

# Fabulous Freebies for 50+

by Cindy Lobert and Linda Dillon

As we age, so does our bank account. Retirement incomes often require some financial belt tightening, but you don't have to sacrifice your quality of life. Most people are aware of senior discounts, but did you know there are plenty of free goods and services for the over 55 crowd?

## FREE LEGAL ADVICE

Whether it's figuring out your government disability benefits, debt or issues handling your finances, you can find free legal help at [www.lawhelp.com](http://www.lawhelp.com). This website shows you how to get assistance in your location.

## FREE TAX HELP

If you're 60 or older, Tax Counseling for the Elderly, or TCE, offers IRS-certified volunteers to help you with your taxes.

## FREE COLLEGE COURSES

You're never too old to learn! All 50 states offer tuition waivers or discounts for seniors. When any person 65+ years of age or older is a resident of the commonwealth; tuition charges are waived, except if classes are full. And these aren't small community colleges either. WKU is one of the university's one on the list.

## FREE MEALS

If you're a low-income senior, you can find free or subsidized meals through the federal government's Commodity Supplemental Food Program, or CSFP, Meals on Wheels is another program that offers free or discounted meals.

### Several Restaurants offering Senior Discounts:

- BoneFish 10% off for AARP members
- Ole Charlies 10% off
- Culver's 5%
- Applebees' 10-15 off
- Subway: 10% off
- Outback Steakhouse: 10% off AARP members for meals

## LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP)

Low income seniors can get financial assistance with energy home repairs, energy crisis assistance, and more. Go to [www.liheap.org](http://www.liheap.org)

IT'S GOOD TO KNOW THAT BEING A  
SENIOR COMES WITH PERKS!  
GRAB YOURS WHILE THEY'RE STILL FREE!



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