

ARIES – Mar 21/Apr 20 The stars pull you deeper into the cocoon of your mind, Aries. This may help you as you work on a project or work through thoughts and emotions.

TAURUS – Apr 21/May 21 This is a week to take inventory of any goals that you may have put on a shelf, Taurus. Dust them off and create a plan of action because the time to pursue them is now.

GEMINI – May 22/Jun 21 Gemini, an ambitious week is on the horizon. Your professional house is booming, and you are ready to perhaps move your career to the next level.

CANCER – Jun 22/Jul 22 This week will get off to a social start, Cancer. Expect friends to bring other friends along if you are hosting a party. This is an exciting opportunity to expand your network.

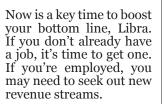
LEO – Jul 23/Aug 23

Leo, put all of your cards on the table and begin discussions with others who are influencers in your life. Only then can you come up with a strategy to get things done.

VIRGO – Aug 24/Sept 22

Make a point of being direct if you are upset, Vir-go. Others need to know if they have stepped on your toes, even if it was accidental so they can make things right.

LIBRA – Sept 23/Oct 23



SCORPIO – Oct 24/Nov 22

Various ideas are swirling around in your head, Scorpio. You're not sure which ones you want to see the light of day just yet. Partner up on a trial project first.

SAGITTARIUS - Nov 23/ Dec 21

Sagittarius, if stress has been ruling your uni-verse, it might be time to step back and reevaluate your priorities. Find out which tasks you can shed from your daily list.

CAPRICORN - Dec 22/ Jan 20

Deep soul-searching and a sharing of hidden emotions might be on the docket this week, Capricorn. It is brave to own up to your feelings. You'll find support in friends.

AQUARIUS – Jan 21/Feb 18 A deep cleaning or decluttering is in order, Aquarius. Start with one room in the house and then work your way onward as time permits. Decluttering can be liberating.

PISCES - Feb 19/Mar 20 You may soon encounter some awkward moments with some people you interact with regularly, Pisces. This will blow over quite quickly.

*FOR YOUR ENTERTAINMENT The Times "Lournal CROSSWOR

Community Calendars

~Upcoming Events ~

gether.

AT LCBP

Alcoholics

Breakaway

HELP (4357).

AT LCBP

Breakaway

HELP (4357).

AT RSUMC

Celebrate

United

866-5180.

SENSIBLY)

TOPS CLUB, INC.

(TAKE OFF POUNDS

KY 396 Russell Springs

TOPS Club Inc., the

nonprofit weight-loss

support organization

meets weekly on Mon-

day at 5:15pm at Lib-

erty Baptist Church,

located at Wilson St.

Attendees should use

the east entrance fac-

ing Lakeway Dr. Your

first visit to TOPS

meeting is free. Visi-

tors to a TOPS chapter

are welcome to attend

their first meeting

free of charge. Mem-

bership is affordable

at just \$32 per year.

TOPS is open to men,

women, and children,

ages 7 and older. For

families and we under-

stand everyone needs a plan for recovery. With

love, hope, encourage-

ment, and a safe place

to share and heal we

can move forward to-

RECOVERY MEETINGS

mous (AA) meetings

are held every Friday

night at 7:00 p.m., at

the Lake Cumberland

130 Wilson St., Russell

Springs, KY. For more

info, call (270) 866-

RECOVERY MEETINGS

Narcotics Anonymous

(NA) meetings are

held every Tuesday

night at 7:00 p.m., at

the Lake Cumberland

Church on Thursday

nights at 6:00 p.m. For

more info, contact the

church office at (270)

Anony-

Project.

UPCOMING EVENTS CROSSROADS QUARTET SINGING

The Crossroads Quartet will be singing at Cane Valley Christian Church in Adair County on Sunday night, January 19 at 6:00 PM. Everyone invited.

PUBLIC SERVICE ANNOUNCEMENT-

There is a little known program in every state mandated by a 1978 amendment to the Older American's Act. It is the Long-Term Care Ombudsman Program. Its goal is to help assure that long-term care facility residents live harmoniously and with dignity, feeling free to voice complaints or concerns without reprisal. There's a tremendous need nationwide for volunteers to make this program work. The ultimate goal is to have one volunteer in each nursing home. After training, volunteers spend 6 to 8 hours a month visiting assigned nursing homes. They talk with residents and observe conditions. Interested volunteers please contact the District Long-Term Care Ombudsman at 1-800-264-7093.

WEEKLY MEETINGS **RUSSELL COUNTY HOMEMAKER CLUBS' MEETING DATES &** TIMES

Homemakers On the Go 2nd Wednesday of each month beginning in August 10:00 a.m. at the Extension Office

Piece Makers Quilt Guild Most Mondays at 1:00 p.m. at the Extension Office

Sunset Club 2nd Thursday of each month beginning in September 5:00 p.m. at the Extension Office

All clubs welcome visitors and new members. For more information, please contact the Russell County Extension Office at 270-866-4477 or visit our website http://russell.ca.uky. edu.

