

Alternatives to Traditional Medicine

Herbs and Health Care is a small, locally owned business located on Main Street in Tell City. We have been in the business of Health Care for 26 years. We pride ourselves in being concerned with others health and well-being. People are looking for alternative to traditional medicine and we offer a variety of supplements to fit those individual needs. Pharmaceutical's come with a price tag, not only in money, but also at a risk of harmful side effects. By using supplements it can assist the body in overall health.

Herbs, Vitamins, Minerals, Essential Oils, CBD-Hemp, Probiotics, Essential Fatty Acids and Digestive Enzymes are used to help the body find balance and health. The companies that we use only produce top quality supplements. These companies are Nature Sunshine, Pure Herbs Ltd, R Garden, DoTerra, Life Fortune, Barlean's, Trace Minerals, and Hemp Direct. These companies offer superior products that have been tested to ensure top ingredients are being used. You will never have to worry if what you are taking is really inside the bottle, be assured it is.

We also offer Iridology Consultation. This is a science of reading the Iris of the eye. Iridology began in Germany in the 1800 and can be used as an informative tool to see what the body's tissues are experiencing. Suggestions can be given on what supplements could be beneficial in correcting the imbalances seen in the Iris.

Herbs and Health Care carries a small amount of Health food. Herbal Tea's options Braggs Apple Cider Vinegar are some of our top sellers. We also carry raw honey sourced locally. Lilly's Chocolates and Pur Gum are a hit with our Keto diet customers. We offer variety of gluten-free products as well as herbal teas, spices and dairy-free products.

Please feel free to come in and browse our store on 1417 Main Street, Tell city, IN. Questions are always welcomed!

QUALITY SUPPLEMENTS TO FIT YOUR LIFESTYLE



**Thank You For Voting Us
The #1 Health Food Store
In Perry County!**

- Whole Food Multi-Vitamin & Minerals
- Unique Herbal Blends
- Enzyme & Probiotic Formulas
- Stress Reduction
- Weight Loss Formulas
- Health Food Including Gluten Free Items
- Essential Oils
- Iridology Available

Herbs & Health Care Inc

1417 Main Street • Tell City, IN • **812-547-8788**

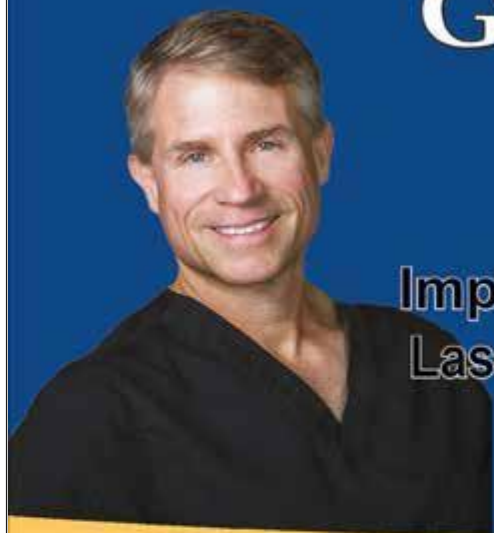
**Open Monday-Friday 8:30AM - 4:30PM
Saturday 8:30AM - 12:00PM**

Email Us At: HerbsAndHealth@sbcglobal.net

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