



# National Ice Cream Day & Month

“I Scream - You Scream – We All Scream – For Ice Cream” was the title of a Top 10 Song from 1928. It was written by the team of Billy Moll, Howards Johnson, and Robert King and performed by Fred Waring’s Pennsylvanians. For ice cream lovers, this still holds true today. Ice cream is thought of to be a delicious summertime treat, but is wonderful any time of the year.

The largest worldwide consumption of ice cream is in the United States, where on average a person consumes 48 pints of ice cream a year. Ninety percent of American households eat ice cream.

\*The most popular flavor is vanilla, followed by chocolate, strawberry and cookies and cream.

\*The biggest ice cream sundae was crated in Edmonton, Alberta, Canada in 1988. It weighed 24 tons.

\*The ice cream cone was invented during the 1904 World’s Fair in St. Louis. Waffles were formed and used as the original ice cream cone for people to use to walk around and enjoy their ice cream.

\*Sunday is the most profitable day for ice cream sales.

\*The largest ice cream cake weighed 12,096 pounds.

\*The United States produces more ice cream than anyone else in the world.

\*Chocolate syrup is the most popular ice cream topping.

\*It takes approximately 50 licks to finish the average ice cream cone.

I remember as a child when my grandparents would make homemade ice cream. This was back in the day when you had a churn with a crank. Everybody had to take a turn at turning the crank to prepare the ice cream. The secret was to take your turn at the beginning because the longer it froze, the harder it was to turn the crank. Then we progressed to electric ice cream freezers and small counter top ones.

One of my favorite ice cream flavors is Cherry Vanilla Ice Cream. This recipe doesn’t require a freezer, but is delicious just the same. Soften a ½ gallon of vanilla ice cream and add a drained 10 oz. jar of maraschino cherries that have been chopped. Add 2 tablespoons of juice that you have reserved. Stir together all ingredients and place in a plastic container to freeze. This is quick, easy,

and delicious.

July is National Ice Cream Month, and July 28 is National Ice Cream Day.

Celebrate with some homemade ice cream. You’ll be glad you did. Thanks for reading.

## JAN JAN’S HOMEMADE ICE CREAM

(This is my sweet mother-in-law’s recipe. She made it every year for the 4th of July. Her daughter, Laine, has taken over the family tradition and prepares it for the family.)

Scald 2 QUARTS WHOLE MILK in a double boiler  
PREPARE: 8 WELL BEATEN EGGS  
2 CUPS SUGAR with 2 level tablespoons PLAIN FLOUR

Mix eggs and sugar mixture thoroughly; pour slowly into the hot milk, stirring constantly. Return to heat and cook slowly until custard coats the back of the spoon (constantly stirring). Remove from heat and let cool. Then add 2 tablespoons of VANILLA EXTRACT. Let mixture get cold in refrigerator before freezing. Just before putting into the freezer, add 2 cups CREAM, slightly beaten. Freeze and enjoy.

\*You can add cut up peaches or strawberries before freezing, if desired. My father-in-law loved figs. She would peel, slice and sugar some figs and serve over the top – delicious!

## FUDGESICLE ICE CREAM

(This is quick, easy, and delicious. It reminds me of a Wendy’s Frosty.)

16 oz. Cool Whip  
1 can Eagle Brand  
1 gallon chocolate milk  
Pour condensed milk and Cool Whip directly into the freezer cylinder. Pour in the chocolate milk to the fill line. Freeze and enjoy.

## MAE MAE’S HOMEMADE

(This is my paternal grandmother’s recipe for homemade orange sherbet. We just called it “homemade.” Once I added a flat can of crushed pineapple for a change. My family was mortified and told me never to mess with the “homemade” again!)

1 liter orange soda  
1 large can pineapple juice  
2 cans Eagle Brand condensed milk  
Pour the condensed milk

# Governor: Mississippi seeing its ‘worst’ spread of COVID-19

Associated Press

A mask mandate and other restrictions took effect Monday in 13 of Mississippi’s 82 counties as the state continues to see a rapid increase in cases of the new coronavirus, including a steady rise in hospital patients.

“This is the worst that it’s ever been for spread of cases in our state,” Republican Gov. Tate Reeves said during a news conference Monday.

Figures released Monday by the state Health Department showed 1,020 people were hospitalized with confirmed or suspected cases of COVID-19 Sunday. That is up from 664 on June 22.