Veterans Department of Kentucky, Kentucky Chapter 20, will have State Officers on location at the Veteran's Support and Assistance Office of South Central KY at 315 S. Green St., Glasgow, KY, each Tuesday (from 8:00 a.m. until the last veteran is served) of each month (except holidays) to assist veterans with the filing of their V.A. claims, beginning in October 2018. Veterans will need to bring a copy of their DD-214 and any paperwork from the V.A. they may have. Veterans do not have to be a member of the DAV to obtain this service.

DIVORCE CARE SUPPORT GROUP

Russell Springs United Methodist Church offers DivorceCare on Tuesday evenings at 6:30 p.m., at the church beginning August 28th. Divorced or separated? Find help here at the Divorce-Care support group.

CLOTHING CENTER HRS. **FREE FREE FREE.**

Announcing as of January 2, 2019 The Russell County Southern Baptist Association Clothing Center located on Main St in Russell Springs will now be open to the public on Monday- Wednesday from 7:30- Noon and Thursday 7:30-1:30. You may drop off items during Monday-Wednesday 7:30-Noon and Thursday &:30-Noon

AA MEETING

Alcoholic Anonymous (AA) meets Wednesdavs at 7:00 p.m., located at the Russell Springs Senior Citizens Center, 125 Brian Walters Dr., Russell Springs, KY. For more info, contact Sandy J: (606) 706-9850.

AA MEETING

Alcoholic Anonymous information, more

turbances, along with new treatments and medications, including their side effects. The information is very informative and the Honor Guard encourages any veteran that thinks he could benefit from the meetings to call our office at (270) 866-2841 or the Vet Center at (859) 253-0827 for more information.

CITIZENS FOR POSITIVE FAMILY VALUES

Citizens for Positive Values meets the 2nd Tuesday of each month at 6:00 p.m. Our organization is committed to strengthening our families and community by promoting Christian values through Jesus Christ. Please call (270) 566-3208 or (270) 866-0791 for information and location of this month's meeting.

To all DAV members, our meeting are the 3rd Monday of each month at the Old Court house at 6:00.

RC BPW

BPW monthly RC meeting is held every 4th Tuesday at 12:00, located at Jamestown Café. For more information, contact RC BPW President, Barbara Sharpe at 270-343-1720.

MICELLANEOUS EVENTS ATTENTION: VETERANS

Any veteran who has earned service medals in the U.S. Military, and has not received those medals; or, if you need your DD-214, please contact Bill Rutherford at 20 Robin Lane, Monticello, KY 42633 or call (606) 340-3142. Bill can also get the medals and the DD-214 for the next of kin of a deceased veteran.

Project, 130 Wilson St., Russell Springs, KY. For more info, call (270) 866-**CELEBRATE RECOVERY** D.A.V. Recovery program is meeting at the Russell Springs Methodist

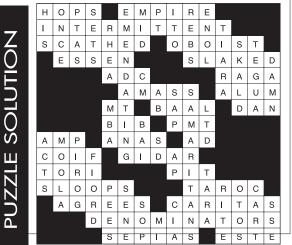
CLUES ACROSS

1. Recurring TV show 7. Throws out 13. Iberian Peninsula microstate 14. Gossip 16. Atomic #20 17. Ivy League institution 19. Of I 20. "He Is ___!": Scripture excerpt 22. Musical genre 23. Heavy cavalry sword 25. Ancient Olympic Site 26. Satisfies 28. Popular flower 29. Shared services center 30. Drain 31. A way to attack 33. Urban Transit Authority 34. Spiritual leader 36. Postponed 38. N. American plant with edible purple-black berries 40. Gazes unpleasantly 41. Gets up 43. Capital of Ukraine 44. Returned material authorization (abbr.) 45. Golf score 47. Superhigh frequency 48. Swiss river 51. Felons 53. Succulent plants 55. Soluble ribonucleic acid 56. Deliberately setting fire to 58. Infamous singer Zadora 59. Anwar ____, Egyptian statesman 60. Influential sports mag 61. Aromatic Mediterranean plant 64. Sixth note of a major scale 65. Unit of explosive power 67. Large watertight chamber 69. Popular street 70. A way of watering

