



ARIES – Mar 21/Apr 20
 Transitional issues pop up this week, Aries. You are not quite sure which direction you should go. A close friend or advisor can help you navigate the way.

TAURUS – Apr 21/May 21
 Taurus, you are a team player, but this week you may need to fly solo for a bit to get a handle on all of your tasks. Once things get settled, the team mentality can be restored.

GEMINI – May 22/June 21
 Gemini, if you feel like your hard work is not paying off, then you may need to use this opportunity to speak with a supervisor. This can spark changes you feel are necessary.

CANCER – June 22/July 22
 Cancer, there are some major changes in the way you feel this week, and it could take a few days to work through all of the emotions. But you'll get a handle on this.

LEO – July 23/Aug 23
 Big news arrives this week with much fanfare, Leo. The excitement will start early in the week and culminate by Thursday or Friday. Expect to be surprised.

VIRGO – Aug 24/Sept 22
 Relationships can't be the stuff of movies all the time, Virgo. Sometimes you have to go with the flow and make the most of the small daily moments.

LIBRA – Sept 23/Oct 23
 Your time has been stretched too fast and too much, Libra. The stress may be on and you're feeling it. However, the remedy is to delegate some of your tasks and lighten your load.

SCORPIO – Oct 24/Nov 22
 Scorpio, you're not one for being overly emotional and sappy, but this week you can't hold back the feelings any longer. Don't hesitate to share your feelings.

SAGITTARIUS – Nov 23/Dec 21
 If you are looking for inspiration, look no further than the close friends or relatives who are around you. They will have plenty of ideas that can get you fired up.

CAPRICORN – Dec 22/Jan 20
 You have plenty of events coming up to keep you busy, Capricorn. You may have to pick and choose which ones to attend because you simply can't do them all.

AQUARIUS – Jan 21/Feb 18
 Aquarius, even though you think certain situations require your undivided attention, you're really not involved at all. Avoid reading into things and wait for news to come to you.

PISCES – Feb 19/Mar 20
 It is time to assess your priorities, Pisces. What do you want to get accomplished over this week? You can knock out one or two items.

Community Calendars

~Upcoming Events~

BODY RECALL FITNESS CLASSES BEGINS FEBRUARY 5, 2020

Mark your calendar! Time to get moving! Body Recall Fitness Classes begin soon! These are taught Monday, Wednesday, and Friday mornings, 9:00-10:00 am at the Jamestown Christian Church. Winter Classes begin Wednesday, February 5th and end Friday, March 27th. Wear comfortable clothing to allow for movement. Wear comfortable tie shoes and socks for walking around the gym. Linda P Stephens, Certified Body Recall Instructor, has enjoyed teaching Body Recall since 2001. Come and see the variety of exercises we do for flexibility, strength, and balance! Visit the class three times for free! For more information contact Linda P Stephens at 270/343-2210 or e-mail: lindapstephens@yahoo.com

GOSPEL SINGING

Gospel singing at the old Duo County Telephone building on February 6th at 6:30p.m. Located on old 127 out of Jamestown. 1/2 Mile off the square on the right. Special singers will be Alen and Sheila Cain. Everyone is invited to attend.

VALENTINE BANQUET

Sunday, February 9th at 4p.m. at Temple Hill Community Church. Located on Helm's Landing in Jamestown. A meal will be provided for \$5 per plate. All funds will go to the youth fund. Special singers will be Living Waters. Pastor Philip Miller invites everyone to attend. Please call 270-585-5575 for more information.

CROSSROADS QUARTET

The Crossroads Quartet will be singing at Piney Grove Baptist Church in Nancy on Sunday night, February 9 at 5:00 PM.

