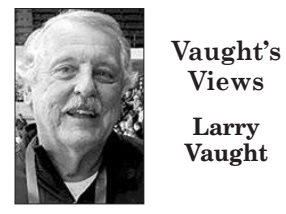


UK to face #1 Georgia Saturday



Vaught's Views
Larry Vaught

Kentucky will play at No. 1 Georgia Saturday afternoon and both ESPN Gameday and SEC Nation will be on hand for the game that will likely decide who wins the SEC Eastern Division. Both teams are unbeaten — the only SEC teams without a loss — and it will be the first time No. 11 UK has ever been part of a game in

which both teams had at least a 6-0 record. Three years ago No. 9 Kentucky faced No. 6 Georgia for the SEC East championship at Kroger Field and the Bulldogs won 34-17. Linebacker DeAndre Square, UK's leading tackler, remembers that game and insists it will be different this week. "We had a nice amount of star power (in 2018). but I don't feel like we were ready for the moment. I feel like we'll be ready for this moment. It's a big week. The guys are ready," Square said after UK beat LSU 42-21. Former all-SEC running back Anthony White believes Georgia might be more apprehensive about the game than Kentucky. "Georgia is probably more scared. We know how good Georgia is. We don't even know yet how good we are," White said. "Georgia knows about our pushing and shoving (running game) but now they have to wonder what else they have after the LSU win. We closed out that win against good SEC athletes." Kentucky junior running back Chris Rodriguez, the SEC's leading rusher with 759 yards

(6.3 yards per carry), had 147 yards and one touchdown on 16 carries against LSU and also caught a touchdown pass. "We know what we have planned next weekend. We like to say we have a 24-hour rule, like yeah we just had a great win, but once the 24 hours are up, it's on to the next one," Rodriguez said. "I'd say everybody is clued into what we want to do, and everybody wants to win. It's a player-led team, and rather than the coaches having to get us hyped or anything, I feel like we know what we've got to do to win."



UK Athletics photo

Linebacker DeAndre Square (5) insists UK can play with Georgia Saturday, something it could not do in a similar position three years ago.

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Houchens and Ferguson added their second touchdowns of the night and Jullian Seymour scored on a 34-yard run. Seymour and Ferguson both went over the century mark in rushing yardage, picking up 107 and 103 yards, respectively. Kelson McKinney was not far behind with 91 yards rushing. With Ferguson converting two of the two-point conversions, the Dragons built a very comfortable 28-point lead heading into the second half, despite a significant number of penalties in the second period. "During the game," Phelps said, "we tried to work on some new things and maybe we should have just done what we do well and put some more points on the board, but we were trying things

which resulted in some penalties. Some of our kids were getting experience in situations that were new to them and that cost us some penalties. However, none of the penalties were unsportsmanlike conduct because we have worked on how we conduct ourselves on the field." No one scored in the third quarter despite Green County moving the ball down the field. Logan Slinker stopped a Warren Central drive with an interception in the third period. Warren Central scored in the fourth quarter to make the score 34-14 and was driving the ball again when McKinney intercepted a pass and returned the ball 50 yards for a touchdown to push the score to 42-14 after Seymour converted on the two-point play. Just before time ran out, Warren Central added another touchdown to make the final score 42-20. Defensively, the

Dragons were led by a quartet of players. Nathan Davis, Noah Grey, Houchens and McKinney each had six tackles. Two of Grey's tackles were quarterback sacks. Green County leads the state in Class 2A with a total of 27 sacks. Grey is second in the state in Class 2A with a total of eight QB sacks. As a team, the Dragons are near the top in several categories in Class 2A with several individual players near the top. Phelps, who is in his first year at Green County High School, was appreciative of the fans who went to Bowling Green Friday night for the Warren Central game. "We easily had three or four times as many fans as Warren Central," Phelps said, "and it's always nice to have community support. I know it was Fall break week and people had other places they could have been that night. We had our whole team there, even our players who don't get a lot of playing

