

Holmes Goodman Campus announces 2021 Hall of Fame



Pictured are the 2021 Goodman Campus Hall of Fame inductees. They are (left to right) Delancy Anderson, Noah Burton, Jenson Williams and Jon Parker Jones.

News Release

Each year, Holmes Community College faculty and staff members select the winners for the prestigious Hall of Fame. This year, the Hall of Fame inductees from the Goodman Campus included: Delancy Anderson of Yazoo City, Noah Burton of Goodman, Jon Parker Jones of Kosciusko and Jenson Williams of Benton.

Delancy Anderson

Anderson is a pre-veterinary medicine major who has been on the President's List every semester. She is also a Dean's ACT Scholarship recipient, Cheerleading and Scholarship recipient, Freshman Cheer Award recipient and winner of the Scholar Athlete Award for 2019-

2020. Anderson was voted a Class Favorite as both a freshman and a sophomore. She is active on campus as a cheerleader, Phi Theta Kappa member, MOSAIC member and Baptist Student Union member. Anderson is also part of Ebenezer Baptist Church Connect. Her community involvement/service includes: Deep South Cheer Competition staff, MOSAIC Student Support Services tutor, math and chemistry tutor/work-study, Holmes Cheer Stunt Clinic staff, Special Olympics staff, Major Experience volunteer, Freshman Friday volunteer and volunteering for the Goodman Tobacco Free Coalition - College Chapter.

Her plans upon gradu-

ation from Holmes are to transfer to Mississippi State University to complete her undergraduate studies in pre-veterinary medicine. Anderson plans to apply to MSU's Doctor of Veterinary Medicine program with the hopes of being selected as 1 of the 31 students accepted. To ensure she has chosen the right field for her, Anderson has shadowed her local veterinarians in Yazoo City and Flora.

Noah Burton

Burton, a kinesiology major, is a President's List Scholar and member of Phi Theta Kappa. He is also active on campus as a Holmes Ambassador and member of Coachmen and the Chorale. Off campus, Burton helps

with various outreach programs provided through his church, Main Street Baptist, such as leading the outdoor recreational activities during Vacation Bible School (VBS) and taking fruit baskets to the elderly during the Christmas holidays.

Following graduation from Holmes, Burton will attend Mississippi State University to earn an undergraduate degree in kinesiology with an emphasis in neuromechanics. After finishing at Mississippi State, his plans are to further his career by seeking a doctor of physical therapy degree.

Jon Parker Jones

Jones, a biomedical engineering major, is a Holmes cheerleader who was named Most Coachable Athlete, Freshman Class Favorite and a Holmes Scholar Athlete. He is also a Board of Trustees ACT Scholarship recipient and made the President's List every semester at Holmes. Jones is president of Phi Theta Kappa and served as vice president of college projects for PTK his freshman year. He was also a Holmes Ambassador his freshman year, and is a member of Holmes Plus, Baptist Student Union and the Social and Behavioral Sciences Honors Program. Jones also serves as a chemistry lab assistant.

His community involvement includes: Special Olympics in Grenada volunteer, Holmes Cheerleader Stunt Clinic staff, Deep South Spirit Competition volunteer, Freshman Friday volunteer, Major Experience volunteer, MC^2 tutor,

Shepard's Touch volunteer, Vacation Bible School group leader, Kids Now group leader, Discipleship Now volunteer, Holmes Cleanup Day volunteer, Beautiful Feet Homeless Ministry volunteer, Love Mission's volunteer and Helping Hands volunteer. He has also shadowed a local doctor in his hometown to gain experience.

Upon graduation from Holmes, Jones plans to attend Mississippi State University to pursue a bachelor's in biomedical engineering. He has been accepted into the Bagley College of Engineering and he also plans to apply to be a Roadrunner as well as tryout for the cheerleading team. After obtaining his bachelor's degree, Jones would like to go to medical school at The University of Mississippi Medical Center. He would like to go into pediatrics and eventually live and work in his hometown as a pediatrician.

