



CPSD offers parents a one-stop hub for school nutrition

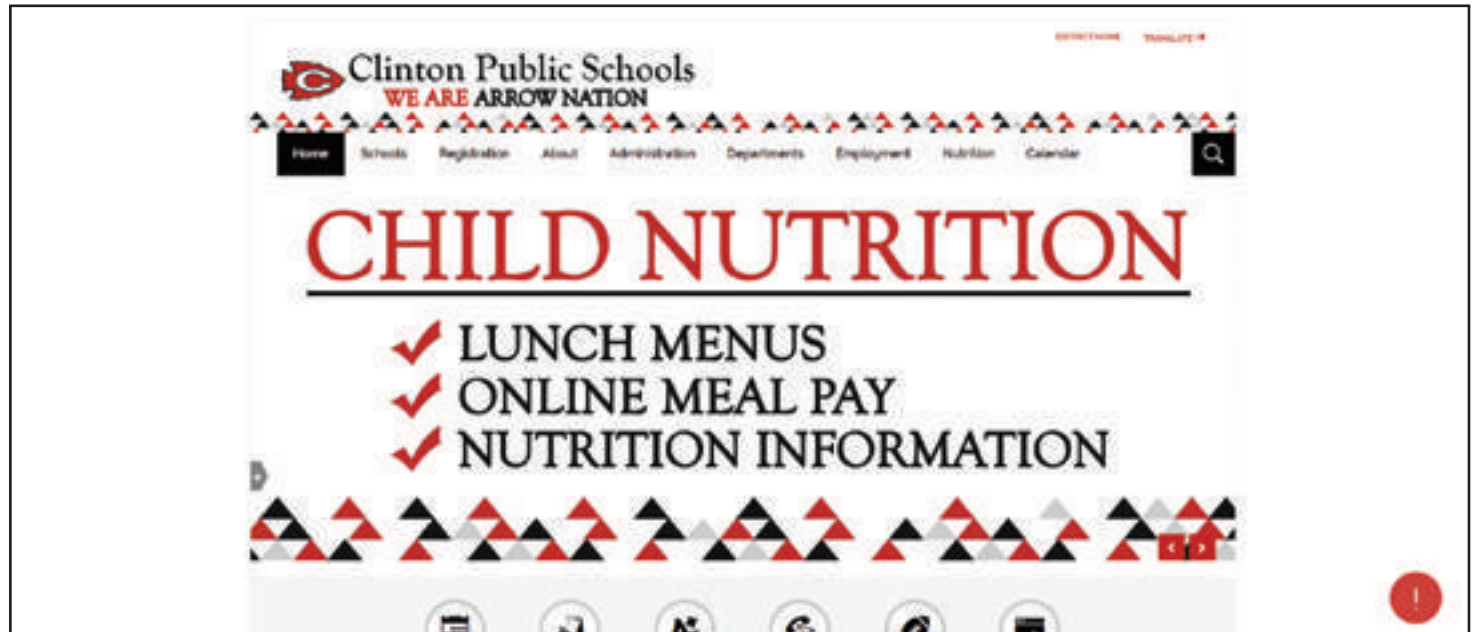
Special to The Clinton Courier

There's more than just lunch menus on the Clinton Public School District's (CPSD) child nutrition department website. The site offers students, parents and teachers a convenient web portal to access nutrition and fitness information, nutritional data for school menus, health lesson plans and activities, and even interactive games for children that promote healthy habits.

"Our user-friendly website is a 'one-stop shop' that meets the needs of parents when they are making decisions and seeking information about our school meal programs," said Keba Laird, Child Nutrition Supervisor. "Any information parents need may be found there."

The child nutrition web site can be accessed at:

www.clintonpublicschools.com, under the "School Meals" tab. There, parents can find menus and nutrition information, and also sign up to receive monthly menus. In addition, parents and students may download menus to their smart phone using the Mobile Menu app. CPSD's Mobile Menu app offers an easy way to view menus, nutrient information for products, and so much more right at your fingertips. "This is one way we provide parents and students nutrition information that supports healthy living," said Christell Hicks, Child Nutrition Director.



Online Meal Pay

Making online meal payments is safe, easy and convenient. From home, work or on-the-go, parents can make payments anytime, anywhere from a computer or smart phone. Hicks encourages parents to visit www.myschoolbucks.com and create a free account to make online payments using bank draft, debit or credit card.

"This eliminates the need to send cash or checks to school, so there's no risk of lunch money getting lost," she states.

"Online payments will go into the child's account within the hour, and you can even opt for a notification when the balance is low."

To register online, parents need their child's nine-digit ID number, which can be obtained by calling your child's school cafeteria or the CPSD Food Service Department at 601-924-4002. Cash and check payments are still accepted.

Free and Reduced-Price Meals

Families that qualify for free or reduced-price meals may fill out the online

application on the Child Nutrition Web site. Once the application is completed and submitted, it can be processed within 48 hours.

"We will continue to accept paper applications; however, this process does take a little longer than the online application," Hicks said.

Parents may begin filling out the free or reduced lunch application August 1, 2019. They will need their child's identification number, formal name and birth-date for the application.

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10:00am

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