CLUES DOWN

1. Mollusks _, denotes past 3. Anchor ropes 4. Large Middle Eastern country 5. To make a mistake 6. Ancient governor 7. Extents 8. Chinese surname 9. NYC subway "residents" 10. Essential oil used as perfume 11. A way to treat injuries (abbr.) 12. Session 13. Units of land areas 15. Goes over once more 18. Where wrestlers work 21. Italian islanders 24. Avenue _ Adams, U.S. President 26. 27. Rest with legs bent 30. Type of flour 32. The Golden State (abbr.) 35. More (Spanish) 37. Stinging, winged insect 38. The use of irony to mock 39. Arsenals 42. Pouch 43. 22nd letter of the Greek alphabet 46. Violent seizure of property 47. Restrict 49. Something comparable to another 50. Punishment device made from stems 52. Soul and calypso songs 54. Formerly OSS 55. Athabaskan language ____ bene: observe carefully 59. Six (Spanish) 62. Read-only memory 63. Chinese philosophical principle 66. American conglomerate 68. Tin

LAST WEEK'S ANSWERS



BPW MEETING

Russell County Business & Professional Women (BPW) meets every 4th Tuesday at 12:00, located at Jamestown Caf For more information, contact President, Barbara Sharpe at 270-343-1720.

GOODWILL SENIOR EMPLOYMENT PROGRAM

If you are 55 years of age or older, low income, and want to rejoin the workforce, Goodwill Senior Employment Program can help. The program can pay you while learning a new skill by connecting you with local nonprofit or community service agencies while building up work ex-perience. You can take these skills and advance them into permanent employment. Goodwill Senior Employment Program services a ten county area consisting of Pulaski, Clinton, Cumberland, Laural, McCreary, Whitley, Rockcastle, Wayne, Russell and Adair. Call today for more information. Nancy Holbrook or Connie Foster @ 270-585-7037 or 606-210-1129.

DAV CHAPTER 20

Disabled American

(AA) meets Fridays at 7:00 p.m., located at the Lake Cumberland Breakaway Project, 130 Wilson St., Russell Springs, KY.

AA MEETING

Russell County Closed AA Study Group of Alcoholics Anonymous meets at 7:00 p.m. (CT), Tuesdays at the **Russell County Senior** Citizen Center, 125 Brian Walters Dr., Russell Springs, KY. Contact (270) 585-1264 for more information.

AL-ANON MEETING

Al-Anon meeting each Monday, 6:30 p.m., at 1st United Methodist Church, Rm. 109, 206 Jamestown, St., Russell Springs, KY.

THE WALK

The Walk is a weekly meeting every Monday night at 7:00 p.m., with Biblical teachings on how to walk everyday with Jesus! Anyone is welcome! It is held at The Lake Cumberland Breakaway Project, 130 Wilson St., Russell Springs, KY, and is held by Rev. Bob Mc-Cabe. For more info, call (270) 866-HELP (4357).

FINDING HOPE AT LCBP

Finding Hope at LCBP Thursdays at 7:00 p.m., at the LCBP building, 130 Wilson St., Russell Springs, KY. Finding Hope is a group dedicated to serving families and friends of addicts. Addiction affects entire

contact Bonnie Barnes at 270-566-1284. To find a local chapter visit www.tops.org or call (800)932-8677.

MONTHLY MEETINGS KENTUCKY PUBLIC RETIREES

Kentucky Public Retirees Lake Cumberland Chapter meets Noon 12:00 (ET)3rd Monday. Mellow Mushroom South Hwy 127, 2520 Monticello St. Somerset, Ky. All KERS, KSP, and CERS welcome. Facebook/ Kentucky Public Retir-

HOPE CAFE

Hope Cafe has a free meal every third Thursday of each month. Delivery to senior apts. Restaurant style and take out. Anyone and everyone is invited to attend. Open 4:30-5:30 at Russell Springs Community Center.

COUNSELING TO LOCAL VETERANS

The Russell County Honor Guard announces the Vet Center from Lexington is providing counseling to local veterans at the Russell County Honor Guard building at 1169 E. Hwy. 80 in Russell Springs every 2nd and 4th Tuesday of the month at 9:30 a.m. (CST). This service is free to any veteran and provides useful information on various types of disorders such as PTSD, Anxiety Disorders, and Sleep Dis-

ATTENTION: **VETERANS**

As service officer for the Disabled American Veterans, I am available to assist you in your paperwork for benefits concerning your military service. You may contact me at (270) 866-1016 or (270) 343-6231 to set up an appointment. Thank you, Larry D. Skaggs

HAYES CHAPEL CHURCH

Our church would like to correspond with your Soldier that has been deployed overseas. Plese send their mailing address to 122 Rumbo Rd, Jamestown KY, 42629. Please note their birthday and their time of deployment ending. Thank you for allowing our church to share with your soldier that we pray for them each time the doors are open. Call 270-866-7786 for more info.

ATTENTION: VETERANS

The DAV service office has moved to a new location at 72 High Street in Russell Springs. It is the former police department building. If you have any claims as a resutlt of your military service and need help, please call me at 270-866-1016 to set up an appointment. Thank you, Larry D. Skaggs.