

**ARIES – Mar 21/Apr 20**

The stars pull you deeper into the cocoon of your mind, Aries. This may help you as you work on a project or work through thoughts and emotions.

**TAURUS – Apr 21/May 21**

This is a week to take inventory of any goals that you may have put on a shelf, Taurus. Dust them off and create a plan of action because the time to pursue them is now.

**GEMINI – May 22/Jun 21**

Gemini, an ambitious week is on the horizon. Your professional house is booming, and you are ready to perhaps move your career to the next level.

**CANCER – Jun 22/Jul 22**

This week will get off to a social start, Cancer. Expect friends to bring other friends along if you are hosting a party. This is an exciting opportunity to expand your network.

**LEO – Jul 23/Aug 23**

Leo, put all of your cards on the table and begin discussions with others who are influencers in your life. Only then can you come up with a strategy to get things done.

**VIRGO – Aug 24/Sept 22**

Make a point of being direct if you are upset, Virgo. Others need to know if they have stepped on your toes, even if it was accidental so they can make things right.

**LIBRA – Sept 23/Oct 23**

Now is a key time to boost your bottom line, Libra. If you don't already have a job, it's time to get one. If you're employed, you may need to seek out new revenue streams.

**SCORPIO – Oct 24/Nov 22**

Various ideas are swirling around in your head, Scorpio. You're not sure which ones you want to see the light of day just yet. Partner up on a trial project first.

**SAGITTARIUS – Nov 23/Dec 21**

Sagittarius, if stress has been ruling your universe, it might be time to step back and reevaluate your priorities. Find out which tasks you can shed from your daily list.

**CAPRICORN – Dec 22/Jan 20**

Deep soul-searching and a sharing of hidden emotions might be on the docket this week, Capricorn. It is brave to own up to your feelings. You'll find support in friends.

**AQUARIUS – Jan 21/Feb 18**

A deep cleaning or decluttering is in order, Aquarius. Start with one room in the house and then work your way onward as time permits. Decluttering can be liberating.

**PISCES – Feb 19/Mar 20**

You may soon encounter some awkward moments with some people you interact with regularly, Pisces. This will blow over quite quickly.

# Community Calendars

## ~Upcoming Events~

**UPCOMING EVENTS****CROSSROADS QUARTET SINGING**

The Crossroads Quartet will be singing at Cane Valley Christian Church in Adair County on Sunday night, January 19 at 6:00 PM. Everyone invited.

**PUBLIC SERVICE****ANNOUNCEMENT-**

There is a little known program in every state mandated by a 1978 amendment to the Older American's Act. It is the Long-Term Care Ombudsman Program. Its goal is to help assure that long-term care facility residents live harmoniously and with dignity, feeling free to voice complaints or concerns without reprisal. There's a tremendous need nationwide for volunteers to make this program work. The ultimate goal is to have one volunteer in each nursing home. After training, volunteers spend 6 to 8 hours a month visiting assigned nursing homes. They talk with residents and observe conditions. Interested volunteers please contact the District Long-Term Care Ombudsman at 1-800-264-7093.

**WEEKLY MEETINGS  
RUSSELL COUNTY  
HOMEMAKER CLUBS'  
MEETING DATES &  
TIMES**

Homemakers On the Go 2nd Wednesday of each month beginning in August 10:00 a.m. at the Extension Office

Piece Makers Quilt Guild Most Mondays at 1:00 p.m. at the Extension Office

Sunset Club 2nd Thursday of each month beginning in September 5:00 p.m. at the Extension Office

All clubs welcome visitors and new members. For more information, please contact the Russell County Extension Office at 270-866-4477 or visit our website <http://russell.ca.uky.edu>.

**BPW MEETING**

Russell County Business & Professional Women (BPW) meets every 4th Tuesday at 12:00, located at Jamestown Caf For more information, contact President, Barbara Sharpe at 270-343-1720.

