

DERBY continued from page one

To celebrate missing the normal scheduled date, for the first Saturday in May, take a look at some of our local people from Russell County who have celebrated the Derby in the past!



JC Phelps



Cindy and Troy Edelen



Jessica Loy Wiles and her mom back in 1992



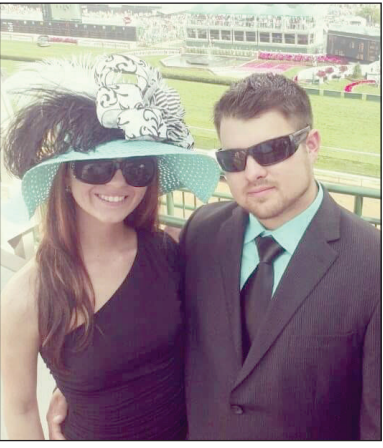
Helm Family



Ross & Melody Haynes



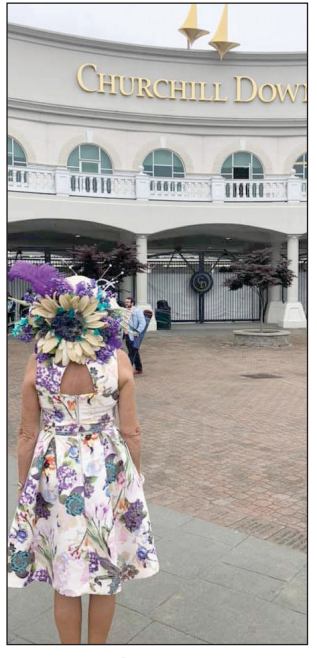
Josh & Kara Branscum



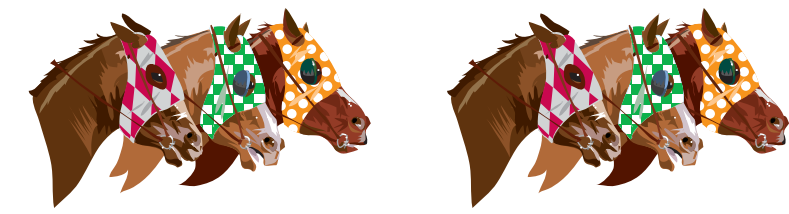
Sierra & Trenidy Coffey



Terran & Derrick Helm



Tammy Pickett



MASK continued from page one

ers their opinions of the mandated mask wearing. The post received over 130 comments with several diffident viewpoints. Below are just a few.

- Cody Wilson: "It is an infringement on our civil and constitutional rights, just as closing businesses and other things."
- Patty Brown: "I have no objections to it. If wearing a mask may keep one person from getting sick, then why would you not wear one? I do not see it as an infringement on my liberties. I see it as a way of showing concern and empathy for your fellow man."
- Laura McGowan: "I choose not to wear a mask. If it becomes mandatory, I will abide by the rules. Although, I do see all these people wearing bandannas as masks...If water can go through them then airborne particles can, too. So, you are kind of defeating the

purpose."

- Monica Johnson Coppler: "I feel like if you have witnessed the virus 1st hand, then the idea of wearing a mask in public is not that bad. Have we become that selfish that we can't do something as simple as covering out mouths and noses while in public? Especially if it meant helping someone else."
- Audra Beckmann Skaggs: "I am pro-mask wearing. I think it is a small sacrifice for a big help in keeping the community and loved ones safer. Mask wearing is not going to be the cure all or the only answer to fighting this pandemic, but it sure will help! If you work in healthcare and have had the experience of dealing with it firsthand, explaining to loved ones that the prognosis doesn't look good, then maybe your feelings might be the same as mine. I think we all have that invincible attitude,

like it won't happen to us or the ones we love, but it can."

- Tara L Cousins O'Dell: "Against it being mandatory. I feel it gives people a false sense of security."
- Renee Roy: "I will do it if I can help our state to get back to a new normal, So, just suck it up."
- David Williams: "This is the wrong question to be asking. We should be asking ourselves are we as a community, a state, and a country doing everything we can possibly to protect those at a higher risk? Are we willing to endure a trivial inconvenience and wear a mask so that more businesses can reopen and help local business owners and their employees that are in desperate need? Is debating about current individualism truly productive?"

Schedule Your Childs Physical Today



Times Journal Staff Report

Attention Parents and Guardians

Any child entering Kindergarten or Sixth grade will need a physical.

These can be completed by making appointments by calling Healthy Kids Clinic @ 844-435-0900. These appointments can be completed at RSES or JES and are 100% covered by your insurance.

TELEHEALTH continued from page one

berland Family Medical website, telehealth can be used for follow up visits, management of chronic conditions, medication management, mild cold or flu symptoms, urinary tract infections, rashes, and other acute care needs.

Many doctors and nurse practitioners at local offices had positive words to say about this new way of offering treatment.

"Telehealth is very new to me, but I love that we are able to offer continuity of care and this allows us to see patients virtually," said Dr. Leann Cooper who practices at Family Practice Associates. "We can refill medications and take care of them the best we can. Also, patients need this type of assurance. I have really liked it so far and that we are able to still see people face to face."

Jenny Eldridge with Cumberland Family Medical Center Inc. said that all of their centers are offering Dr. On Call, a 24 hour a day, 7 day a week telehealth service. Cumberland Family Medical Centers are located across Lake Cumberland areas, and they are all offering this service. Regarding their telehealth services, contact a local Cumberland Family Medical Center with any questions.

ARNP Terani Robertson of Primary Care Associates had incredibly positive things to say about telehealth.

"Telehealth works well, and overall, the patients have been very receptive," Terani said. "A lot of people are scared to come in, but this helps people with those worries. Also, the flexibility that is offered with this service is also greatly beneficial."

Both of Russell County Hospital Doctor Clinics, Family Practice Associates and Primary Care Associates, also spoke about telehealth.

Other doctor offices may be offering telehealth as well. Reach out to your medical provider to see if they are offering these services to better assist you.

ACADEMY continued from page one

and half female, based on standardized test scores, their GPA, responses to essay questions, personal interviews, extracurricular activities, and recommendations.

There are students from Russell County High School who have or are currently attending Gatton Academy.

which Samuel said was a nice opportunity.

"Academically, WKU has been a very different experience than Russell County," Samuel stated. "I'm probably spending about the same amount of time per week on classwork as I did at school in Russell County, but the college courses require a lot more effort and cover more information."

Samuel Leveridge is a junior in high school. He has been at Gatton for one school year thus far. He spent his other 11 years of school in Russell County: Jamestown Elementary School, Russell County Middle School, and Russell County High School.

At the moment, Samuel said he did not have any definite plans made for his future.

"Being at Gatton has helped me narrow down what I am interested in though," Samuel said. "I have found studying chemistry and sociology more interesting than the other things I have been exposed to."

"Around December of my Sophomore year at RCHS, I decided to apply to Gatton because I thought that being able to take some college courses, I otherwise wouldn't have had the chance to might make it easier to find something I'm more interested in," Samuel said.

Maggie Gossage is also from Russell County High School and headed to college this upcoming year. She applied for Gatton Academy during her sophomore year of high school.

This is the chance for young students to be able to see what may interest them in areas where they may not have ever been offered the chance anywhere else. Samuel said that his experience at Gatton has been great. He said he really enjoyed the unique communities that develop on each floor of the building. They also have access to most WKU facilities and clubs, of

"I had heard of the Gatton Academy in middle school, but never thought of applying until my science teacher, Carol Ackerman, encouraged me during my freshman year," Maggie said. "I applied, was interviewed later that month, and then