WEEKLY MEETINGS RUSSELL COUNTY HOMEMAKER CLUBS' MEETING DATES & TIMES

Homemakers On the Go 2nd Wednesday of each month beginning in August 10:00 a.m. at the Extension Office

Piece Makers Quilt Guild Most Mondays at 1:00 p.m. at the Extension Office

Sunset Club 2nd Thursday of each month beginning in September 5:00 p.m. at the Extension Office

All clubs welcome visitors and new members. For more information, please contact the Russell County Extension Office at 270-866-4477 or visit our website <http://russell.ca.uky.edu>.

BPW MEETING

Russell County Business & Professional Women (BPW) meets every 4th Tuesday at 12:00, located at Jamestown Caf For more information, contact President, Barbara Sharpe at 270-343-1720.

GOODWILL SENIOR EMPLOYMENT PROGRAM

If you are 55 years of age or older, low income, and want to rejoin the workforce, Goodwill Senior Employment Program can help. The program can pay you while learning a new skill by connecting you with local nonprofit or com-

munity service agencies while building up work experience. You can take these skills and advance them into permanent employment. Goodwill Senior Employment Program services a ten county area consisting of Pulaski, Clinton, Cumberland, Lural, McCreary, Rockcastle, Whitley, Wayne, Russell and Adair. Call today for more information. Nancy Holbrook or Connie Foster @ 270-585-7037 or 606-210-1129.

DAV CHAPTER 20

Disabled American Veterans Department of Kentucky, Kentucky Chapter 20, will have State Officers on location at the Veteran's Support and Assistance Office of South Central KY at 315 S. Green St., Glasgow, KY, each Tuesday (from 8:00 a.m. until the last veteran is served) of each month (except holidays) to assist veterans with the filing of their V.A. claims, beginning in October 2018. Veterans will need to bring a copy of their DD-214 and any paperwork from the V.A. they may have. Veterans do not have to be a member of the DAV to obtain this service.

DIVORCE CARE SUPPORT GROUP

Russell Springs United Methodist Church offers DivorceCare on Tuesday evenings at 6:30 p.m., at the church beginning August 28th. Divorced or separated? Find help here at the DivorceCare support group.

CLOTHING CENTER HRS.

FREE FREE FREE. Announcing as of January 2, 2019 The Russell County Southern Baptist Association Clothing Center located on Main St in Russell Springs will now be open to the public on Monday- Wednesday from 7:30- Noon and Thursday 7:30- 1:30. You may drop off items during Monday-Wednesday 7:30-Noon and Thursday &:30-Noon

AA MEETING

Alcoholic Anonymous (AA) meets Wednesdays at 7:00 p.m., located at the Russell Springs Senior Citizens Center, 125 Brian Walters Dr., Russell Springs, KY. For more info, contact Sandy J: (606) 706-9850.

AA MEETING

Alcoholic Anonymous (AA) meets Fridays at 7:00 p.m., located at the Lake Cumberland Breakaway Project, 130 Wilson St., Russell Springs, KY.

AA MEETING

Russell County Closed AA Study Group of Alcoholics Anonymous meets at 7:00 p.m. (CT), Tuesdays at the Russell County Senior Citizen Center, 125 Brian Walters Dr., Russell Springs, KY. Contact (270) 585-1264 for more information.

AL-ANON MEETING

Al-Anon meeting each Monday, 6:30 p.m., at 1st United Methodist Church, Rm. 109, 206 Jamestown, St., Russell Springs, KY.

THE WALK

The Walk is a weekly meeting every Monday night at 7:00 p.m., with Biblical teachings on how to walk everyday with Jesus! Anyone is welcome! It is held at The Lake Cumberland Breakaway Project,

130 Wilson St., Russell Springs, KY, and is held by Rev. Bob McCabe. For more info, call (270) 866-HELP (4357).

FINDING HOPE AT LCBP

Finding Hope at LCBP Thursdays at 7:00 p.m., at the LCBP building, 130 Wilson St., Russell Springs, KY. Finding Hope is a group dedicated to serving families and friends of addicts. Addiction affects entire families and we understand everyone needs a plan for recovery. With love, hope, encouragement, and a safe place to share and heal we can move forward together.

