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SCHOOL BREAKFAST

Lincoln County Elementary School Breakfast Menu
Mon., March 22 - Fri., March 26

- Monday - Nutri-grain bar, yogurt, tangerine.
- Tuesday - Steak biscuit, apple wedges.
- Wednesday - Honey bun, mandarin oranges.
- Thursday - Maple waffles, peaches.
- Friday - Chicken biscuit, raisins.

All breakfast menus include choice of milk, fruit juice.

Lincoln County Middle/High School Breakfast Menu
Mon., March 22 - Fri., March 26

- Monday - Honey bun, tangerine.
- Tuesday - Steak biscuit, apple wedges.
- Wednesday - Strawberry yogurt parfait, mandarin oranges.
- Thursday - Maple waffles, peaches.
- Friday - Chicken biscuit, raisins.

All breakfast menus include choice of milk, fruit juice.

What's for Lunch?

Lincoln County Elementary School Lunch Menu
Mon., March 22 - Fri., March 26

- Monday - Cheeseburger on bun or pizza, devil fries, lettuce & tomato, honey glazed carrots, pears, fresh fruit assortment.
- Tuesday - Beef tacos w/cheese or pizza, lettuce & tomato, buttered corn, Mexican rice, black beans, salsa, fruit.
- Wednesday - Oven baked chicken & roll or PBJ, macaroni & cheese, steamed broccoli, raw veggies w/dip, fruit.
- Thursday - Deli rollup or pizza, lettuce & tomato, potato wedges, seasoned green beans, fruit.
- Friday - Crispy chicken sandwich or PBJ, lettuce & tomato, whole kernel corn, baked chips, rosy applesauce, fresh fruit assortment.

All meals include a choice of milk, 100% fruit juice.

Lincoln County Middle/High School Lunch Menu
Mon., March 22 - Fri., March 26

- Monday - Cheeseburger on bun or devil fries, lettuce & tomato, honey glazed carrots, pears, fresh fruit assortment.
- Tuesday - Beef tacos w/cheese and salsa or pizza, lettuce & tomato, buttered corn, Mexican rice, refried beans, fruit assortment.
- Wednesday - Oven baked chicken & roll or PBJ, macaroni & cheese, steamed broccoli, raw veggies w/dip, fruit.
- Thursday - Deli rollup or pizza, lettuce & tomato, seasoned potato wedges, carrot sticks w/dip, fruit.
- Friday - Crispy chicken sandwich or PBJ, lettuce & tomato, baked chips, green beans, apple crisp, fresh fruit.

All meals include a choice of milk, 100% fruit juice. Salads offered daily at middle and high school.

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A neighbor suggested I join a community website where people post about restaurant openings and closings, shady repairmen, and snakes. "What kind of snake is this?" The answer is always, "I don't know but it looks poisonous to me."

Forget snakes. I took the bait and signed up. Mostly the neighborhood network is about Spots and Boots, lost dogs and cats, but last week a post caught my eye. A woman had bought a home in the community and she needed some gallant man to take down the old clothesline out back.

Take it down?
How about use it.

Here we are wringing our hands over global warming and feeling guilty about driving fossil fuel burners, and what do we do? We turn our back on the clothesline, a simple, earth-friendly way to dry clothes. My friend, folk artist Harold Branham, summed things up with some nifty verses.

"When life was on the gentle cycle/All you needed was two trees/You could hang your clothes on a line/And let them dry in the breeze/Now it takes two tall poles/With high voltage lines/To dry the clothes that you wear/Because you don't have the time."

How well I remember being sent to fetch dry clothes off the line when a summer storm was blowing in. The cotton shirts were stiff and starchy and smelled like sunshine. What? You say you can't smell sunshine. Sure you can. Gather up some fresh cotton towels and shirts from a day on the clothesline. That airy clean fragrance? That's the sun you smell. But no, we are too good for that today. Now we need fabric softener to get a fresh fragrance. And lint screens. Did you ever see a clothesline create a bunch of lint? I haven't.

Why'd we give up on the clothesline? Was it seeing someone's bloomers flying in the wind like the sail of a seagoing schooner? Was it the occasional dog that pulled Dad's work pants from the line and chewed 'em up good?



Clothesline artwork courtesy of Harold Branham. (Photo by Tom Poland).

Planning, zoning meetings

The City of Lincolnton Planning & Zoning Board meetings for 2021 are scheduled as follows: March 30, April 27, May 25, June 29, July 27, Aug. 31, Sept. 28, Oct. 26, Nov. 30, Dec. 28. These meetings will be held in City Hall at 5:30 p.m. each month if there is an agenda.

