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Eight Judge, Five Clerk Candidates Among Those Vying For Office

By Wade Daffron
TJ Editor

The race is on!

And by the looks of it, it's gonna be a good one...

The deadline to file for political office in the upcoming Primary Election passed last Tuesday, and the list of candidates this time around is a lengthy one.

Of particular interest in local races is the fact eight candidates (Seven republican, and a lone democrat) are vying for the office of county judge.

Five people seek the office Russell County Clerk.

In an unusual move, the Kentucky General Assembly recently passed a bill extending the filing deadline from January 7 to January 25.

Kentucky Governor Andy Beshear signed the bill within hours of its passage.

The new deadline was to reportedly address current congressional and legislative redistricting plans under consideration in Frankfort.

Information provided by the offices of Russell

ELECTION,

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Author Jacquie Triplett Miller

From 'Adversity' To Author

Russell Co. Native Pens Book

By Wade Daffron
TJ Editor

Jacquie Triplett Miller's childhood was spent "reading every book I could get my hands on...usually sitting in or under a tree, or in my room, blissfully unaware of what was going on around me."

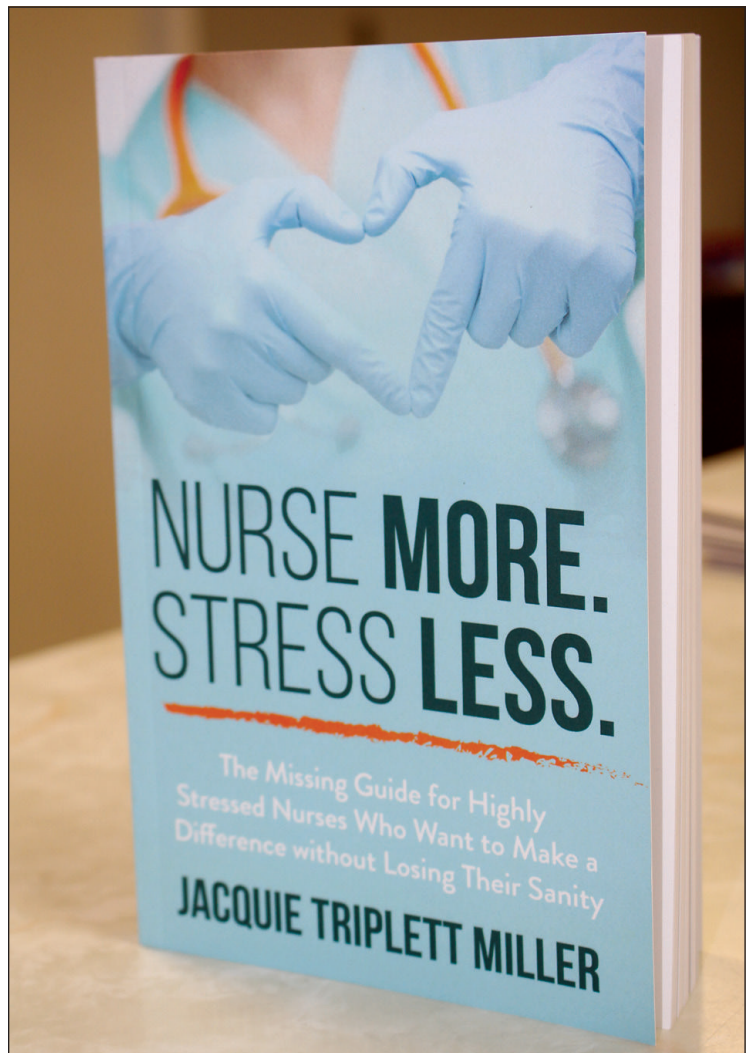
All those books "sparked dreams and imaginations," and led Miller to become a top-selling author on Amazon.

Miller, a Russell County native, recently released the book, "Nurse More. Stress Less."

An accomplished healthcare professional with a life filled with challenges, and successes, Miller's "Missing Guide for Highly Stressed Nurses Who Want to Make a Difference Without Losing Their Sanity" includes anecdotes and advice from someone who lived through it.

A must-read for anyone in the medical field, Miller hopes her book appeals to everyone in any walk of life.

"I hope to reach an



Russell County native Jacquie Triplett Miller has written a book about her experiences as a nurse. With anecdotes and advice, she hopes to help fellow healthcare professionals through trying times.

audience that embraces the desire to positively impact the universe, regardless of their current circumstances, by tapping into their spiritual, psychological and physical gifts," she said. "This can be challenging whether you are in a fast paced medical environment where every decision counts, or in any job, or any relationship," she said.

Miller's tastefully and tactfully told tale is topical in the time of a worldwide pandemic.

The book is marketed toward those hoping to "calm yourself during stressful

situations, live a loving, non-judgemental life, decrease stress levels...(and) find joy and meaning in all things things."

KENTUCKY PROUD

To know where someone is going, one must know where they've been.

"My maiden name was Clayton," she said proudly.

From her Florida home (Where she now resides with her husband, Bob), Miller

AUTHOR,

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Home Destroyed In Weekend Blaze



Firefighters from the Jamestown and Russell Springs Volunteer Fire Departments faced sub-freezing temperatures while battling a blaze this past weekend.

By Wade Daffron
TJ Editor

Firefighters from two departments battled a raging blaze in sub-freezing temperatures this past weekend.

Saturday, just after 10 p.m., a structure fire was

reported on Stephens Ridge Road off KY 619 (Bernard Ridge), Jamestown Volunteer Fire Department (JVFD) Chief Jeff Landers said.

Arriving firefighters

FIRE,

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Hospital Eyes ICU Expansion

By Wade Daffron
TJ Editor

The Russell County Hospital may soon see an expansion of their ICU.

At the recent meeting of the Russell County Hospital Board, plans to increase the size of the unit were discussed.

(RCH) Administrator Patrick Branco told the board about the "inadequacy" of the present ICU rooms.

"We have a window of opportunity to 'push out' those ICU rooms and make them much more compliant with the current,

ICU,

Continued on page 8

Donations Sought

Laker Dance Team Seeking Help To Compete At Nationals



The Laker Dance team hopes for help in pursuing a chance to compete in a national competition.

By Lisa Coffey
Times Journal

Two years ago, the Laker Dance team had a new coach and a first-time-ever, full, paid bid to represent Russell County at a national competition.

Three days before they were to leave, COVID slammed the door on an awesome opportunity.

"Everything was shut down," Coach Amanda

DANCE,

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