



Strong Families and Good Cooking often go hand-in-hand. This column is a celebration of both.

By Bonnie Mullens

A little this & that

TORTILLA SOUP WITH BLACK BEANS

1 tablespoon olive oil
4 garlic cloves, minced
1 teaspoon chili powder
2 cans (14 1/2 ounces each) diced tomatoes in juice
2 cans (15 ounces each) black beans, rinsed and drained
1 can (14 1/2 ounces) reduced-sodium chicken broth
1 package (10 ounces) frozen corn kernels
Coarse salt and ground pepper
1 cup crushed tortilla

chips, plus more for serving (optional)

1 tablespoon fresh lime juice, plus lime wedges for serving

In a large saucepan, heat oil over medium. Cook garlic and chili powder until fragrant, about 1 minute. Add tomatoes (with juice), beans, broth, corn, and 1 cup water; season with salt and pepper.

Bring soup to a boil; reduce to a simmer. Add tortilla chips; cook until softened, about 2 minutes. Remove from heat; stir in lime juice,

and season with salt and pepper. Serve soup with lime wedges and, if desired, more chips. Serves four.

POPPY SEED CHICK-EN

5 cups chicken breasts, cooked and cubed
1 cup sour cream
2 cans condensed cream of chicken soup
2 cups crushed Ritz crackers (about 1 1/2 rolls of crackers)
1/2 cup melted butter
1 T poppy seeds
Additional Ingredients to make it fancy:

1 tsp Worcestershire sauce
1 tsp celery salt
1 tsp minced garlic
1 T lemon juice
1/4 tsp pepper

Preheat oven to 350 degrees.

Boil raw chicken breasts with salt and pepper until done. I like to boil it with half an onion cut into large chunks to give it more flavor. Let chicken cool slightly and cut into one inch cubes. Place cubed chicken in a 9X13 casserole dish.

Stir together the condensed soup and sour cream. If you wish to add the additional flavorings stir in the

Worcestershire, celery salt, garlic, lemon juice, and pepper to the soup and sour cream mixture. Pour over the chicken.

In a separate bowl, stir together the crushed crackers, poppy seeds and melted butter. Sprinkle over the chicken and sauce.

Bake for 30 minutes in the preheated oven, until the top of the casserole is browned and the sauce is bubbly. Serve plain or over rice. We like to eat it with steamed broccoli and we mix it all together.

TACO BALLS

1 pkg. jumbo crescent rolls
3 oz cream cheese
1/2 mexican shredded cheese
3/4 c shredded chicken
1/3c taco sauce
2 tsp, taco seasoning mix
1/4 c cheese for sprinkling
Bake in 350° oven 10 min or til golden, put cream cheese and shredded cheese in the microwave and nuke for 30-40 seconds till softened and add other ingredients. Roll in crescents and bake.

CHICKEN AND AVOCADO SALAD

2 cups cooked chicken, shredded into large pieces
2 medium avocados, diced
1 T + 1 T fresh squeezed lime juice
salt, to taste (I didn't use too much salt because you can always add more at the table.)
1/4 cup thinly sliced green onion
1/2 cup finely chopped fresh cilantro (or chop it more coarsely if you prefer)
2 T mayo or light mayo
Shred the chicken apart until you have 2 cups of chicken shredded into fairly large chunks. Dice the avocados into medium-sized pieces, mix with 1 T of the lime juice, and season avocado with salt to taste. Thinly slice the green onion and finely chop the cilantro. Mix mayo and 1 T lime juice to make the dressing.
Put the chicken into a bowl large enough to hold all the salad ingredients. Add the sliced green onions and dressing and toss until all the chicken is coated with dressing. Add the avocado and any lime juice in the bottom of the bowl and gently combine with the chicken. Then add the chopped cilantro and gently mix into the salad, just until it

is barely combined. Serve right away or chill for a while before serving. This could be served inside pita bread or sandwich bread, or inside crisp lettuce cups, but we just ate it as a salad.

PINEAPPLE COCONUT BANANA BREAD

1 stick of butter, melted and cooled
1/3 cup organic cane sugar
1/3 cup dark brown sugar
2 eggs
1 1/2 cups white flour
1/2 cup whole wheat flour
1 teaspoons salt
2 teaspoons baking powder
5 very ripe bananas, coarsely mashed
6 oz. canned crushed pineapple, drain liquid
5 oz. canned cream of coconut (not coconut milk – however I have used coconut milk when I couldn't find cream of coconut and I added a 1/4 tsp of vanilla)
1 teaspoon vanilla
1/2 cup of roughly chopped and toasted macadamia nuts
Preheat oven to 350F. Grease a standard loaf pan.
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Rear View Mirror

It Happened This Week . . . 10, 20, 30, 40, 50, 60, 70, 80, 90 Years Ago

A look back at McGregor's Past

—by Bonnie Mullens

SEPT. 26, 1930—

~ Due to exceedingly busy time in the fields, the crowd in McGregor for the Third Monday was the smallest it had been for Trades Day. Thirty \$1 McGregor bucks were given away—good at any McGregor business.