**GOODWILL SENIOR  
EMPLOYMENT  
PROGRAM**

If you are 55 years of age or older, low income, and want to rejoin the workforce, Goodwill Senior Employment Program can help. The program can pay you while learning a new skill by connecting you with local nonprofit or community service agencies while building up work experience. You can take these skills and advance them into permanent employment. Goodwill Senior Employment Program services a ten county area consisting of Pulaski, Clinton, Cumberland, Loral, McCreary, Rockcastle, Whitley, Wayne, Russell and Adair. Call today for more information. Nancy Holbrook or Connie Foster @ 270-585-7037 or 606-210-1129.

**DAV CHAPTER 20**

Disabled American

Veterans Department of Kentucky, Kentucky Chapter 20, will have State Officers on location at the Veteran's Support and Assistance Office of South Central KY at 315 S. Green St., Glasgow, KY, each Tuesday (from 8:00 a.m. until the last veteran is served) of each month (except holidays) to assist veterans with the filing of their V.A. claims, beginning in October 2018. Veterans will need to bring a copy of their DD-214 and any paperwork from the V.A. they may have. Veterans do not have to be a member of the DAV to obtain this service.

**DIVORCE CARE  
SUPPORT GROUP**

Russell Springs United Methodist Church offers DivorceCare on Tuesday evenings at 6:30 p.m., at the church beginning August 28th. Divorced or separated? Find help here at the Divorce-Care support group.

**CLOTHING CENTER  
HRS.**
**FREE FREE FREE.**

Announcing as of January 2, 2019 The Russell County Southern Baptist Association Clothing Center located on Main St in Russell Springs will now be open to the public on Monday- Wednesday from 7:30- Noon and Thursday 7:30-1:30. You may drop off items during Monday-Wednesday 7:30- Noon and Thursday 8:30-Noon

**AA MEETING**

Alcoholic Anonymous (AA) meets Wednesdays at 7:00 p.m., located at the Russell Springs Senior Citizens Center, 125 Brian Walters Dr., Russell Springs, KY. For more info, contact Sandy J: (606) 706-9850.

**AA MEETING**

Alcoholic Anonymous (AA) meets Fridays at 7:00 p.m., located at the Lake Cumberland Breakaway Project, 130 Wilson St., Russell Springs, KY.

**AA MEETING**

Russell County Closed AA Study Group of Alcoholics Anonymous meets at 7:00 p.m. (CT), Tuesdays at the Russell County Senior Citizen Center, 125 Brian Walters Dr., Russell Springs, KY. Contact (270) 585-1264 for more information.

**AL-ANON MEETING**

Al-Anon meeting each Monday, 6:30 p.m., at 1st United Methodist Church, Rm. 109, 206 Jamestown, St., Russell Springs, KY.

**THE WALK**

The Walk is a weekly meeting every Monday night at 7:00 p.m., with Biblical teachings on how to walk everyday with Jesus! Anyone is welcome! It is held at The Lake Cumberland Breakaway Project, 130 Wilson St., Russell Springs, KY, and is held by Rev. Bob McCabe. For more info, call (270) 866-HELP (4357).

**FINDING HOPE AT  
LCBP**

Finding Hope at LCBP Thursdays at 7:00 p.m., at the LCBP building, 130 Wilson St., Russell Springs, KY. Finding Hope is a group dedicated to serving families and friends of addicts. Addiction affects entire

families and we understand everyone needs a plan for recovery. With love, hope, encouragement, and a safe place to share and heal we can move forward together.

**RECOVERY MEETINGS  
AT LCBP**

Alcoholics Anonymous (AA) meetings are held every Friday night at 7:00 p.m., at the Lake Cumberland Breakaway Project, 130 Wilson St., Russell Springs, KY. For more info, call (270) 866-HELP (4357).

**RECOVERY MEETINGS  
AT LCBP**

Narcotics Anonymous (NA) meetings are held every Tuesday night at 7:00 p.m., at the Lake Cumberland Breakaway Project, 130 Wilson St., Russell Springs, KY. For more info, call (270) 866-HELP (4357).

