

3 Ways to Stay on Your Medication Plan



Sticking to your medication routine means taking your medications as prescribed—the right dose, at the right time, in the right way and frequency. Why is this important? Simply put, not taking your medicine as prescribed by a doctor or instructed by a pharmacist could affect your overall long-term health and well-being. We have put together a few tips to help you start and stay compliant with your medications!

1 Establish a personal connection with your health-care provider and pharmacist.

Your doctor and pharmacist are your health care advocates and can help suggest how best to take your medications. Take time to find ones you can trust, confide in and stick with them. At Nation's Medicines Hwy 54, our pharmacists provide services that extend well beyond the traditional roles of their profession. They serve as trusted healthcare providers and an integral part of your healthcare team.

2 Enroll in Medication Synchronization at No Additional Cost

Medication synchronization or MedSync is when a pharmacist coordinates the refill of your medications so you pick them up on a single

day each month. Unfortunately, many people miss their regular doses of their medications. Med sync can help! At Nation's Medicines Hwy 54, this program is of no additional cost to you! Our program does the following:

- Eliminates the need to call in multiple prescription refills
- Allows you the convenience of fewer trips to the pharmacy
- Relieves your worry of running out medication

3 Find a Quality Medication Management Service

Medication management is a service designed to help you manage your medications so they are taken on time and consistently. This service also helps prevent incorrect medication administration. At Nation's Medicines Hwy 54, our Pill Planner Program can take care of all your medication needs for you! It is designed to promote independence and improve quality of life. Services included in our program are:

- Preparation and delivery of a supply of routine medications in specialized packaging.

- Up-to-date medication list available at any time to provide to health care practitioners or authorized family members.
- Drug therapy review each time we refill your trays.
- If any medication changes are made, they are updated and returned by us.

If you are interested in any of the services above, we would be happy to discuss these options with you! Contact us by phone at 270-926-4080 or visit us at 3000 Alvey Park Dr. West in Owensboro.

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