### The Cimes "Lournal

## **SPORTS**

#### **Laker Swim Team Closes Out Season**

The Laker Swim Team closed out it's regular season with a win in a muti-team meet at the ANC on Thursday night. The Lakers swam personal bests in 14 of 30 swims tonight.

Russell County High School:

Pulaski County High School: 134

Adair County High School: 117

**Taylor County High** School: 101

Campbellsville High

School:

Rockcastle High School:

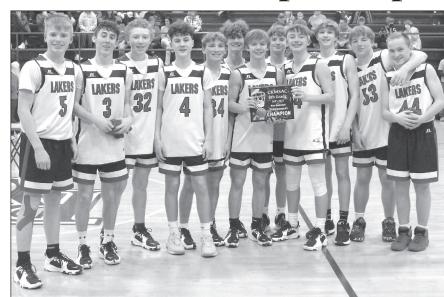
The Lakers were led in scoring by Marlei DeVore with 18 points, winning both the 200 IM, and 100 Back. Three swimmers scored 16 points for the Lakers. Jacob Phillips won the 200 IM and finished 2nd in 100 Breast. Senior Dawson Haydon finished 2nd in 200 IM, and won the 100 Back. Danica Coe won the 100 Fly and 2 was 2nd in 200 IM.

It was a bittersweet night as our two seniors Morgan Jones and

Dawson Haydon swam their last competition at the ANC.

The Lakers will be traveling to Elizabethtown next Friday and Saturday to compete in the KHSAA Region 3 Championship Meet. The Lakers are looking forward to a great meet next weekend. The team is looking to qualify swimmers at the Regional Meet to move on to the KHSAA State Championship in mid-February at the Lancaster Aquatic Center at UK.

## **RCMS 8th Grade Lakers Win CKMSAC Championship**



The RCMS Laker 8th Grade CKMSAC Championship team

The Russell County Middle School 8th Grade Laker Basketball team won the Central Kentucky Middle School Athletic Conference (CKMSAC) Championship Monday.

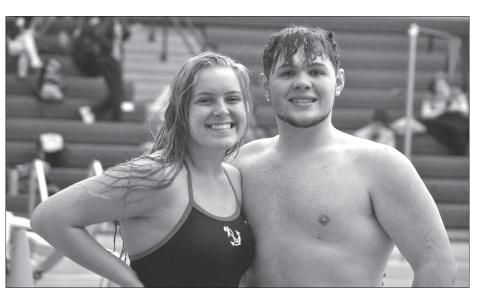
Russell County

defeated Clinton County 41-36 in a home game that went down to the wire with thrilling action into the final seconds of play.

With the publishing deadline at game time, a full story and

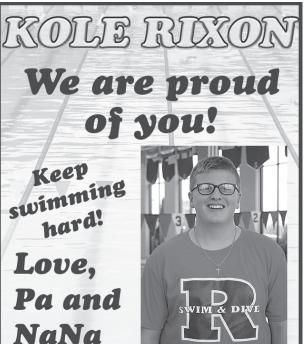
pictures from the game will appear in next week's Times Journal.

(Special thanks to Barry Coffey, Josh Carey and Evan Daffron for their assistance.)



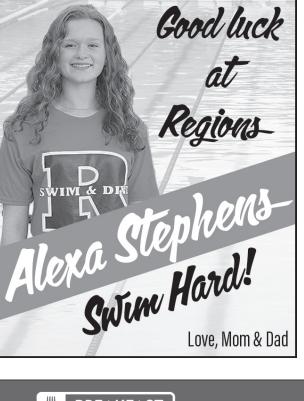
Seniors, Morgan Jones and Dawson Haydon swimming at their last regular season meet.

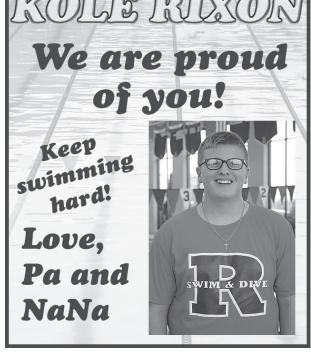
## LAKER PROUD!



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#### FEBRUARY 2022 Russell County Schools

Wednesday

Cereal

Juice

Assorted Fruit

Milk

Pop Tart

Juice

**Assorted Fruit** 

Milk

Cereal

Juice

Milk

Milk

Bacon & Biscuit 9

Chicken & Biscuit 16

Chicken & Biscuit 2

# Monday

Ham/Egg/Cheese Biscuit Pop Tart Juice Assorted Fruit

Milk

Bacon & Biscuit Pop Tart Juice Assorted Fruit

Milk President's Day **Holiday** 

(No School)

Bacon & Biscuit Pop Tart Juice Assorted Fruit Milk

#### **Tuesday**

Mini Pancakes Cereal Juice Assorted Fruit Milk

**Donuts** Yogurt Juice Assorted Fruit Milk

8

Mini Pancakes Cereal Juice Assorted Fruit

> Milk **Donuts** Yogurt Juice

Assorted Fruit

Milk

22

Bacon & Biscuit 23 Pop Tart Juice **Assorted Fruit** 

Assorted Fruit

Cinnamon Roll Yogurt Juice Assorted Fruit Milk

Cherry Strudel

10

Thursday

Cherry Strudel

Yogurt

Juice

Assorted Fruit

Milk

Cinnamon Roll

Yogurt

Juice

Assorted Fruit

Milk

Yogurt

Juice

Milk

Assorted Fruit

Pancakes and Sausages Cereal Juice

Friday

Sausage & Biscuit 4

Pop Tart

Juice

Assorted Fruit

Milk

Pancakes and Sausage

Cereal

Juice

**Assorted Fruit** 

Milk

Pop Tart

Juice

Assorted Fruit

Milk

Sausage & Biscuit 18

**Assorted Fruit** Milk

|28|







All menu items are subject to change without prior notification