

DIABETIC EYE DISEASE:

Am I affected?

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7he human eye is often philosophically referred to as a “window to the soul”. With a glimpse into them, a lot can be said about that person. For an Ophthalmologist, there are so many other things the eyes truly reveal.

According to medical research, out of all the muscles in the human body, the muscles that control the eyes are the most active. For normal eyes, the daily struggles of overuse can heal relatively quickly, but for those who suffer from diabetes, the complications that arise are more extensive.

NUMBERS DON'T LIE:

According to the American Diabetes Association (ADA), Texas is currently suffering from a diabetes epidemic. Almost 3 million people in Texas, 14.2% of the adult population, have diabetes. Of these, it is estimated that 663,000 people have diabetes but don't know it.

If you find those statistics mind-boggling, this one is sure to

surprise you. A staggering 6,884,000 people in Texas (37.2% of the adult population) have pre-diabetes with blood glucose levels higher than normal, but are not yet high enough to be diagnosed as diabetes.

With these numbers on the rise, it is estimated that 182,000 people in Texas will be diagnosed with diabetes every year.

WHAT IS DIABETIC EYE DISEASE?

(See DIABETIC EYE DISEASE, page 7)



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