

A higher standard of care



Sommerset Neighborhood Assisted Living and Memory Care offers personalized care in a homelike atmosphere.

Moving to an assisted living apartment can be a big change for most people.

The dedicated staff at Sommerset Neighborhood Assisted Living and Memory Care make sure it's as comfortable as possible.

Residents of Sommerset Neighborhood Assisted Living and Memory Care have access to the individualized attention they need in their daily lives, provided by licensed and certified nursing staff. And with their own private suites and the freedom to make their own decisions, they exercise a degree of control over their lives not afforded by conventional nursing home care.

"It is a very home like atmosphere here and we try to make everyone feel welcome and comfortable," said Connie Flowers, community relations director.

Sommerset Neighborhood Assisted Living and Memory Care is conveniently located at 1601 SW 119th Street in Oklahoma City.

The community offers one-bedroom and studio floor plans. The suites include carpet flooring, ample closet

space, step-in showers with safety grab bars, individually controlled heating air conditioning, and 24-hour emergency response system which signals on-site staff immediately.

The Sommerset Neighborhood Assisted Living and Memory Care features outdoor courtyards, with secured and alarmed access for memory care residents. And when severe weather hits, residents will be protected in the built-in safe rooms.

Residents stay busy with regular activities, programing, worship services, Bible study and more. Physicians also make rounds at the community, and on-site physical, occupational, speech therapy is also provided.

Sommerset Neighborhood Assisted Living and Memory Care offers four levels of service. A resident's care can be adjusted to meet their changing needs.

Level 1: Assisted living is a special combination of housing, personalized support services and health care designed to respond to the individual needs of those who need help with activities of daily living, but do not need

the specialized care of a nursing home. Assisted living care promotes independence and dignity for each resident and encourages the involvement of the resident's family, neighbors and friends; staff is available to meet scheduled and unscheduled needs.

Level 2: Higher Degree of Assistance offers the same services as Assisted living with additional personalized assistance dressing, hygiene and groom. And assistance with scheduled showers weekly.

Level 3: Progressive Care allows residents to transition from the assisted living level of care into an area with a higher staff-to-resident ratio. Residents can stay within their Sommerset Neighborhood longer as an alternative to prematurely transferring to a nursing home simply due to the requirement of more one-on-one assistance as health needs increase. The result is a higher quality of life for a longer period of time and reduced stress for residents and families. This level also includes assistance with incontinence care and toileting, assis-

tance transferring, and assistance with eating.

Level 4: Memory Care is a safe and secure facility where residents needs will be met in a home-like setting. The Memory Care has a secured outdoor area, allowing residents the opportunity to wander freely, inside and out, enjoying the simple pleasures of life without jeopardizing their safety.

Unlike many corporate nursing care facilities, Sommerset Neighborhood Assisted Living and Memory Care is a not-for-profit faith based community with a goal of enhancing the well-being and quality of life for older persons with competency, compassion, and ethical behavior.

In 2015, the facility was acquired by Haverland Carter LifeStyle Group in Albuquerque, New Mexico. Haverland Carter is a faith based 501(c)(3) not-for-profit company. The group remodeled the property and continue to make upgrades.

It is currently licensed for a total of 126 residents.

