

University of Kentucky Extension Notes
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Russell County Extension Office

Tips for Buying Local Meat

Source: Gregg Rentfrow, Meat Science Extension Specialist
Many people are interested in purchasing local meat, because they want to support local farmers and give a boost to their local economy.

In Kentucky, you can find producers selling local beef, pork, lamb and poultry at farmers markets, roadside stands, directly off the farm and online.

By law, all meat must be inspected by the U.S. Department of Agriculture prior to it being sold. All registered farmers markets and roadside stands require their producers to have USDA certification.

If they are selling meat directly from their farm, producers should have informed the local health department. The health department should have inspected the operation to make sure they are practicing safe food storage and handling practices in addition to the USDA product inspection.

People look for different characteristics in meat when they look for quality, but probably the easiest indicator of freshness is the "sniff test". If the meat smells "off" or pungent, it may not be a good idea to buy it.

Once you have made a meat purchase, it is important to continue to take proper food safety precautions to ensure the meat stays fresh. For this reason, your meat should be one of the last purchases you make while out running errands.

Different types of meat have different storage times. If refrigerated, ground beef, ground lamb and chicken should be used within one to two

RUSSELL SPRINGS ANNUAL FIRE DUES
The Russell Springs Volunteer Fire Department annual subscription for the 2020-2021 year is due in by July 31, 2020.

PUBLIC NOTICE
ALCOHOL LICENSE APPLICATION
Jeff's Bar LLC, 1730 W. Steve Wariner Dr., Russell Springs, KY 42642 hereby declares its intention to apply for a Quota Retail Drink License no later than July 17, 2020.

days. Refrigerated pork and lamb chops, lamb roasts and lamb steaks should be used within three to five days. If frozen in an airtight container, meat can last indefinitely, but the quality will diminish the longer it is frozen.

More information on safely purchasing local food is available by contacting the Russell County office of the University of Kentucky Cooperative Extension Service.

Announcements
Russell County Bee Keepers Club: The July 2nd meeting has been canceled

The Russell County Extension Office will be closed July 3rd in observance of Independence Day

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Thinking about my blessing. week, a wonderful verse of scripture romped through my mind. "And let us not be weary in well doing: for in due season we shall reap, if we faint not" (Galatians 6:9).

Fainting is always an option, but the person who refuses to allow his week to make him weary will reap God's blessing. Dr. James L. Snyder is pastor of the Family of God Fellowship, Ocala, FL 34472.

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KENTUCKY LIVESTOCK AND GRAIN MARKET REPORT
Kentucky Department of Agriculture
A Consumer Protection and Service Agency

Table with 2 columns: KENTUCKY DAILY GRAIN PRICES - bids for next day; WEEKLY FEED INGREDIENT PRICE - bids for next day

Russell County Stockyards - June 25, 2020 *Cattle weighed at time of sale.* Cattle Receipts: 957 Last Week: 837 • Last Year: 0

Table with multiple columns showing livestock prices for STEERS, BULLS, HEIFERS, and COWS, categorized by weight range and price per head.

Please Note: The above USDA LPGMN price report is reflective of the majority of classes and grades of livestock offered for sale. There may be instances where some sales do not fit within reporting guidelines and therefore will not be included in the report.

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