The state health officer, Dr. Thomas Dobbs, said eight hospitals in Mississippi had no beds available in their intensive care units as of Monday. Four of those were in the Jackson area. He also said long-term care facilities are seeing an increase of cases because of transmission in communities. Even if people can’t visit loved ones in nursing homes, employees go in and out.

# State commission seeks flag design submissions

Press Release

House Bill 1796 established a commission to redesign the Mississippi State Flag. The Mississippi Department of Archives and History (MDAH), which is providing clerical support for the commission, is now accepting flag design submissions. The sole purpose of the commission, according to the bill, is to develop, design, and report to the governor and the legislature its recommendation for the design of the new state flag no later than September 14, 2020.

Governor Tate Reeves, Lieutenant Governor Delbert Hosemann, and House Speaker Philip Gunn will each appoint three members to the Commission to Redesign the Mississippi State Flag no later than Wednesday, July 15. The chair of the commission will be chosen by the majority vote of the members of the commission during

directly into the ice cream cylinder. Pour equal amounts of orange soda and pineapple juice to the fill line. Freeze and enjoy..

\*Lee Ann Fleming is a Holmes County native, food columnist and has garnered fame for her recipes featured in the film, *The Help*. Fleming can be reached at [lafkitchen@hughes.net](mailto:lafkitchen@hughes.net).



Mississippi State Health Officer Dr. Thomas Dobbs, sits before a chart showing the state’s spike in COVID-19 patients during a news conference in the School of Medicine at the University of Mississippi Medical Center campus, Thursday, July 9, 2020 in Jackson, Miss. Dobbs was joined by other state health care leaders in discussing their concerns and recommendations to curb the community spread virus. (AP Photo/Rogelio V. Solis)

“We’re all connected,” Dobbs said. “If you’re 20 years old and you’re bored of sitting around at home, you know, you going out and partying and may inadvertently kill somebody else’s grandma in the nursing home as you perpetuate the pandemic.”

Reeves set restrictions in counties with high levels of virus transmission. They in-

clude some of the most heavily populated in the state — Hinds, Madison and Rankin in the Jackson area, DeSoto County in the north and Harrison and Jackson counties on the coast. The restrictions are also in effect in smaller counties with high rates of the virus — Claiborne, Grenada, Jefferson, Quitman, Sunflower, Washington and Wayne.

People in those 13 counties must wear masks in public, including in outdoor settings where it’s not possible for people to remain at least 6 feet (1.8 meters) apart. Gatherings indoors are limited to 10 people and those outdoors are limited to 20.

Reeves said he could set the restrictions in more counties that are also seeing a rapid spread of cases, but he is still not planning a statewide mask requirement.

Reeves said wearing a mask in public is not fool-proof, but it can help slow

the spread of the virus. He said he has heard about “mask shaming” directed at people who cover their faces and at people who don’t.

“That is not helping,” Reeves said.


Mississippi has a population of about 3 million. The Health Department said Monday that the state has had at least 36,680 confirmed cases and at least 1,250 deaths from the coronavirus as of Sunday evening. That was an increase of 393 cases and one death from numbers reported the day before.

The department said at least 3,000 cases of the virus have been confirmed in long-term care facilities such as nursing homes, with at least 604 virus-related deaths in those facilities.

The number of virus infections is thought to be far higher because many people have not been tested, and studies suggest people can be infected without feeling sick. While most people who contract the coronavirus recover after suffering only mild to moderate symptoms, it can be deadly for older patients and those with other health problems.



**Bridal Registry**  
*Laura Beth Kolb  
Taylor Burrell  
August 1*  
*Shiloh Wammack  
Cody McCrory  
August 22*  
**Howell & Heggie Drug Co.**  
389 N. W. Depot St.  
Durant  
662-653-6441



**CSLC’s Project F.A.I.R**  
*(Fair Access, Information, and Resources)  
Fighting Housing Discrimination*  
in  
**Holmes County, MS**  
333 Yazoo Street - Lexington, MS 39095  
Office: 662-834-0905 - Fax: 662-834-0906  
Website: <http://communitystudentlearning.org/>

**CSLC’s Project F.A.I.R. is funded by a grant from the U.S. HUD Fair Housing Initiative Program (FHIP) Education and Outreach Initiative (EOI).**

*The Fair Housing Act makes it unlawful to discriminate in housing because of these protected characteristics: Race, Color, National Origin, Religion, Sex Familial status (families with children under the age of 18, or who are expecting a child), and Disability (if you or a person are associated with has a disability).*