**CELEBRATE RECOVERY  
AT RSUMC**

Celebrate Recovery program is meeting at the Russell Springs United Methodist Church on Thursday nights at 6:00 p.m. For more info, contact the church office at (270) 866-5180.

**TOPS CLUB, INC.  
(TAKE OFF POUNDS  
SENSIBLY)**

KY 396 Russell Springs TOPS Club Inc., the nonprofit weight-loss support organization meets weekly on Monday at 5:15pm at Liberty Baptist Church, located at Wilson St. Attendees should use the east entrance facing Lakeway Dr. Your first visit to TOPS meeting is free. Visitors to a TOPS chapter are welcome to attend their first meeting free of charge. Membership is affordable at just \$32 per year. TOPS is open to men, women, and children, ages 7 and older. For more information, contact Bonnie Barnes at 270-566-1284. To find a local chapter visit [www.tops.org](http://www.tops.org) or call (800)932-8677.

**MONTHLY MEETINGS  
KENTUCKY PUBLIC  
RETIREES**

Kentucky Public Retirees Lake Cumberland Chapter meets 12:00 Noon (ET) 3rd Monday. Mellow Mushroom South Hwy 127, 2520 Monticello St. Somerset, Ky. All KERS, KSP, and CERS welcome. Facebook/ Kentucky Public Retirees.

**HOPE CAFE**

Hope Cafe has a free meal every third Thursday of each month. Delivery to senior apts. Restaurant style and take out. Anyone and everyone is invited to attend. Open 4:30-5:30 at Russell Springs Community Center.

**COUNSELING TO  
LOCAL VETERANS**

The Russell County Honor Guard announces the Vet Center from Lexington is providing counseling to local veterans at the Russell County Honor Guard building at 1169 E. Hwy. 80 in Russell Springs every 2nd and 4th Tuesday of the month at 9:30 a.m. (CST). This service is free to any veteran and provides useful information on various types of disorders such as PTSD, Anxiety Disorders, and Sleep Dis-

turbances, along with new treatments and medications, including their side effects. The information is very informative and the Honor Guard encourages any veteran that thinks he could benefit from the meetings to call our office at (270) 866-2841 or the Vet Center at (859) 253-0827 for more information.

**CITIZENS FOR  
POSITIVE FAMILY  
VALUES**

Citizens for Positive Values meets the 2nd Tuesday of each month at 6:00 p.m. Our organization is committed to strengthening our families and community by promoting Christian values through Jesus Christ. Please call (270) 566-3208 or (270) 866-0791 for information and location of this month's meeting.

**D.A.V.**

To all DAV members, our meeting are the 3rd Monday of each month at the Old Court house at 6:00.

**RC BPW**

RC BPW monthly meeting is held every 4th Tuesday at 12:00, located at Jamestown Café. For more information, contact RC BPW President, Barbara Sharpe at 270-343-1720.

**MICELLANEOUS  
EVENTS**
**ATTENTION:  
VETERANS**

Any veteran who has earned service medals in the U.S. Military, and has not received those medals; or, if you need your DD-214, please contact Bill Rutherford at 20 Robbin Lane, Monticello, KY 42633 or call (606) 340-3142. Bill can also get the medals and the DD-214 for the next of kin of a deceased veteran.

**ATTENTION:  
VETERANS**

As service officer for the Disabled American Veterans, I am available to assist you in your paperwork for benefits concerning your military service. You may contact me at (270) 866-1016 or (270) 343-6231 to set up an appointment. Thank you, Larry D. Skaggs

**HAYES CHAPEL  
CHURCH**

Our church would like to correspond with your Soldier that has been deployed overseas. Please send their mailing address to 122 Rumbo Rd, Jamestown KY, 42629. Please note their birthday and their time of deployment ending. Thank you for allowing our church to share with your soldier that we pray for them each time the doors are open. Call 270-866-7786 for more info.

