

# Health Officials Issue Mosquito-Borne Illnesses Advisory

PALM BEACH COUNTY - The Florida Department of Health in Palm Beach County (DOH-Palm Beach) today advised residents there has been an increase in mosquito-borne disease activity in areas of Palm Beach County. These areas include Pahokee, Belle Glade, west Delray Beach, and west Boca Raton.

Several sentinel chickens have tested positive for Flavivirus infections. The risk of transmission to humans has increased. The Palm Beach County Mosquito Control Division and DOH-Palm Beach continue surveillance and prevention efforts.

DOH-Palm Beach reminds residents and visitors to avoid being bitten by mosquitoes and to take basic precautions to help limit exposure.

To protect yourself from

mosquitoes, you should remember to "Drain and Cover":

**DRAIN** standing water to stop mosquitoes from multiplying.

- Drain water from garbage cans, house gutters, buckets, pool covers, coolers, toys, flower pots or any other containers where sprinkler or rain water has collected.

- Discard old tires, drums, bottles, cans, pots and pans, broken appliances and other items that aren't being used.

- Empty and clean birdbaths and pet's water bowls at least once or twice a week.

- Protect boats and vehicles from rain with tarps that don't accumulate water.

- Maintain swimming pools in good condition and appropriately chlorinated. Empty plastic swimming

pools when not in use.

**COVER** skin with clothing or repellent.

- Clothing - Wear shoes, socks, and long pants and long-sleeves. This type of protection may be necessary for people who must work in areas where mosquitoes are present.

- Repellent - Apply mosquito repellent to bare skin and clothing.

- Always use repellents according to the label. Repellents with DEET, picaridin, oil of lemon eucalyptus, para-menthane-diol, 2-undecanone and IR3535 are effective.

- Use mosquito netting to protect children younger than two months old.

Tips on Repellent Use.

- Always read label directions carefully for the approved usage before you apply a repellent. Some repellents are not suitable for children.

- Products with concentrations of up to 30 percent DEET (N, N-diethyl-m-toluamide) are generally recommended. Other U.S. Environmental Protection Agency-approved repellents contain picaridin, oil of lemon eucalyptus, para-menthane-diol, 2-undecanone or IR3535. These products are generally available at local pharmacies. Look for active ingredients to be listed on the product label.

- Apply insect repellent to exposed skin, or onto clothing, but not under clothing.

- In protecting children, read label instructions to be sure the repellent is age-appropriate. According to the Centers for Disease Control and Prevention (CDC), mosquito repellents containing oil of lemon eucalyptus or para-menthane-diol

should not be used on children under the age of three years. DEET is not recommended on children younger than two months old.

- Avoid applying repellents to the hands of children. Adults should apply repellent first to their own hands and then transfer it to the child's skin and clothing.

- If additional protection is necessary, apply a permethrin repellent directly to your clothing. Again, always follow the manufacturer's directions.

Cover doors and windows with screens to keep mosquitoes out of your house.

- Repair broken screening on windows, doors, porches, and patios.

For more information on what repellent is right for you, consider using the

Environmental Protection Agency's search tool to help you choose skin-applied repellent products: <http://cfpub.epa.gov/op-pref/insect/#searchform>.

The Department continues to conduct statewide surveillance for mosquito-borne illnesses, including West Nile virus infections, Eastern equine encephalitis, St. Louis encephalitis, malaria, chikungunya and dengue. Residents of Florida are encouraged to report dead birds via the Florida Fish and Wildlife Conservation Commission's site - <https://app.myfwc.com/FWRI/AvianMortality/>. For more information, visit DOH's website at [www.floridahealth.gov/%5C/diseases-and-conditions/mosquito-borne-diseases/index.html](http://www.floridahealth.gov/%5C/diseases-and-conditions/mosquito-borne-diseases/index.html) or contact your county health department.

# Health Care District of PBC Offers Training to Prevent Falls

WEST PALM BEACH - The Health Care District of Palm Beach County's Trauma Agency is reminding senior adults, their families and friends about the simple steps that can prevent injuries and even death caused by falls. The week of September 18 is Falls Prevention Awareness Week. According to the Centers for Disease Control and Prevention (CDC), each year in the U.S. one out of four older adults will fall. To educate the community about the ways to prevent falls, the Health Care District invites senior groups, nursing homes and adult communities to request free training by completing this online form:

<https://www.hcdpbc.org/resources/community-event-request>.

