

Healthcare workers, elderly first in line to receive COVID-19 shots

Estimated Start Date	Phase	Qualifying Groups by Priority
In Progress	Phase 1a	<ul style="list-style-type: none">•All Healthcare Personnel•Long-Term Care Facility Residents
Mid-January 2021	Phase 1b.1	<ul style="list-style-type: none">•Persons aged 75 years and older•First Responders (e.g., fire, police); K-12 Teachers/Staff; College/University Teachers/Staff; Child-Care Workers; Corrections Officers/Staff; Congregate Settings Workers
February 2021	Phase 1b.2	<ul style="list-style-type: none">•Food and Agriculture Workers, U.S. Postal Service, Manufacturing, Grocery Store and Public Transit Workers
	Phase 1c.1	<ul style="list-style-type: none">•Persons aged 65 years and older•Persons aged 16-64 years with high risk medical conditions
March 2021	Phase 1c.2	<ul style="list-style-type: none">•Persons aged 16 years and older in Congregate Settings and Correctional Facilities•Other essential workers as defined by CISA Guidance on the Essential Critical Infrastructure Workforce

Pictured above is the proposed schedule from Mississippi State Department of Health on the estimated time-line of COVID-19 vaccinations.

Staff Report As the state receives its COVID-19 vaccine allocations, Mississippi State Department of Health will be providing COVID-19 vaccinations based on the current phase(s). The website, <https://covidvaccine.umc.edu/>, will be used to schedule vaccine appointment sat an MSDH vaccination drive through facility. The state of Mississippi is currently giving COVID-19 immunizations for the following :

- All Healthcare Workers and EMT / paramedics
- Persons age 75 or older

“Mississippi’s vaccination phases balance the protection of those most at risk from COVID-19 with those who maintain essential functions of the community,” according to a MSDH announcement. “We are currently in Phase 1a, vaccinating healthcare workers and long-term care residents and staff. Healthcare workers include a broad range of physicians, nurses, and clinical and facility staff in any setting where COVID-19 exposure is a risk.”

IMPORTANT NOTES:

- The COVID-19 vaccination is a two-dose series. You must schedule an appointment for your second dose
- 28 days from the day you received your first dose.
- The COVID-19 vaccines (Pfizer and Moderna) are not interchangeable. The second



I Miss My Mind

“Of all the things I miss, the thing I miss the most is my mind.” The first time I heard this quote by Lotus Weinstock I chuckled in amusement. As I begin to enter my 60’s, it isn’t quite so funny any more. Lately I have been questioning my ability to remember and recall things. Remembering a person’s name or why I walked into a certain room in the house can send me into a real tailspin. If I go to the grocery to pick up three items and inadvertently pick up something extra, I will forget that third item.

With this in mind, I can’t help but wonder how I can remember every single word to songs of my youth. Last week-end, Steve and I were listening to the radio while taking an afternoon truck ride and I realized that I can still remember every word to Don McClean’s “American Pie,” Lynyrd Skynyrd’s “Free Bird” and Led Zeppelin’s “Stairway to Heaven”. Songs from the Seventies are still with me, but I can’t remember why I walked into the kitchen until I retrace my steps.

Long term memory must be my strong suit. Several of my friends will tell me that they can’t believe all the things I can remember that happened years and years ago. I often receive calls and

dose in the two-dose series must be the same manufacturer/type of vaccine as the first

Please schedule your second dose of COVID-19 vaccine in the two-dose series must be the same manufacturer/type of vaccine as the first

Hyde-Smith announces nearly \$200 million for COVID-19 testing, vaccination activities in Miss.

CDC funding tied to Appropriations and Pandemic Response Package approved in December

Press Release

U.S. Senator Cindy Hyde-Smith (R-Miss.), a member of the Senate Appropriations Committee, announced on Friday, January 8, the award of almost \$200 million to Mississippi from the Centers for Disease Control (CDC) to support COVID-19 testing and vaccination-related activities. The allocation of \$171.3 million for testing and \$26.8 million for vaccination activities in Mississippi is drawn from the FY2021 appropriations bills and targeted pandemic relief package approved by Congress in late December.

