



Mom, Dad  
and Baby

Babies  
of 2018

A  
family  
in the making

### How to handle jealousy in older siblings when a new baby arrives

The arrival of a new baby can be traumatic for a child used to being the centre of attention. Children in this situation often show signs of aggression, regression and jealousy. Fortunately, there are ways to facilitate their acceptance of this new situation.

**BEFORE THE BIRTH**  
Before the new baby arrives, take the time to talk to your children about the approaching birth. Give them the opportunity to express their feelings without

being judgmental. You can also buy books on this subject and read them together, or you can involve them in this new adventure by letting them help choose new baby clothes and supplies.

**WHEN THE BABY IS BORN**  
The arrival of a baby usually comes with the arrival of many gifts from family and friends. To keep older children from feeling jealous, give them a few surprises as well when they visit the baby in the hospital. Another good idea is to discretely ask friends and relatives to congratulate them on their new role as big brothers or sisters.

**DAILY LIFE**  
Once the baby comes home, older children can feel rejected or lonely. Even though a new baby needs around-the-clock care, parents should also spend some quality time with their older children. Another technique to prevent jealousy is to empower children by asking them to help with simple tasks. They'll feel really proud if you mention their helpfulness to visitors.



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**Piper Blair Fortner**  
October 29, 2018  
7 lbs, 15 oz.  
Parents:  
Josh & Brittany Fortner  
Martin, TN



**Emma Pearl Grisham**  
August 28, 2018  
Parents:  
Cameron & Laura Carson Grisham  
Nashville, TN



**Daniel Weston Jones**  
October 12, 2018  
7 lbs, 6 oz  
Parents:  
Asa & Alexis Jones  
Maritn, TN



**Elijah "Eli" Moore**  
May 6, 2018  
6 lbs, 15 oz  
Parents:  
Josh & Bonnie Moore  
Martin, TN



**Lakota James Travis Stone**  
December 3, 2018  
9 lbs, 15 oz  
Parents:  
Steven & Misty Stone  
Sharon, TN



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