

# Happy Birthday

**May 6** - Walterine Hodge, Scharleen Horton, Tara Howell, Peter Belk, Derrick Coleman

**May 7** - Rosie B. Rule, Angela Hodges Lamey, Kathy Jones, Joseph Jones, Patrick O'Neal-Mitchell, Pauline Hathcock

**May 8** - Louis Jordan, Nate Killebrew, Alex Sizemore, Linda Bowie, Flora Banks, Cecil Hammett, Eric Stewart

**May 9** - Andrea Dozier McCrory, Jessie Meeks, Doris Brown, Jase Burwell, Bill Causey, Rose Amanda Brooks Ginn

**May 10** - Justin McLellan, Paul Warren Winstead, Eli Jones, Rosie Lee Jefferson, Suzanne Grayson, Sarah Miller, Jonathan Melton, Jean Hoover

**May 11** - Doristeen Brown, Julie Ellison, Ben Courts, Diana Barrett

**May 12** - Clarence Pierce, Will Atkinson, Willie Hodges, Reann Nichols-Hanks

## Living With Children

By John Rosemond  
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Q: My 5-year-old continues to throw tantrums when he doesn't get his way. His father and I are divorced. I have primary custody. He is with his dad every other weekend, basically. My ex has very poor emotional control and I'm concerned that our son may have inherited that from him. When he throws a tantrum, I make him sit in a "tantrum chair" in the living room, some-

thing I read about in one of your books. It sometimes takes him nearly an hour to fully calm down. Is there anything else I can do to help him get control of himself or should I just stay the course? I'm thinking five years old is too old for tantrums and that there may be more going on with him than I'm aware of.

A: Sixty-plus years ago, it was "unheard of" for a child older than 36 months to still be throwing tantrums; today, it isn't the norm, but it's not unusual either. The difference is due to sea changes in childrearing practices that have taken place since the 1960s, the two most significant of which have been (a) a shift from adult- to child-centeredness in the family and (b) a change in focus from instilling citizenship values to making children happy.

As the result of demonizing (by the media and mental health professional

community) and all-but abandoning traditional child-rearing attitudes and practices, behaviors associated with the so-called "terrible twos" – tantrums, defiance, impulsivity, separation anxiety – continue to occur past toddlerhood and sometimes well past. In other words, I doubt there's more going on here than meets the eye.

A tendency toward emotionality may be heritable to some extent, but even if that is the case, emotional control can be taught. Behavioral predispositions are exactly that: predispositions. Unlike physical characteristics, they aren't written in stone. So, for example, you can't change a child's eye color, but a tendency toward shyness can be overcome.

For whatever reasons, your son is having great difficulty accepting what I call the Mick Jagger Principle: You can't always get what you want. (For those readers who suffer from deficiencies in rock 'n' roll knowledge, that is the title of a well-known

## HOMETOWN HERO



Pictured above presenting the Meritorious Service award to Yeoman First Class Randy Jordan (United States Navy) is Brigadier General F. J. Sullivan (U.S. Marine Corps). (Photo submitted.)

**Staff Report**

While deployed to the Middle East (Bahrain) (February 2020 – December 2020) Yeoman First Class Randy Jordan of the United States Navy was awarded the Meritorious Service while serving as the Administrative Supervisor and Assistant Administrative Officer, Naval Amphibious Force, Task Force 51/5th Marine Expeditionary Brigade. His direct intervention in complex pay

and entitlement matters was instrumental and allowed TF 51/5 personnel to stay focused and execute mission objectives in support of maritime operations. Additionally, while deployed Yeoman First Class Randy Jordan obtained the "Enlisted Fleet Marine Force Warfare Specialist Ground Combat Element" which is known to be one of the highest military warfare insignia. By his unwavering commitment, personal initiative, and dedication to duty, YN1 Jordan reflected great credit upon himself and upheld the highest traditions of the United States Naval Service.

YN1 Jordan was born and raised in Lexington, MS. He graduated from J.J. McClain High School in 2002 and has been serving in the U.S. Navy since graduating. He is the son of Robert and Mary Jordan of Lexington.

## Dependency hard for an Independent Woman

I have really missed you, my readers for the past few weeks. Sometimes we become more disabled than we have anticipated, and some things must be put on hold in our lives.

What I thought was a spring to my knee because it was x-rayed the day the accident happened turned out to be a very bad break and we only found out three weeks after the fact. I have had surgery with plates and screws and more steel that now I am sure with my shoulders and now my leg, I will never pass-through airplane security without setting off all kinds of alarms.

One thing I have learned through this latest test is how it is to be TOALLY DEPENDENT on someone else for all your needs. I have not been able to bear any weight on my leg for three weeks now and when I say no weight, I mean no weight! I can get into my wheelchair and travel around my house but there are rooms I cannot get in the doors as they are too narrow, and only one bathroom is accessible.

I have to have someone bring my food, my clothes and anything else I might need. I have slept in a big recliner with my phone in my hand for the past three weeks as this is my only connec-

tion/lifeline to someone, especially at night.

I tell you this to let you know how it is to be totally dependent on someone else. I am a very independent person, and I am used to doing everything for myself and for others, so this has been a shockwave to my system. My husband has been my caretaker, cook, bathroom buddy, bed maker, pill giver, etc.

This will be the first year in many years that I have not planted flowers in our yards and readied our summer house for outside cooking. I sit and look out my windows and see weeds, "funny green, yellow, and all other colors" waving in my beautiful pots in our yards.

I eat, sleep, have a few meltdowns, and start over again, sleep, eat, have a few meltdowns and then I hobble along for a few days. Until you are put in such a position you never know what you or your loved ones are capable of or how they love you enough to take care of your every need. BUT---I am on my way back and for that I am so very thankful. I miss writing my columns to you, my friends. This seems to me to be my way of connection with you all and please know I am at my desk once more and we'll talk more



### Peggy's Take

later.

This is an easy recipe to make even for someone with a broken leg.

Fried Apples – ½ cup cubed butter, 6 medium unpeeled Granny Smith apples, sliced, ¾ cup sugar, ¾ t. cinnamon

Melt butter in cast iron skillet and add apples and sugar and stir well. Cover and cook on low for 20 minutes. Add cinnamon and cook 5 minutes longer. Sprinkle with a little more sugar and may serve with vanilla ice cream OR add a splash of white wine before taking from fire.

*Peggy Sims is a life-long resident of Attala County and columnist.*

**In Loving Memory of...**

**GEORGIA G. CLARK**

"Mama Georgia", our beloved mother, grandmother, advocate and friend, we tell your stories over and over again. We speak your name many days, thanking God that we had you to help us forge our way. Although you have moved to your heavenly home, the legacy of love and faith that you left, assures us we are not alone. So, as we pause to celebrate Mother's Day this year, we will salute your May 10th 98th birthday with joy and God's cheer.

In remembrance, your loving family.

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(USPS 247-680)  
**HOLMES COUNTY HERALD**

Periodicals postage paid at Lexington, Mississippi by Holmes County Herald, Lexington, Mississippi.

POSTMASTER: Send address changes to: Holmes County Herald, P.O. Box 60, Lexington, MS 39095. Published each Thursday at 308 Court Square, Lexington, MS 39095. Telephone 662-834-1151; Fax 662-834-1074; Email hherald@gmail.com; Website www.holmescounty-herald.com

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