~ Dr. E.L. Hartley, a prominent Waco optometrist was to be associated with Smith Drug Store.

~ Oglesby schools were preparing for opening on Monday, September 29th.

SEPT. 27, 1948—

~ McGregor downed Cameron 12-0 in the season opener. Second only to the sensational punting of R.C. Cook, was the pinch-hit performance of Wade Herring at center. Wayne Murphy, center, wrenched his knee and Herring was only issued a uniform that Monday. Other players featured in the story were Jerry McDonald and Ed Leache.

~ Miss Frances Hunter became the bride of James Lee White.

~ Miss Katherine Evetts and Edwin Renfro were married.

~ New MHS FFA members were Dick Luedtke, W.J. Byford, Billy Cox, Jimmy Kittrell, Paul Fehler, Eugene Glenn, Billy Ray Riley, Kenneth Abbe, Henry Lippe, Gus Wiethorn and C.G. Ross.

~ McGregor's G.W. Carver School opened on October 7th. Nearly 200 students were expected for the 10 grades taught. Teachers included Julie Fay Abercrombie, Lillie Mae Anderson, Thelma Hopwood and Marguerite Jones.

SEPT. 22, 1950—

~ Donald Bost's Poland China barrow was judged the reserve grand champion of the Cen-Tex Fair. He placed in eight other categories. Other McGregor winners were Marvin Schmalriede, Bobby Mayo and Wilbur Bohne.

~ Raymond Geye resigned his McGregor position at Barnes Lumber Company to become manager of Texas Power Reserve in Lufkin. He was replaced by Donald Minter.

~ The Hi-Way Grill advertised the opening of its refrigerated, air conditioned mural room.

SEPT. 23, 1960—

~ Half Bale Cotton Club

had an exclusive membership due to dead cotton, insects and other hazards. Those making it were Klyce Allen, J.A. McKey, Floyd Webb, Hern Hudson and Carl Duke. Ginners B.J. Allen reported his gin turned out 1691 bales.

~ Roy Graham was elected president of Greenhand Division of McGregor FFA Chapter. Serving with him were Doug Roe, Tommy Kelley, David Patterson, A.W. Reese, Ronnie Renfro and student advisor Rusty Krumnow.

SEPT. 24, 1970—

~ The McGregor Bulldogs would meet Mart Panthers. The Bulldog Tackle Corp—the biggest of the Bulldogs—included Rusty Baldwin, Jeff Kerbo, Clyde Zacharias, Randy Reese and Mackie Wallace. Bulldogs defeated Reicher 43-0 the previous Friday.

~ Joyce Thane accepted the PTA presidency.

~ McGregor United Fund campaign drive was getting underway. Drive leaders were Ronald Penn and Edward Fehler. President was Punk Morris.

~ Mr. and Mrs. R.E. Lowery reopened Dairyland.

~ 4H leaders were Joe Marie Roedler, Linda Kelley, Barbara Knox, Cindy Sanders, Sherri Tullous and Steve Hayes.

SEPT. 25, 1980—

~ MOC marked 53 days of 100 degree weather starting June 20 and ending September 16 with the official start of fall. A cooling trend was hoped for. Hottest day recorded was 109 degrees on June 28th.

~ The Bulldogs defeated Mart 7-6. Bulldogs caught by Mirror photographer were Pat Graves, Eric Gee, Kenneth Patterson, Chris Schlottmann and Ronnie Kelley.

~ MHS FFA officers were Keith Huffman, Glenn Bement, Larry Roberts, Pat Graves, Brian Butth and Chris Morgan. Rene Skipper was elected Chapter Sweetheart.

~ Charlene Elliott was president of the McGregor Garden Club.

~ Mr. and Mrs. George Eckert marked their 50th Wedding Anniversary.

~ MHS DECA elected Bill McDonald president. Other officers were John Green, Melinda Kidd, Tracey

Mirick and David Crelia.

~ Crawford Pirates shut out Rio Vista 29-0 at their homecoming.

~ Miss Sheryl Ramsey was Oglesby Homecoming Queen. Coming Home Queen was Suzanne Layne Segner.

~ McGregor Lions Club held a fish fry for Westview Manor residents. Pictured serving the residents were members C.F. Blake, John Hudson, Lewis Westbrook, Charles Clemons, Ron Laney, George Vowel, Don Henager, Bud Davis and L.B. Lane.

SEPT. 20, 1990—

~ City Council members set the tax rate at 45 cents per \$100 valuation for an increased 5 cents.