"The Health Care District's Trauma Agency plays an important role educating the community about fall prevention," said Belma Andric, MD, MPH, the Health Care District's Chief Medical Officer. "We encourage the community to take advantage of our no-cost, in-person training for seniors and their families."

Between 2000 and 2020, nearly 3,800 people died in Florida as the result of a fall. In Palm Beach County, Florida, patients who fall account for 46% of all traumatic injuries treated within the county's Trauma

System. Over the past 12 months, over 1,700 of those patients were 65 years or older. According to the CDC, each year more than 800,000 older people in the U.S. are hospitalized because of a fall injury, most often because of a head injury or hip fracture. Falling once doubles the chances of falling again.

"As we age, gravity is not our friend," said David A. Summers, RN, CFRN, EMT-P, Trauma Nurse Outreach Coordinator with the Health Care District of Palm Beach County. "Many factors can lead to a fall, such as loss of vision, being off-balance and not lifting your feet. The use of blood

thinners can worsen the outcome of a fall. Many people who fall, even if they're not injured, become afraid of falling. That leads to less activity, becoming weaker and ultimately, more prone to falling again and having a more serious outcome."

Summers recommends seniors and their family members work together to ensure there is adequate lighting and eliminate any trip hazards in the home, like area rugs or power cords. Seniors should have their hearing and vision checked annually and glasses should be updated. Assistive devices, like walkers, are helpful. So are the installation of grab bars, especially in

bathrooms and showers. Proper footwear like flat, rubber-soled shoes are advised. Families should frequently review medications to make sure physician orders are properly followed.

One of the best tips to prevent falling is to remain physically active. Flexibility, strength-training and building balance are key. Seniors can benefit from taking yoga, tai chi and other exercise classes with friends and family. Family members should also ask their loved one's provider about checking for Vitamin D deficiency and advise the physician of any recent falls as seniors often withhold that

information from their doctor. For more information, visit online at [www.traumahawk.org](http://www.traumahawk.org)

## Public Notice

Legal Notice No. 40966

### FICTITIOUS NAME NOTICE

Notice is hereby given that INTERACTIVE MEDIA TECHNOLOGIES, INC, OWNER, desiring to engage in business under the fictitious name of BIOLABS, LLC located at 7999 N FEDERAL HIGHWAY, 4 FL, BOCA RATON, FLORIDA 33487 intends to register the said name in PALM BEACH county with the Division of Corporations, Florida Department of State, pursuant to section 865.09 of the Florida Statutes. Publish: The Lake Worth Herald September 22, 2022

Legal Notice No. 40965

### FICTITIOUS NAME NOTICE

Notice is hereby given that MAGANDA SPAS LLC, owner, desiring to engage in business under the fictitious name of MAGANDA located at 101 N CLEMATIS STREET, SUITE 126, WEST PALM BEACH, FLORIDA 33401 intends to register the said name in PALM BEACH county with the Division of Corporations, Florida Department of State, pursuant to section 865.09 of the Florida Statutes. Publish: The Lake Worth Herald September 22, 2022

Legal Notice No. 40963

### FICTITIOUS NAME NOTICE

Notice is hereby given that MEDIGAP PLANS OF AMERICA, LLC, OWNER, desiring to engage in business under the fictitious name of RX ADVISORS located at 140 INTRACOASTAL POINTE DR, #201, JUPITER, FLORIDA 33477 intends to register the said name in PALM BEACH county with the Division of Corporations, Florida Department of State, pursuant to section 865.09 of the Florida Statutes. Publish: The Lake Worth Herald September 22, 2022

Legal Notice No. 40962

### NOTICE OF SALE

Rainbow Title & Lien, Inc. will sell at Public Sale at Auction the following vehicles to satisfy lien pursuant to Chapter 713.78 of the Florida Statutes on OCTOBER 13, 2022 at 10 A.M. \*AUCTION WILL OCCUR WHERE EACH VEHICLE/VESSEL IS LOCATED\* 2018 SUBA VIN#JF1VA1C65J9808713 Located at: 1655 B NW 1ST CT, BOCA RATON, FL 33432 Any person(s) claiming any interest(s) in the above vehicles contact: Rainbow Title & Lien, Inc., (954) 920-6020 \*ALL AUCTIONS ARE HELD WITH RESERVE\* Some of the vehicles may have been released prior to auction Publish: The Lake Worth Herald September 22, 2022

