

Free Meals for Students During the Summer

Palm Beach County School Food Service will continue to distribute free meals during the summer, beginning on Tuesday, June 22 at select locations. More distribution locations will be added on Monday, June 28.

There is no food distri-

bution during the week of June 14, and food will not be distributed from August 1-9. Regular meal service for students at school will begin again with the start of the 2021-2022 school year on August 10.

All sites with summer school or summer pro-

grams will be open for children (or parents/guardians of the children), 18 years of age and younger to receive a breakfast and/or lunch for free each day.

Distribution times and meals depend on the location. Schools that are listed with the same time of

distribution for breakfast and lunch will be providing both meals at that time.

A child does not have to be present to pick up meals. However, one of the following forms of identification is required to receive meals at the food distribution sites: Student ID Badge, Student Barcode Letter (that can be found in the child’s student portal), Passport, Birth Certificate, or Library Card.

The adult picking up the meals can also bring a picture that has themselves and the children for whom they are picking up food, in the photo. For the safety of the staff, facial covering or mask is required when picking up meals at any school food distribution site.

Meals may contain allergens. Adults picking up the food are asked to be vigilant and ensure they do not take food if allergies may be a concern. Food should be refrigerated or discarded if not consumed upon receipt.

The following is a list of local schools distributing free meals:

Barton Elementary, June 22 to July 23, 8:00-8:30 & 11:00-11:30, Monday-Friday.

CO Taylor Elementary, June 22 to July 30, 7:30-8:30 & 11:00-1:00, Monday through Friday.

Diamond View Elemen-

tary, June 22 to July 30, 7:30-8:00 & 11:00-12:00, Monday-Friday.

Forest Hill High, June 28 to July 22, 7:30-8:00 & 12:00-12:30, Monday-Friday.

G-Star Charter School of the Arts, June 22 through July 6, 8:30-9:00 & 8:30-9:00, Monday through Thursday.

Greenacres Elementary, June 22 thrugh July 30, 7:30-8:30 & 11:30-12:00, Monday through Friday.

Heritage Elementary, June 22 thrugh July 27, 8:00-8:30 & 11:00-12:00, Monday through Friday.

Highland Elementary, June 22 through July 30, 7:30-9:00 & 11:00-12:30, Monday through Friday.

J.I. Leonard High, June 22 through July 22, 7:30-8:30 & 11:30-12:30, Monday through Thursday.

L.C. Swain Middle, June 22 through July 22, 7:30-8:00 & 12:00-12:30, Monday through Thursday.

Lake Worth High, June 22 through July 22, 7:30-8:30 & 11:30-12:30, Monday through Thursday.

Lake Worth Middle, June 28 through July 22, 7:30-8:00 & 12:00-12:30, Monday through Thursday.

Lantana Elementary, June 22 through July 30, 8:00-8:30 & 11:30-12:30, Monday through Friday.

Lantana Middle, June

28 through July 22, 7:45-8:15 & 11:30-12:00, Monday through Thursday.

North Grade Elementary at Highland Elementary, June 22 through July 30, 7:30-8:30 & 11:00-12:30, Monday through Friday.

Palm Beach Maritime Elementary, 6/22 through July 23, 7:30-8:00 & 11:00 - 12:00, Monday through Friday.

Palm Beach Maritime High, June 22 through July 7/22, 8:30-9:00 & 8:30-9:00, Monday through Friday.

Palm Springs Elementary, June 22 through July 30, 8:00-8:30 & 11:00-11:30, Monday through Friday.

Palm Springs Middle, June 22 through July 22, 7:30-8:00 & 12:00-12:30, Monday through Thursday.

Royal Palm School, June 28 thrugh July 22, 8:45-9:45 & 10:50-12:45, Monday through Thursday.

Santaluces High, June 28 through July 22, 7:30-8:00 & 11:30-12:00, Monday through Thursday.

South Grade Elementary, June 22 through July 30, 7:30-8:30 & 11:30-12:30, Monday through Friday.

Tradewinds Middle, June 22 through July 22, 7:30-8:00 & 11:30-12:30, Monday through Thursday.

PBC Rent/Utility Asstistnce Portal Open

The Palm Beach County Community Services Department (CSD) has opened its online portal for emergency rent and utility assistance. Renter households with at least one individual who has experienced a loss of income either directly or indirectly due to COVID-19 may qualify for assistance. Households must be at or below 80 percent of the Area Median Income to be eligible. Individuals who qualify for unemployment, can demonstrate a risk of homelessness or housing

instability and/or have incurred significant costs due to COVID-19 may also be eligible.

Electric assistance is also available to households that have not been financially impacted by COVID-19.

All applicants impacted financially by COVID -19 must present the following documentation in order to apply for rental and/or relocation assistance:

- Evidence of COVID-19 direct or indirect impact
- Evidence of risk of homelessness or housing

instability

- Evidence of income eligibility
- Valid government issued ID
- Social Security Number for all household members.

Applicant will have to provide copy of social security card. Household members may need to provide copy if deemed necessary by the Case Manager.

Rental assistance may be paid up to three months in advance and income must be recertified for each three (3) month period.

For rental assistance, landlords must be registered as vendors with Palm Beach County. Utility assistance is for electric, water, gas, sewer, trash removal and energy costs for eligible rental households only.

Applicants must submit the correct information along with all required documentation to expedite approval. Applications will be prioritized for clients who are below 50 percent AMI, facing evictions and currently unemployed.


In-person assistance and mobile outreach are available for individuals who:

- Lack computers or internet connection; or,
- Lack the skills needed to use a computer; or
- Have language barriers or developmental disabilities; or
- Are facing other barriers that prevent them from accessing the online application portal for rental assistance.

To view a detailed list of eligibility requirements and/or about the mobile outreach schedule call (561) 355-4792 or visit www.RentalAssistancePBC.org

Car Clinic

By Jorge Goyanes Car Clinic



So what I have discovered purely by experience in the used car business is that even some of the vehicles for sale in the “By owner” listings in the classified sections of newspapers and online like Craigslist is that some of the listings are not by the original car owner but by someone that has bought the car to sell or is a “middleman” for a seller.

Nothing wrong with that, after all America is built on buying and selling for profit but you should be crystal clear on what and who you are. So I have started asking the car owners if they are indeed the owner and not a middleman.

I prefer to deal with the original owner in order to ask the history of the vehicle

in question although I am usually armed with a Carfax report I have obtained prior to meeting.

For example a recent meet for a car I searched for a customer, I discovered the “seller” was a middleman for an auto repair shop. He said the car had two owners. I corrected him when I showed him the Carfax which showed there were in fact four previous owners.

This showed me he had not done his due diligence. He did not even know the vehicle had a minor accident reported so he looked foolish, which allowed my customer to ask and receive a \$500 discount off the asking price.

It’s your hard earned money, protect your investment.

FDOT Future Upgrades For LWB Dixie Hwy

The Florida Department of Transportation (FDOT), District Four has provided information regarding the future improvements along SR 805/Dixie Highway from eastbound SR 802/Lake Avenue to westbound SR 802/Lucerne Avenue.

Proposed Improvements include:

- Installing new traffic signals at the intersections of SR 802/Lake Avenue and

SR 802/Lucerne Avenue

- Installing a flashing yellow arrow for all left turns at the intersections
- Upgrading pedestrian signal features
- Reconstruction of sidewalk affected by mast arm and light pole installation
- Upgrading lighting at the intersections

Construction Impacts:

- Construction will be allowed on one corner at a time

- No full roadway closures are anticipated
- All lane closures will occur during non-peak hours
- Access to businesses and residents will be maintained at all times during construction

Construction is slated to begin Spring 2022 with an anticipated completion date of Fall 2022 along with an estimated construction cost of \$1 million.

Florida Blue Offers Free Grief Counseling

Florida Blue, in partnership with New Directions Behavioral Health, is offering a free grief counseling hotline to anyone in need of emotional support following the recent shooting tragedies in South Florida. The hotline is open 24-hours a day to the entire community at no cost and will connect callers with trained, caring professionals who can help.

The toll-free helpline connects individuals with specially trained behavioral health counselors who can assist anyone experiencing

feelings of stress, anxiety, trauma and grief and in need of immediate support.

24-Hour Toll-Free Helpline can be reached at 833-848-1762.

Licensed clinicians are available to speak to anyone in South Florida free of charge in both English and Spanish. The services are free to all Floridians, including those who do not have insurance or have coverage with another health plan and will be available as long as they are needed.

“Our community has

had its fair share of tragedy, but these past few weeks have been particularly difficult. When tragedies like we have seen happen, it can bring up a range of emotions such as anger, guilt, anguish, or even hopelessness,” said Penny Shaffer, Florida Blue Market President, South Florida. “Everyone processes tragedy in their own way, and we want to offer a resource to the South Florida community to help address their feelings after these tragic events.”

Free SAT, ACT Prep for PBC High School Students

High school students in Palm Beach County will now have access to free SAT and ACT preparation tools, thanks to a partnership between the School District and UWorld.

The collaboration is designed to provide high school students with research-based preparation strategies that improve engagement, retention, and critical thinking skills. The active learning pro-

vided through the UWorld platform will help students recall critical concepts on exam day.

The program also allows students to practice and prepare throughout the summer, including a pre and post self-assessment to help them monitor their progress toward college readiness. Students can activate a free UWorld subscription by going to www.surveymonkey.com/r/DTNNBXH. When registering, students will specify either SAT or ACT exam prep.

After registering, the student will receive an email from UWorld to guide them through the redemption process.

Once a subscription has been activated, the student will have access to UWorld SAT and ACT preparation tools until September 30.