time were there for the game." The Dragons' next game is at Edmonson County, Friday night. This is their third district game and a win in this game will guarantee a first round home game in the playoffs for Green County. Edmonson County is 0-7 and is the lowest rated team in Class 2A. "This week we will focus on us and what we do well and just try to improve on that, rather than looking at other teams," Phelps said. The playoff picture is just now beginning to take shape. The Dragons have two remaining district games, both on the road, against Edmonson County and Metcalfe County. Green County is 2-0 in the district and Metcalfe is 3-0, having played all their district games except for the game against the Dragons. "It's awesome to be rated where we are," Phelps said, "It's all fine and dandy but we will just take it a game at a time. Eventually, if you keep winning in the playoffs, you play the best teams in the state." Green County does not return home until the final regular season game on October 29 against Todd County Central.



The defense tries to strip the ball away from Kelson McKinney, who had 91 yards rushing, 11 yards receiving and turned an interception into a 50 yards touchdown.



Dr. H. Keith Spears, current Interim President of Campbellsville University, presents Gracie Parrott with her NAIA championship ring. Pictured are the Mid-South Conference Championship ring, which Parrott also achieved in the 2020-2021 season, and the NAIA Individual National Championship ring.

Parrott

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She also earned the honor of All-Tournament Team as one of the top 15 individual players in the tournament. Parrott was also named an NAIA All-American shortly after her NAIA Individual National Championship. Parrott joins Cassidy Scantland Decker as the lone All-Americans in program history and also Scantland and Lauren Scholl (2006) as the only three to win a conference title along with qualifying for the NAIA Championship. Scantland won the individual MSC title twice (2014 and 2016) while



CU Photo by Brett Pierce

Scholl won in 2006. Their best finish at the NAIA Championship was 34th.

Prepare yourself financially for illness ... just in case

All of us hope to live long, healthy lives, so we do what we can to take care of ourselves through proper diet, exercise and avoiding unhealthy activities. However, none of us can predict our future, so it pays to be prepared for anything – including a serious physical illness or the onset of some type of mental incapacity, such as Alzheimer's disease. Of course, you may never face these infirmities, but you should be aware that they could upset your long-term financial strategy and place considerable stress on your loved ones. What steps can you take to head off these threats? First, make sure you know what your health insurance covers and how much you might have to pay out of pocket for treatment of illnesses such as cancer or kidney ailments. If you're on Medicare (supplemented with Medigap) or Medicare Advantage (Medicare Part C), you'll want to know all about deductibles, copayments and coinsurance. However, if Alzheimer's or another type of dementia is involved, Medicare may not cover the costs that could be incurred in an assisted living facility, so you may want to consult with a financial advisor, who can suggest ways of protecting yourself from long-term care costs, which can be quite high. Your next move is to make sure you have adequate liquidity. It's hard to predict how many out-of-pocket costs you could incur when coping with a serious illness, but it's a good idea to have enough cash readily available, rather than dipping into your 401(k) or other retirement accounts. So, if you're retired, you might want to keep up to a year's worth of living expenses in a liquid, low-risk account. Here's another important step: Update your estate plan. Hopefully, if you have a serious illness, you'll be able to recover. But it's



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still a good idea to review your estate plan to ensure everything is in order, such as your will and your living trust, if you've created one. If you've kept up your life insurance, you'll also want to ensure your premiums are still being paid. And don't forget to review your beneficiary designations on your 401(k), insurance policies and other financial documents, since these designations can supersede the instructions in your will. As part of your estate planning, you may want to include a durable power of attorney for finances, which allows you to name someone to manage your financial affairs if you become incapacitated, and a durable power of attorney for health care, which lets you name someone to make medical decisions for you if you're unable to do so yourself. You may also create a health care directive or living will to express your wishes if you don't have a power of attorney for health care, or the person named in a power of attorney for health care can't be reached in an emergency. And since estate planning can be complex, you'll certainly want to work with a legal professional, and possibly your tax and financial advisors, as well. You might think it's somewhat grim to prepare yourself financially in case you become seriously ill or if your life is touched by Alzheimer's or another mental infirmity. But it's a positive move – you're protecting yourself and your loved ones from whatever life may throw at you.

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