

Fresh at Five begins tonight, June 4

Special to The Clinton Courier

The 2019 Fresh at Five season opens Tuesday, June 4. Local farmers and producers will offer goods at the open-air market on Jefferson Street in Olde Towne from 5 until 7 p.m. Fresh vegetables and fruits, honey, milk, cheese, bread and beef are among the products expected. Community members can look forward to the availability of different kinds of fresh produce as the growing season extends into the summer months. Markets will be held on Tuesdays in June, July and August, with the last market scheduled for August 20. Fresh at Five is a rain or shine event.

The first market is a highly anticipated event. This year's kick-off event features samplings from BBQ on the Boulevard award-winning cooking team Grill King, led by Marecas Wilson. Grill King has now been challenged to show skills beyond the grill by preparing a Creole-inspired dish. Tasting portions will go quickly and may leave shoppers ready for a more satisfying bite. Andrew Breslaw of Fine & Southern will also be offering dishes he has identified as "some of Clinton's favorites" from his popular food truck.

In its eighth season, Fresh at Five is a certified farmers market with the

Mississippi Department of Agriculture and Commerce and is a family-friendly event where interacting with farmers and producers is designed to be informative and fun for all. Fresh at Five organizers say they are especially pleased to welcome several cooking and food preparation demonstrations. Stephanie Mobley with Blue Cross Blue Shield will demonstrate on June 25. Other markets will feature local foodies sharing tips and how-tos on appointed Tuesdays.

Adding to the relaxed shopping atmosphere, market experiences may include live music and a little lagniappe with younger market attendees in mind. June 4 guests include the Clinton Community Nature Center and the Clinton Quisenberry Public Library. Both will offer information about summer activities available to the children of Clinton. Crown Club of Clinton and art students from Mt. Salus Christian School will often be on hand during the summer to assist children with activities and crafts. Residents can follow social media for posts on weekly market happenings.

Farmers and producers who wish to participate but have not registered can find an application online at <http://mainstreetclintonms/freshatfive>. For further information, call Main Street Clinton at 601-924-5472.



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