



# The Barberton Herald SPORTS



## SPORTS SHORTS

### All-star rosters announced

The 2020 Magic City Kiwanis Summit vs. Stark All-Star Basketball Games have been canceled due to the coronavirus outbreak, but the rosters have been announced.

In the girls game the Summit County team would have been coached by Stow's Bob Podges and Buchtel's Brian Neugebauer while the senior players were Medina's Lindsey Linard, Buchtel's Javaay Rogers, Hoban's Jacquie Roberts and Hannah Schill, Wadsworth's Taylor Leatherman, Cuyahoga Falls' Chelsea Huffman, Tallmadge's Lizzie Bickar, Field's Maria Sziva, Cloverleaf's Cam Tripp, Stow's Kira Philpot, Nardon's Lizzie Imrie and Walsh's Katie Clark.

The Summit team included GlenOak Coach Paul Wackerly and Massillon's Mackenzie Duplain and Mckeyah Duley, Jackson's Kerianne Diese, Louisville's Kayla Gibson, Northwest's Carrie Wyman, Sandy Valley's Karlee Altimore, North Canton's Peyton Davis, GlenOak's Kenzie Green and Lexi Lemire, Tuslaw's Payton Stewart and Taylor Leedy and Canton South's Toni Denmark.

In the boys game the Summit County team included coaches Mark Kinsley (Green), Andy Olesky (Garrettsville Garfield) and Dean Rahas (Revere). Players included Green's Garrison Keesler, Mogadore's Lukas Swartz, Tallmadge's Brandon Heigelman, Revere's Hunter Drenth, Hoban's Dom Moegerle, Medina's Kyle Szumski, Crestwood's Mason Jacacki, Brunswick's Trevor Mackey, Waterloo's Vaughn Dorsey, Kent's Zac Common, Highland's Bryce Proffitt and Garrettsville Garfield's Austin Peterson.

Louisville's Tom Siegfried was named coach of the Stark team while players included GlenOak's Christian Parker, Marlington's Andrew Pucci, Massillon's Jaden Stock, Lake Center Christian's Adam Nowak, Central Catholic's Angelo Milini, Perry's Jagger Haynes, Tuslaw's Evan Shertzer, Sandy Valley's Keegan Offenberger, North Canton's Jonah McCartney, Canton McKinley's C.J. Hall, Fairless's Lucas Ruegg and Louisville's Collin Chambers.

The game would have been the second hosted by Barberton High School after being played at Malone University in Canton previously.

## OHSAA considers canceling seasons

Jake Allen  
Herald Staff Writer

The Ohio High School Athletic Association addressed the media to discuss the high school sports scene during the coronavirus pandemic.

The OHSAA indefinitely postponed all winter tournaments March 12 after Ohio Governor Mike Dewine announced schools would be closed statewide. That included the tournaments for boys and girls basketball, wrestling and ice hockey. Spring sports were also pushed back while a three-week no-contact period was in place from March 17-Sunday, April, 5, with no coaching, athletic activities or conditioning allowed.

The OHSAA updated the media March 19 and Executive Director Jerry Snodgrass said canceling the remaining games remains a possibility. "I was asked last Thursday if canceling is on the table. Canceling is on the table," he said. "Everything is on the table. I would be remiss if I did not say that. Right now, the governor has closed schools for three

weeks with a return date temporarily set right now as April 6. We put a plan in place last (March 12). We disseminated it to our schools (March 13) with a tentative schedule for our spring sports. What would change that overnight would be any decision by the governor to extend the closure of schools. It doesn't mean that we are canceling spring sports. Is canceling on the table? It absolutely has to be on the table. Again, I would be remiss if I did not say that."

Norton junior wrestler Jayden Morr was the lone remaining local athlete from winter sports, as he was set to wrestle in the state tournament. The spring sports team were just getting ready for the season, as the Barberton softball team played a scrimmage at Brecksville March 9 and would have opened the season Monday, March 30 at Highland. "I've heard from students, I've heard from so many how important a softball game (is), a track meet, how important competing for that state title in hockey (is), the wrestler who

worked so hard to get to the state tournament, how important that is in their lives," Snodgrass said. "None of us, our staff or myself will ever underestimate that."

"I think this needs to be cleared, we will meet with our member schools first before we make any decision to cancel or extend postponement. I think our schools entrust us to do that, and we owe our member schools that responsibility to make sure we communicate to them first."

## How parents can help young athletes lower their injury risk

Athletes are at risk of injury any time they step onto a field or court. Adults competing in sports may recognize that risk, but children often do not, which can make it difficult for young athletes to cope with injuries that prevent them from playing their favorite sports.

Stanford Children's Health notes roughly 30 million children in the United States participate in some form of organized sports every year. Data from the Aspen Sports Institute indicates that youth sports participation in Canada has been in decline over the last decade. However, that same data indicates that more than 52% of girls between the ages of six and 12 and roughly 61% of boys in that same age group participated.