RECOVERY MEETINGS AT LCBP

Alcoholics Anonymous (AA) meetings are held every Friday night at 7:00 p.m., at the Lake Cumberland Breakaway Project, 130 Wilson St., Russell Springs, KY. For more info, call (270) 866-HELP (4357).

RECOVERY MEETINGS AT LCBP

Narcotics Anonymous (NA) meetings are held every Tuesday night at 7:00 p.m., at the Lake Cumberland Breakaway Project, 130 Wilson St., Russell Springs, KY. For more info, call (270) 866-HELP (4357).

CELEBRATE RECOVERY AT RSUMC

Celebrate Recovery program is meeting at the Russell Springs United Methodist Church on Thursday nights at 6:00 p.m. For more info, contact the church office at (270) 866-5180.

TOPS CLUB, INC. (TAKE OFF POUNDS SENSIBLY)

KY 396 Russell Springs TOPS Club Inc., the nonprofit weight-loss support organization meets weekly on Monday at 5:15pm at Liberty Baptist Church, located at Wilson St. Attendees should use the east entrance facing Lake-way Dr. Your first visit to TOPS meeting is free. Visitors to a TOPS chapter are welcome to attend their first meeting free of charge. Membership is affordable at just \$32 per year. TOPS is open to men, women, and children, ages 7 and older. For more information, contact Bonnie Barnes at 270-566-1284. To find a local chapter visit www.tops.org or call (800)932-8677.

MONTHLY MEETINGS KENTUCKY PUBLIC RETIREES

Kentucky Public Retirees Lake Cumberland Chapter meets 12:00 Noon (ET) 3rd Monday. Mellow Mushroom South Hwy 127, 2520 Monticello St. Somerset, Ky. All KERS, KSP, and CERS welcome. Facebook/Kentucky Public Retirees.

HOPE CAFE

Hope Cafe has a free meal every third Thursday of each month. Delivery to senior apts. Restaurant style and take out. Anyone and everyone is invited to attend. Open 4:30-5:30 at Russell Springs Community Center.

COUNSELING TO LOCAL VETERANS

The Russell County Honor Guard announces the Vet Center from Lexington is providing counseling to local veterans at the Russell County Honor Guard building at 1169 E. Hwy. 80 in Russell Springs every 2nd and 4th Tues-

day of the month at 9:30 a.m. (CST). This service is free to any veteran and provides useful information on various types of disorders such as PTSD, Anxiety Disorders, and Sleep Disturbances, along with new treatments and medications, including their side effects. The information is very informative and the Honor Guard encourages any veteran that thinks he could benefit from the meetings to call our office at (270) 866-2841 or the Vet Center at (859) 253-0827 for more information.

CITIZENS FOR POSITIVE FAMILY VALUES

Citizens for Positive Values meets the 2nd Tuesday of each month at 6:00 p.m. Our organization is committed to strengthening our families and community by promoting Christian values through Jesus Christ. Please call (270) 566-3208 or (270) 866-0791 for information and location of this month's meeting.

D.A.V.

To all DAV members, our meeting are the 3rd Monday of each month at the Old Court house at 6:00.

RC BPW

RC BPW monthly meeting is held every 4th Tuesday at 12:00, located at Jamestown Café. For more information, contact RC BPW President, Barbara Sharpe at 270-343-1720.

MICELLANEOUS EVENTS

ATTENTION: VETERANS
 Any veteran who has earned service medals in the U.S. Military, and has not received those medals; or, if you need your DD-214, please contact Bill Rutherford at 20 Robin Lane, Monticello, KY 42633 or call (606) 340-3142. Bill can also get the medals and the DD-214 for the next of kin of a deceased veteran.