“We all recognize ongoing stress caused by the coronavirus pandemic on our hospitals, health workers, and importantly the lives of all Mississippians. This initial \$198 million from the most recent COVID-19 response package will help us with testing and the distribution of the vaccines that can help us control this virus,” Hyde-Smith said.

The \$171,302,324 will support testing, contract tracing, containment, and mitigation to monitor and suppress the spread of COVID-19. Another \$26,892,045 will support a range of COVID-19 vaccination activities in Mississippi.

diced tomatoes, undrained

1/3 cup chopped fresh cilantro

1 ½ Tbsp. ground cumin

1 ½ Tbsp. ground coriander

1 ½ Tbsp. chili powder

1 ½ tsp. fresh lime zest

In a large Dutch oven, heat olive oil over medium-high heat. Add chicken, garlic, 1 tsp. salt and pepper; cook for 10 – 12 minutes, stirring frequently, until browned. Add onions, bell peppers, jalapeno peppers and cook for 10 more minutes. Add chicken broth, tomatoes, cilantro, cumin, coriander, chili powder, lime zest and remaining ½ tsp. salt, stirring to combine. Simmer, uncovered, for 1 hour, stirring occasionally.

CHEESEBURGER in PARADISE SOUP

6 medium potatoes, peeled and cubed

1 small carrot, grated

1 small onion, chopped

½ cup chopped green pepper

2 Tbsp. chopped, seeded jalapeno pepper

3 cups water

2 Tbsp. plus 2 tsp. beef bouillon granules

2 cloves garlic, minced

1 tsp. black pepper

2 pounds ground beef

½ lb. fresh mushrooms, sliced

2 Tbsp. butter

5 cups milk, divided

6 Tbsp. flour

1 (16 oz.) pkg. Velveeta cheese, cubed

Crumbled cooked bacon

Combine the first 9 ingredients in a soup kettle and bring to a boil. Reduce heat; cover and simmer for about 20 minutes or until potatoes are tender. Meanwhile, in a large skillet, cook beef and mushrooms in butter until meat is no longer pink; drain well. Add to soup; stir in 4 cups milk and heat through. In a small bowl, combine flour and remaining milk until smooth; gradually stir into soup. Bring to a boil; cook and stir for 2 minutes, or until thickened. Reduce heat and stir in cheese until melted. Garnish with bacon.

PHILLY CHEESESTEAK SOUP

¼ cup olive oil

2 large yellow onions, sliced into 1/2-inch strips

4 large green bell peppers, sliced into ½-inch strips

1 Tbsp. minced garlic

3 pounds top round steak, sliced into 1 x ½-inch pieces

2 quarts beef broth

2 cans beef consomme’

2 tsp. salt

1 tsp. black pepper

1 ½ tsp. chopped fresh thyme

Toasted French rounds

Shredded Swiss cheese

In a large Dutch oven, heat olive oil over medium-high heat. Add onions, bell peppers and garlic; cook for 10 minutes, stirring frequently. Add steak and cook for 10 more minutes, until browned. Add beef broth, consommé, salt and pepper; stirring to combine. Bring to a boil; reduce heat to medium low and simmer, uncovered, for 2 hours or until meat is tender – stirring occasionally. Add thyme, simmer for 5 minutes more. Ladle soup into oven-proof bowls, top with toasted French rounds and shredded cheese. Broil inches from heat for 3 minutes, or until cheese is browned and bubbly. Serve immediately.

Lee Ann Fleming is a Holmes County native, food columnist and has garnered fame for her recipes featured in the film, **The Help. Fleming can be reached at lafkitchen@hughes.net.*



Yard & Garden Service

36 Years Experience - Dependable
Commercial, Residential,
Cemeteries, etc.

Firewood
Leaf Raking

Bo Patterson

Free Estimates

We do Trenching for Water Lines.

*** We Specialize in Grass Planting & Lawn Preparation.**

125 Victor St., Durant 601-416-0069 662-633-2379
(Anywhere in Holmes County)

CASH PLUS

TITLE PLUS

205 Tchula St., Lexington, MS
(across from Double Quick)
662-834-9045

Payday Loans up to \$400.00
Title Loans up to \$2,500.00

WE DO 30 DAY LOANS!!!
NO Credit Check

Refer a friend, earn a free \$20.00!