~ New Zion Baptist Church celebrated its 100th Year Anniversary. About 200 attended. Pastor Norman Shaw placed a time capsule containing the annual books,

various programs from the past 40 to 50 years and some pictures of the youngest members in the ground to be reopened on the 200th Anniversary.

~ The McGregor United Fund campaign set a lofty goal of \$25,000 for its 1990-1991 campaign drive. President was Frank Graves and Mike Cox was vice president. Directors were Marion Stewart, Sallie Hurst, Bonnie Krause, Christine Otter, Kyle Paschall, Frances Lane, Melba Gailey, John McClaren, Eldon Whitely, Mary Ann Bennett, Terry Arp, Charlie Johnson, Diane Lauterbach, George Long Sr. and Ronnie Bolin.

~ Mr. and Mrs. A.W. (Bill) Hering celebrated their 50th Wedding Anniversary.

~ The Bulldogs defeated Mart Panthers 35-3. Caught in action were Bulldogs Freddie Hutchinson, Casey Wilson

and Willie Morgan. Jake Bolin was the winner of the football contest.

~ Oglesby Tigers walloped Star 49-6 for a 3-0 record.

SEPT. 21, 2000—

~ MISD school board adopted a \$1.51 tax rate—one penny less than previous year.

~ McGregor Chamber of Commerce announced the start of October Nights, a special night of music at the Bandstand every Saturday night in October.

Bob and Wilma Lynch and Bob and Sue Reese celebrated their 50th Wedding Anniversaries.

SEPT. 24, 2010—

~ McGregor School Board members voted unanimously to share election-day polling places with McLennan County during the Nov. 2 election. "The agreement

provided opportunities for voters in five western McLennan County precincts who are eligible voters for the McGregor ISD bond election to vote in their precinct at the same location that they cast their ballots in the general election, according to Supt. Kevin Houchin. Voting would be done by machine with a separate machine used for the bond election by voters eligible to vote in the McGregor ISD bond election. Polling places were to be in McGregor, Crawford, Moody, and Speegleville. McGregor election judge was Otis Foster, Alternate Judge was Katie Sandifar, and Clerks were Chris Alaman and Morgan Webb.

~ It was announced that Oglesby ISD received an Exemplary Rating from TEA.—Amy Vandiver, Student Council President, presented a
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ACROSS

1 TX has a _____
crime statute
5 loafer (2 wds.)
6 TX Beavers brothers helped write "Red _____ Cup" (2011)
7 state or assert
8 TXism for "understand" (3 wds.)
17 invest. firm
18 urine test
21 TXism: "high tail _____" (flee)
22 TXism: "pay _____ never mind" (ignore)
23 Japanese Ito-_____ bought
7-Eleven in 1991
24 puppy (2 wds.)
29 Houston's "Museum of Fine _____"
30 Baxter of 1946 "The Razor's Edge" with TX Gene Tierney
31 TXism: "_____ it ain't true, there ain't a cow in Texas"
32 TWU newspaper, before it became a weekly (2 wds.)
34 Guadalupe Street at UT: "The _____"
35 TXism: "_____ the i's and cross the t's"
36 TXism: "brave _____ grade teacher"
37 aluminum _____
38 TX Buck Owens' "I've _____ Tiger by the Tail"
39 TXism: "where there's _____ fire" (indicative)

DOWN

1 TXism: "_____ snappin' turtle"
2 Lynn Anderson 1978 single: "Rising _____ All"
3 in Bee County on U.S. 181
4 Rains County seat
9 TXism: "put _____ pasture" (retired)
10 vases for ashes
11 Del _____, TX
12 former Cowboy defensive player, Noonan (init.)
41 the late Mr. Philbin
42 _____ Oak, TX
43 perennial found in TX
44 medicinal restorative
45 elected county prosecutor (abbr.)
46 Adam's "running mate"
47 shred cheese, e.g.
48 Athens hosts annual "Old _____ Reunion"
50 TX Linda Darnell 1950 film: "_____ Out"
51 former Astro third base, Caminiti recreation, for short
52 _____
53 LBJ nominated this Fortas to the U.S. Supreme Court
13 this Justin left his entire estate to the Denison public schools in 1879
14 "_____ for you" (miss greatly)
15 fish-catching net
16 security agcy. at Love Field, e.g.
19 TXism: "chuckle-headed"
20 TXism: "_____ a baby's bottom"
22 tax cheater? (2 wds.)
24 purchased notice in the Hereford Brand
25 sound of a baby crying
34 TXism: "_____ a bull give milk?" (no)
35 "whoopie ti yi yo, get along little _____"
37 popular TX veggie (2 wds.)
38 gentlemen for short
40 this Tyler was all-purpose player for Houston Texans (2016-18)
41 lion bellow
44 domino's "three"
47 look at briefly
49 boring or socially inept person

TEXAS CROSSWORD

by Charley & Guy Orbison
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