Free martial arts classes

The American Legion Post #194, is sponsoring free Martial Arts classes for one month beginning March 2, 2021 at the Legion Ballroom, 1121 American Legion Road, Lincolnton, each Tuesdays at 4 p.m.

Classes are for adults and children of all ages. For older adults, movement classes similar to Tai-Chi (gentle movement) are offered.

The instructors are expert in Taekwondo, Karate, Mix-Martial Arts, Aero-kicks for self-defense. For more information: SRE Taekwondo School of Martial Arts, (706) 452-1801 or (706) 401-2241, email: SRETAEKWONDO@GMAIL.COM.

For more information contact Al Ewing, event coordinator at 661-666-3749 or Joe Kelly, post adjutant at 706-825-2363.

Was it rain that set in for days meaning no fresh clothes? Maybe. Was it the desire to be modern like our neighbors?

I say the latter with a tad of laziness thrown in. We like gadgets and appliances. Stuff that makes work easier. Electric dryers. Blow dryers. Electric can openers. Battery powered blowers. Electric and gasoline weed eaters. Anyone out there remember sling blades? They made no noise and they worked fairly well.

The clothesline. Going, going, gone. Enjoy Harold's art of an institution going the way of some extinct species. Check out too the photo of an old clothesline I stumbled onto at an abandoned home.

Abandoned. Now that's the word we seek. We abandoned clotheslines even though they worked just fine. And yet we complain about the environment and utility bills when the truth is we can do something good for Mother Nature, if we want to.

As for that lady and her new home, I hope some old-timer gave her a pack of wooden clothespins (hard to find) and explained just how to use that line strung across her back yard. In Harold's words, why not put at least a part of her life "on the gentle cycle," something many of us can do ... if we so choose.

Statewide turkey hunting season opens this Saturday

Georgia turkey hunters are practicing their best turkey calls and patterning their shotguns as they get ready for the statewide turkey hunting season opening Saturday, March 20, according to the Georgia Department of Natural Resources' Wildlife Resources Division.

"Statewide reproduction in 2019 was slightly higher than average, which means we should have a fair number of two-year old birds in the woods," explains Emily Rushton, Wildlife Resources Division wild turkey project coordinator. "However, I don't expect harvest to reach the levels it did last year, which was a record harvest for many areas of the state, particularly on public lands."

What can hunters expect across state regions this spring? Harvest in the Ridge and Valley region of the state should remain high, as reproduction was strong in this area. The Blue Ridge Mountain region also saw continued increases in poult per hen, indicating promise of a good harvest. Unfortunately, the Piedmont region of the state, where many of our hunters focus their efforts, saw a drop in reproduction in 2019, indicating fewer adult birds in the woods. Conversely, reproduction in the Coastal Plain was slightly up, which hopefully is a good sign for hunters in the southern half of the state.

With a bag limit of three gobblers per season, hunters have from March 20 through May 15 to harvest their bird(s).

Georgia Game Check: All turkey hunters must report their harvest using Georgia Game Check. Turkeys can be reported on the Outdoors GA app (www.georgiawildlife.com/outdoors-ga-app), which now works whether you have cell service or not, at goutdoorsgeorgia.com, or by calling 1-800-366-2661. App users, if you have not used the app since deer season or before, make sure you have the latest version.

More information at www.georgiawildlife.com/HarvestRecord-GeorgiaGameCheck.

Hunters age 16 years or older (including those accompanying youth or others) will need a hunting license and a big game license, unless hunting on their own private land. Get your license at www.goutdoorsgeorgia.com, at a retail license vendor or by phone at 1-800-366-2661. With many pursuing wild turkeys on private land, hunters are reminded to obtain landowner permission before hunting.

The Georgia Chapter of the National Wild Turkey Federation has donated more than \$6,000,000 since 1985 for projects that benefit wild turkey and other wildlife. The NWTF works in partnership with the Wildlife Resources Division and other land management agencies on habitat enhancement, hunter access, wild turkey research and education. The NWTF has a vital initiative called "Save the Habitat, Save the Hunt," focused on habitat management, hunter access and hunter recruitment.

"Hunters should know that each time they purchase a license or equipment used to turkey hunt, such as shotguns, ammunition and others, that they are part of this greater conservation effort for wildlife in Georgia," said Rushton. "Through the Wildlife Restoration Program, a portion of the money spent comes back to states and is put back into on-the-ground efforts such as habitat management and species research and management."

For more hunting information, visit www.georgiawildlife.com/hunting/hunter-resources.

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