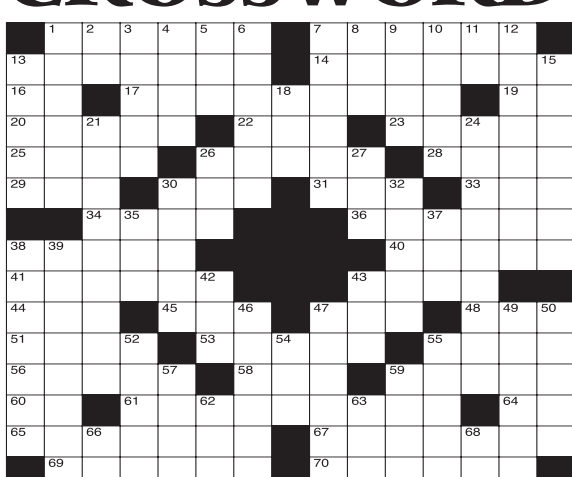
**ATTENTION:  
VETERANS**

The DAV service office has moved to a new location at 72 High Street in Russell Springs. It is the former police department building. If you have any claims as a result of your military service and need help, please call me at 270-866-1016 to set up an appointment. Thank you, Larry D. Skaggs.

\*FOR YOUR ENTERTAINMENT

## The Times Journal

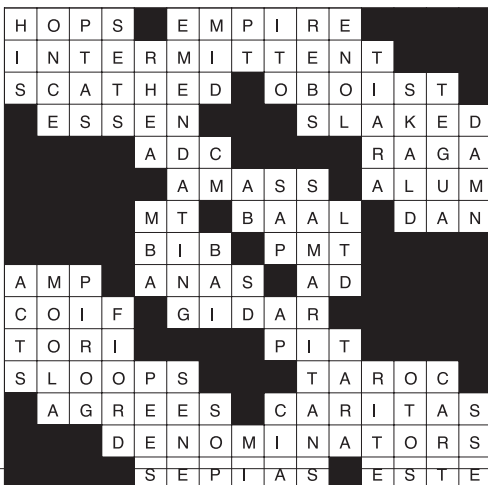
# CROSSWORD

**CLUES ACROSS**

- Recurring TV show
- Throws out
- Iberian Peninsula microstate
- Gossip
- Atomic #20
- Ivy League institution
- Of I
- "He is \_\_\_!": Scripture excerpt
- Musical genre
- Heavy cavalry sword
- Ancient Olympic Site
- Satisfies
- Popular flower
- Shared services center
- Drain
- A way to attack
- Urban Transit Authority
- Spiritual leader
- Postponed
- N. American plant with edible purple-black berries
- Gazes unpleasantly
- Gets up
- Capital of Ukraine
- Returned material authorization (abbr.)
- Golf score
- Superhigh frequency
- Swiss river
- Felons
- Succulent plants
- Soluble ribonucleic acid
- Deliberately setting fire to
- Infamous singer Zadora
- Anwar \_\_\_, Egyptian statesman
- Influential sports mag
- Aromatic Mediterranean plant
- Sixth note of a major scale
- Unit of explosive power
- Large watertight chamber
- Popular street
- A way of watering

**CLUES DOWN**

- Mollusks
- \_\_\_ denotes past
- Anchor ropes
- Large Middle Eastern country
- To make a mistake
- Ancient governor
- Extents
- Chinese surname
- NYC subway "residents"
- Essential oil used as perfume
- A way to treat injuries (abbr.)
- Session
- Units of land areas
- Goes over once more
- Where wrestlers work
- Italian islanders
- Avenue
- \_\_\_ Adams, U.S. President
- Rest with legs bent
- Type of flour
- The Golden State (abbr.)
- More (Spanish)
- Stinging, winged insect
- The use of irony to mock
- Arsenals
- Pouch
- 22nd letter of the Greek alphabet
- Violent seizure of property
- Restrict
- Something comparable to another
- Punishment device made from stems
- Soul and calypso songs
- Formerly OSS
- Athabaskan language
- \_\_\_ bene: observe carefully
- Six (Spanish)
- Read-only memory
- Chinese philosophical principle
- American conglomerate
- Tin

**LAST WEEK'S ANSWERS**

PUZZLE SOLUTION