Modern parents may not be as quick to encourage participation in certain sports as their own mothers and fathers were. That could be due to the increased availability of information about the long-term effects of injuries suffered in contact sports like football, field hockey and even soccer. For example, the risk of head injuries, and a growing amount of research as to the long-term effects of such injuries have led many parents to discourage their youngsters from participating in football.

Such decisions can be difficult. Parents who want their children to get all the benefits of organized sports participation can take steps to reduce young athletes' risk of injury.

- Schedule down time. The American Academy of Pediatrics advises parents to plan at least one day off from training per week and at least one month off from training per year. These breaks allow young bodies, even those who haven't suffered injuries, to recover.

- Increase flexibility. Stretching should be part of everyone's daily fitness routine, and young athletes are no exception. The Mayo Clinic notes stretching may improve range of motion in the joints and decrease risk of injury.

- Discourage the attitude to "play through pain." Professional athletes often cite the necessity of playing through pain. But young athletes should never play through pain, as their bodies are still developing and could suffer considerable damage if they try to play through injuries, however minor such injuries may seem.

Parents must work together with their children to reduce youngsters' risk of suffering sports-related injuries. More information about reducing youth sports injuries can be found at [www.aap.org](http://www.aap.org).

## Reynolds named All-Ohio special mention



HERALD PHOTO/Jake Allen

Norton junior Tommy Reynolds goes up for a layup against Field Dec. 17. Reynolds was named a special mention All-Ohio player by the OHSAA after averaging 17.5 points, 7.8 rebounds, 5.8 assists and 3.8 steals per game this season.

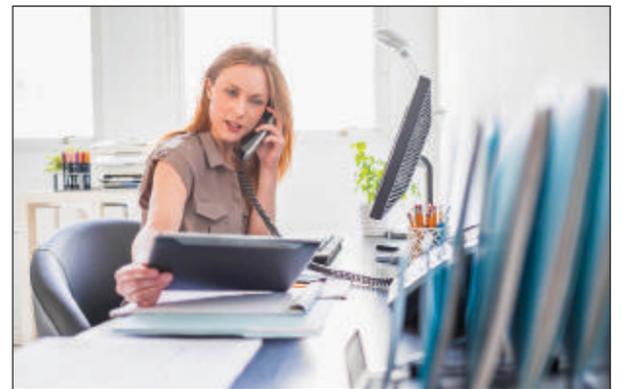
## Some challenges of going remote with your business

The number of professionals working remotely has risen dramatically over the last decade-plus. According to an analysis from Flexjobs and Global Workplace Analytics, there was a 159 percent increase in remote between 2005 and 2017.

That shift toward remote work might have been silent and gradual for much of the 21st century, but the volume was ramped up during the outbreak of the novel coronavirus in the United States in March 2020. In an effort to slow the spread of the potentially dangerous virus, government officials urged businesses to allow their employees to work remotely, and just like that the number of remote workers skyrocketed.

The internet has made it possible for businesses in various industries to go remote, but such a transition does have some unique challenges.

- Software: Hasty transitions to remote work, like those forced by the COVID-19 outbreak, created a crisis of sorts for companies that previously had not had many remote employees. Employees were suddenly asked to work on home computers that may or may not have had all the necessary applications for them to perform the daily tasks associated with their jobs. Companies that must



transition to being remote, whether that transition is temporary or permanent, must recognize that remote employees will need access to software necessary to do their jobs. Workers who only have old computers at home may need to be provided with computers that are compatible with the versions of software used in the office.

- Communication: Communication issues between remote workers can be an easy fix. Even businesses that are facing sudden and forced transitions to remote workplaces can utilize instant messaging apps like Slack to facilitate immediate communication between employees. This can drive greater efficiency and promote the sense of community among staff that many companies are proud to have fostered.

- Customer service: Ensuring customers can seamlessly connect with

your business, and your customer service staff in particular, should be a priority when switching to a remote work setting. A 2014 study published in *The Quarterly Journal of Economics* even found that remote working allowed customer service staff to get through 13 percent more calls each day. Remote customer service employees won't have the direct access to management and fellow team members that they had when working on-site, so business owners can employ central management platforms that make it easy to access information regarding new products and services and previous interactions with and responses to customers. That access can help solve issues while reducing the likelihood of substantial lag time as customer service employees wait to hear from coworkers and managers about how to respond to certain issues.

## What to do in the wake of canceled events

Events have been canceled or postponed across the globe in the wake of the outbreak of COVID-19. This has caused a disruption to not only concerts and sporting events, but personal gatherings as well. Any party with a large number of potential guests has to be reconsidered. People facing the cancellation of such events can follow these guidelines.

- Speak to vendors to find out if cancellations can occur with no penalties. Many hotels are waiving fees for cancellations, or allowing bookings to be rescheduled at no additional cost.

- Try to think of some alternative dates for events like weddings and graduation parties as soon as possible. There is no way to accurately predict

the path COVID-19 will take, but discussing dates with vendors with whom you're already under contract may put you at the top of the list when gatherings are once again allowed.

- Reach out to guests to explain that your plans are fluid. Expect a good portion of guests may not be able to make rescheduled events.