ATTENTION: VETERANS

As service officer for the Disabled American Veterans, I am available to assist you in your paperwork for benefits concerning your military service. You may contact me at (270) 866-1016 or (270) 343-6231 to set up an appointment. Thank you, Larry D. Skaggs

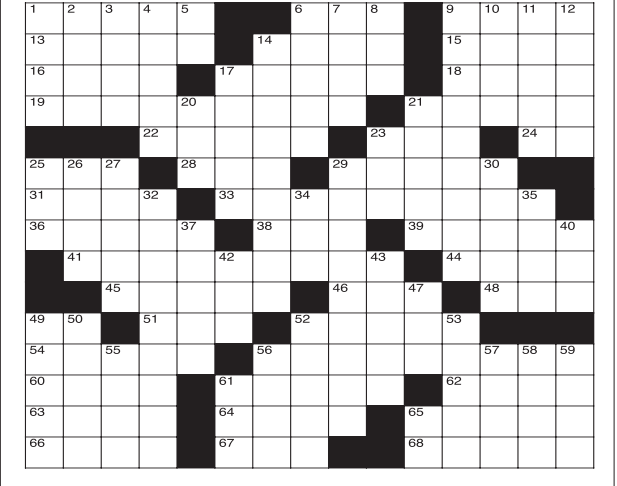
HAYES CHAPEL CHURCH

Our church would like to correspond with your Soldier that has been deployed overseas. Please send their mailing address to 122 Rumbo Rd, Jamestown KY, 42629. Please note their birthday and their time of deployment ending. Thank you for allowing our church to share with your soldier that we pray for them each time the doors are open. Call 270-866-7786 for more info.

ATTENTION: VETERANS

The DAV service office has moved to a new location at 72 High Street in Russell Springs. It is the former police department building. If you have any claims as a result of your military service and need help, please call me at 270-866-1016 to set up an appointment. Thank you, Larry D. Skaggs.

CROSSWORD



- CLUES ACROSS**
- Indicates number of days
 - When you hope to get there
 - Hairstyle
 - Black (Spanish)
 - Expresses pleasure
 - Away from wind
 - Tech pros organization
 - Wile E. Coyote is familiar with it
 - Clean
 - Saints' signal caller
 - A way to hunt
 - Poetries
 - Automobile
 - Secondary school (abbr.)
 - Indicates before
 - Male parent
 - Short-billed rails
 - It pays to keep yours
 - On occasion
 - David __, US playwright
 - Slang for cigarette
 - Vaccine developer
 - Returned to health
 - Toni Morrison novel
 - Period between edipses
 - Veterans battleground
 - Gang
 - A radio band
 - Jaws of a voracious animal
 - Elaborate garments
 - Chinese province
 - Checks
 - Horizontal passage
 - Steep hillsides
 - Fertility god
 - Dried-up
 - Signs a name
 - __ Winger, actress
 - German river
 - Gov't lawyers
 - Take something somewhere
- CLUES DOWN**
- __ Blyton, children's author
 - Colleague
 - "The African Queen" writer
 - Crater on the moon
 - Toward
 - Overhang
 - Identifies something close at hand
 - Sign language
 - Unbroken views
 - Ancient Greek City
 - Stretch out to grasp
 - Alcohols that are unfit for drinking
 - Humorous stories
 - Long song for a solo
 - Barrels per day (abbr.)
 - City of Lights
 - A place to sleep
 - Advanced degree (abbr.)
 - The back
 - Furniture-makers Charles and "Ray"
 - Songs to a lover
 - Gland secretion
 - 10 meters
 - Disfigure
 - Stores grain
 - Sacred book of Judaism
 - Catch
 - Promise
 - Challenges
 - Russian space station
 - Banking giant
 - Served as an omen
 - Drenches
 - Type of sword
 - Minor planet
 - Messenger ribonucleic acid
 - Japanese ankle sock
 - Obtain in return for services
 - Waste matter
 - A proposal to buy at a specified price
 - Unit of loudness

LAST WEEK'S ANSWERS



PUZZLE SOLUTION