

# Community Calendar

### Kids Movie Night

Friday, June 10, 2022, 5:30-7:00 PM in the ROCK at Russell Springs United Methodist Church. Adults must be accompanied by a kid.

### Vacation Bible School

Vacation Bible School (Noah's Ark Adventure) will be held June 13-15, 6:00-8:00 nightly at Bethlehem Separate Baptist Church, 3722 W. Highway 80, Russell Springs, Ky. Everyone ages 2 through high school are welcome. If you need any information or directions please call Sharon at 270-566-2360 or Peggy at 270-566-3415.

### Aquatic Exercise Classes

Aquatic exercise classes are being offered on Mondays, Wednesdays, and Fridays at the Russell Springs City Park Pool(June 1-September 2), 9:00AM-10:00AM. Classes are free. Sponsored by Russell County Hospital Physical Therapy.

### Cemetery Donations Needed

Poplar Grove Cemetery on Highway 127 North is in need of donations for mowing and up keep of cemetery. Send donations to Junior Cunningham, 4562 West Highway 76, Russell Springs, KY 42642 Donations are being accepted for the upkeep of the Hadley Cemetery. Mr. Troy Young is in charge of the maintenance of the cemetery. Please send donations to Betty Higginbotham, 3756 N. Highway 55, Jamestown, KY 42629 or Geneva Walters, 224 R. Helm Road, Jamestown, KY 42629.

### Al-Anon

("A mutual support program for people whose lives have been affected by someone else's drinking") Monday nights 6:00 PM Russell Springs United Methodist Church, Russell Springs, KY

### Alcoholics Anonymous(AA) Men

Monday nights at SPARC(Sobriety, Peace, Awareness, and Recovery) 270-585-5377 at 6:00 PM

### Alcoholics Anonymous(AA) Women

Saturday mornings at 11:00 AM Senior Citizens Center, Russell Springs, KY

### Alcoholics Anonymous(AA)

Wednesday nights at 7:00 PM Senior Citizens Center, Russell Springs, KY

### Celebrate Recovery

Tuesday nights at 6:00 PM, First Baptist Church, Russell Springs, KY

Celebrate Recovery Thursday nights at 6:00 PM, Russell Springs United Methodist Church



# ASK Dr. Angelia

## There are 2 Paths

Human Development Theorist, Erik Erikson postulated 8 Stages of Development throughout the lifespan. Erikson's Stages of Development highlight markers of success and failure within each stage. There are 5 stages in childhood, 1 stage for adolescence, 1 for young adulthood and 2 stages for adulthood. For this writing the focus Middle Adulthood. Middle Adulthood is for the ages of 40-65 entitled: Generativity versus Stagnation. There are 2 paths, either we contribute to our world and society, or we stagnate.

Development. During this time, adults strive to create or nurture things that will outlast them; often by parenting children or contributing to positive changes that benefit other people. Contributing to society and doing things to benefit future generations are the important needs. Generativity refers to "making your mark" on the world through caring for others as well as creating and accomplishing things that make the world a better place. Stagnation refers to the failure to find a way to contribute.

to improve the self and placing one's concerns over above all else. People might reflect on their accomplishments and consider their future trajectory and feel regret. Those who suffer from poor health, poor relationships and feel that they have no control over their fate are more likely to experience feelings of stagnation.

In summary, there are 2 paths. We choose the path we follow. If we contribute to the world, we will get the life satisfaction we need for success. If we do not, we are stagnated. The good news is, it is never too late to change your path.

Remember my friends and readers, embrace 2 Matthew 7:13-15 "There

are two paths before you; you may take only one path. One doorway is narrow. And one door is wide. Go through the narrow door. For the wide door leads to a wide path, and the wide path is broad; the wide, broad path is easy, and the wide, broad, easy path has many, many people on it; but the wide, broad, easy, crowded path leads to death. 14 Now then that narrow door leads to a narrow road that in turn leads to life. It is hard to find that road. Not many people manage it." Love God and All People. