

Creating *Your* Roadmap

Decisions. Plans. They were difficult enough before we were faced with the complications of a pandemic. And now... Let's put on our positive eyeglasses for a few minutes and look at things from a slightly different angle. Perhaps this once-in-a-century occurrence actually gives us more choices instead of fewer options.

As we begin to make plans for how and where we are going to live as we age, there are always questions swirling through our minds. What might be the number one priority for you?

- Is it the idea you won't be able to stay safely in your home over the long term?
- Is it health concerns?
- Is it the thought you might be a burden on your children or extended family?
- Is it the appeal of communal social engagement and activities?
- If you could remain in your home safely for a longer period than you may have thought, would you want to consider the possibilities?

At Timesavers, we admire and value what our senior living facilities provide and contribute to

our community. We work well with their staffs and within their structure when those facilities are the places our clients call home. We think South Central Kentucky has a broad array of choices for older adults.

All that being said, something you may not recognize is the choice that could be most practical is staying at home, when staying at home can be configured to meet all your needs. What does this choice look like? How would it be structured? What resources would be pulled together to make it work? How do you create your long-term roadmap?

As we've realized in the last few months, our lives can be turned upside down and we can become more isolated than we had ever contemplated. While technology is a valuable connector, we know nothing replaces one-on-one human interaction and the comfort of a familiar environment.

Timesavers provides something you can't find anywhere else—a beginning-to-end consultant and navigator to help you find and plan for the best long-term continuum for you and your family. Our one and only interest is in what is best



for you, because your journey is unique, and we understand—it is a journey, with starts and stops and changes.

We are in the unique position of combining consultancy; home care management; non-medical home care services; trained dementia care; downsizing coordination; transportation and concierge services; and continuing advisory and support services. Our team is constantly learning new ways to help you create and navigate your roadmap, while we retain the flexibility to pivot when circumstances change. We are always collaborating with new resources to enhance the quality of care and advice we offer.

The world is changing, and how we can help you plan and coordinate your path forward is changing with it. All of the stops on the journey matter, wherever you are and whenever you need us.

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Our Concierge service can help with groceries, pharmacy pick up, and other errands during this time. We're here to help!

Timesavers

Listen | Understand | Help

- Assessment
- Decision making
- Planning
- Implementation