Jenson Williams

Williams is an elementary education major specializing in history and science. Her honors include: 2020 English Composition Award, first place in 2020 Holmes Writing Competition, 2020 Most Valuable Crowd Leader for Cheer, President's List freshman year and recognition as a Scholar Athlete. In addition to being a Holmes cheerleader, Williams is also a member of Phi Theta Kappa, Student Support Services and the Honors Social and Behavioral Science Class.

Her community involvement includes: representing Holmes as a cheer try-

out judge/recruiter/clinic instructor in surrounding areas, representing Holmes Cheerleading as a performer and information table volunteer at Major Experience, volunteering at the Special Olympics in Grenada, working at several Deep South cheer competitions, representing Holmes at Cruisin' for a Cure and participating in stunt clinics and open gyms. After graduating Holmes, Williams plans to attend Delta State University to earn a bachelor's degree in elementary education. She would also like to earn a master's in special education and become a teacher who students look back and thank for the time and effort put into her career.

For more information on Holmes Community College, visit www.holmescc.edu.

Bridal Registry

Lily Fran McCrory
Rosario Guastella
May 22

Riley Angell
Aaron Goldman
August 1

Peoples Drug Store

Court Square 834-2721 Lexington



Living With Children

By John Rosemond

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Concerning my prior use of the word "addiction" in association with smart phones and children (including teens), some people think I am speaking figuratively. To set the record straight: No, I am speaking quite literally.

When the addiction in question is to a substance, as in an opiate, there is both a psychological and physical component. During withdrawal from an addictive substance, both components come into play. The individual's thoughts and emotions are in disarray and the person suffers physiologically as well. When most people think in terms of an addiction, that is their mental picture.

But addictions can develop in response to things other than chemical substances - smart phones, video gaming, certain forms of enabling, and so on. When withdrawal from a non-chemical addiction is forced, the addict's psychology is disrupted, but physiology generally does not come into play. In these cases, the addict may become highly anxious, depressed, or aggressive. It cannot be overstressed: the fact that withdrawal does not include a

physiological manifestation does not mean the person was not literally addicted.

My thoughts along that line were prompted by a mother recently telling me that when she confiscated her teenage daughter's smart phone, the girl "went insane." She attacked her mother - hitting, scratching, knocking her to the ground, and drawing blood in the process. She stopped when police arrived. The mother's words: "I thought she was trying to kill me." Mom is, by my estimation, a fairly level-headed individual, by the way.

I have heard several dozen similar stories involving children as young as ten. In addition, I've heard of children attempting suicide, going berserk and destroying property both in their rooms and the general living space of the family (breaking windows, ripping televisions off the wall, smashing plates and glasses, and so on), and disappearing for days on end - all in response to having their smart phones confiscated, and all symptomatic of literal addiction.

Smart phone addiction is not limited to children and teens. The other day, my wife

and I were seated in a restaurant in Charleston, South Carolina, when a party of three women looking to be in their late twenties or early thirties were seated nearby. Immediately, two of the women took out their smart phones and began scrolling, tapping, and staring while the third woman sat by, patiently waiting for her friends to return from outer space, which took about five minutes. Smart phones are not only addictive; they have given rise to a new form of disrespect.

To be clear, I am talking about so-called "smart" phones that access the Internet. I have no problem with a teen having a phone that does nothing but make and receive calls and texts, but a parent has yet to give me a good reason for providing a child or teen with a smart phone, unless, that is, "I don't want him to be the only kid in his peer group who doesn't have one" is a good reason. It's not, by the way. It's the dumbest of all the dumb reasons.

Many of these parents tell me their kids don't treat them with respect. Right! People who are being enabled do not ever respect the people who enable them. Why should they?

Family psychologist John Rosemond: johnrosemond.com, parentguru.com.

Congratulations Coach Jonathan Boyd on your induction into the Holmes Community College Sports Hall of Fame 2021



**We are so proud of you!
We Love You, We Miss You!
Love Always,
Your Entire Family**