

An Ounce Of Prevention Power Of Peace Of Mind

Anyone who has ever had the unfortunate experience of dealing with end-of-life medical issues for a friend or loved one without a good Advanced Healthcare Directive will tell you how important it is to have one. The anguish and emotional stress of trying to make the best decisions in the midst of a crisis can be completely overwhelming. It can also lead to dissention, disagreement, and disconnect between other family and friends involved in the decision-making process...all at a time when supporting one another is needed so very much.

The very same is true for those who die without a plan for their final wishes at their time of death. With many decisions to make, arranging a loved one's burial or cremation can seem overwhelming. While losing a loved one is never easy, arranging a funeral or celebration of life for someone who has planned ahead can relieve a tremendous amount of emotional stress for surviving family members.

Advanced planning or pre-planning are terms used to describe a written plan that outlines a person's final wishes. Pre-arranging or pre-planning may or may not include pre-funding a portion or all funeral costs if an individual wishes to do so. Whether pre-funded or not, a written record of a person's wishes can include information regarding their choice of burial or cremation, type of service, place of service, and service details such as readings, music, flowers, reception, etc. This information can be very helpful for those involved in arranging services for their loved one. Many times, individuals choose to involve their family members during the pre-arrangement process. Planning ahead with family helps ensure that the funeral or celebration of life will be meaningful to the participants, while still reflecting the individual's preferences.

In the same way that a physician or medical professional would be consulted for a health concern, the advice of a funeral professional, whether a funeral director or a funeral pre-planning specialist, is key to pre-planning or pre-funding. No one else is equipped, by experience and training, to give you a thorough understanding of all of the laws regarding funerals, final disposition, trusts, insurance and pre-funding regulations. With the guidance of a professional, pre-planning can be a very simple process and it is a service that is offered free-of-charge by your local funeral home or pre-planning specialist. Your local funeral professional will also keep a copy of your written pre-arrangement on file at no cost so that it is easily accessible at the time of need.

All things considered, the emotional benefits of having more time to consider your options, feeling a sense of accomplishment, and ensuring less stress for your family makes pre-planning a healthy and loving thing to do. You and your family

will enjoy the peace-of-mind in knowing that your wishes will be honored and carried through in the manner that you desire.

Article provided by Dobmeier Funeral Home & Cremation Service.



Your Story Matters

The story of your life is worth telling. When the time comes, you can count on us to help your family and friends honor and celebrate the story of you.



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