

The Revival of the Victory Garden

By Jennifer Moonsong

During World War I and World War II, the victory garden came to be. Some also called them war gardens.

These wartime gardens were full of fruits, vegetables, and herbs planted at homes across America, to help bolster supplies and create sustainability in troubled times.

They were not, however, solely American. Victory gardens were also planted throughout Canada, the UK, and Germany.

These gardens, encouraged by the governments of each country, we're not only to help families with their food supply, but also to boost morale and give each individual purpose.

Beginning in 2020, with a worldwide pandemic underway, victory gardens, which were thought to be a thing of the past, made a comeback. In 2022, the tradition of old is continuing, and people are planting, enjoying, and preserving food for families. Once only available to people who lived in rule areas, victory gardens are now being planted on patios, in suburban yards, and on city balconies.

If you're looking to jump on the bandwagon for the revival of the victory garden, here are a few tips to get you started.

1. Don't plant food you would normally eat. Stick with things that are tried and true.
2. If possible, pick heirloom seeds, so that the seeds can be kept and planted again in future years.
3. If using heirloom seeds create a see library that can be passed down from generation to generation.
4. Preserve your harvest! Canning and freezing are making a comeback and there are several popular cookbooks that help you pick recipes and methods.
5. Don't forget the flowers. Although these gardens are meant to be purposeful and full of fruits and veggies, pollinators love blooms, and it



This victory garden poster was produced by the US government during World War II, to encourage people to plant gardens to help sustain the food supply.

makes everything more delicious and appealing. Marigolds and Calendulas even help keep the bugs away.

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