail them to  
P.O. Box 911 Lexington, MS 39095

**NOVEMBER 21 Thursday**

Please RSVP to 662-834-4688 Ext 3  
Choice of Prime Rib or Chicken  
Guest Speaker will be Dr. Bronson Strickland  
Extension Professor at MSU