## Public Notice

Legal Notice No. 40964

### FICTITIOUS NAME NOTICE

Notice is hereby given that MEDIAOPS, INC, OWNER, desiring to engage in business under the fictitious name of TECHSTRONG located at 751 PARK OF COMMERCE DR, SUITE 108, BOCA RATON, FLORIDA 33487 intends to register the said name in PALM BEACH county with the Division of Corporations, Florida Department of State, pursuant to section 865.09 of the Florida Statutes. Publish: The Lake Worth Herald September 22, 2022

Legal Notice No. 40976

### FICTITIOUS NAME NOTICE

Notice is hereby given that JORGE IRIBAR MORENO, OWNER, desiring to engage in business under the fictitious name of JI SERVICE located at 3732 REDMAN PKWY, BOYNTON BEACH, FLORIDA 33436 intends to register the said name in PALM BEACH county with the Division of Corporations, Florida Department of State, pursuant to section 865.09 of the Florida Statutes. Publish: The Lake Worth Herald September 22, 2022

Legal Notice No. 40982

### FICTITIOUS NAME NOTICE

Notice is hereby given that KLIS FK, LLC, OWNER, desiring to engage in business under the fictitious name of FLOWER KINGDOM located at 4406 NORTHLAKE BLVD, PALM BEACH GARDENS, FLORIDA 33410 intends to register the said name in PALM BEACH county with the Division of Corporations, Florida Department of State, pursuant to section 865.09 of the Florida Statutes. Publish: The Lake Worth Herald September 22, 2022

cold since my client has COPD and a cold A/C was a must have.

He tried but the system would not even take the Freon charge which indicates that there was a major problem with that unit. We left to search for another day.

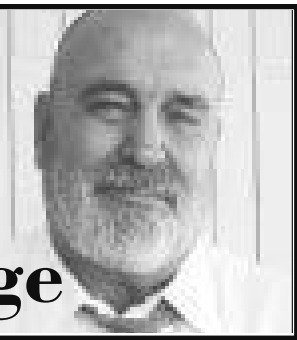
I received a call from the owner who was not even there during our visit and I explained no A/C, no deal. He said if he fixed the problem would we buy the car? I said we would and would he email me a complete invoice with all charges attached. I always request this on any vehicle purchase so that I have proof and therefore avoid any surprises and to avoid wasting anyone's time.

He did and I started chuckling at the "Dealer Initiation Fee" of \$995 dollars. This charge is fairly normal in dealerships when you are buying a relatively newer car not a seventeen year old car. This fee was almost 25 percent of the car's value. I gracefully declined the offer and moved on.

As always be well, take care and check that air.

Jorge Goyanes

Car Concierge



## Surely You Jest

I had a client that was looking for a beater just to go to work and back and her budget was only \$5,000. I did my research and found her a decent SUV which she needed because her physical ailments did not allow her to get in and out of a typical sedan.

I made the appointment to see the car the next day, and immediately received a text from the owner of the Mom & Pop Auto Sales located on Dixie Highway in Pompano Beach.

My client came up from Miami and I drove down from Delray. The owner was not in but had an assistant that tried to help me. My client texted me that she was running late due to the Miami traffic, not surprised there so I went to do the visual inspection on the Saturn SUV I had picked out for a price of \$4400.

A few disconcerting things that irked me. The dealer knew we were coming so I was surprised that a fuse panel cover was off and on the passenger floor, the spare tire lid cover was not set in place and the air conditioner was not blowing cold. I talked to the dealers on-site technician and asked him if we could put some Freon in the air conditioning system to see if we could get it to blow

**BUYING A USED VEHICLE?  
NOT SURE IF IT IS A REAL DEAL?**

**HAVE IT CHECKED OUT  
BY A CERTIFIED ASE  
MECHANIC.**

*Know what you're buying!*

**954-683-6928**

**CONTACT WWW.JORGEGOYANES.COM  
OR EMAIL CCLINIC200@AOL.COM  
FOR DETAILS**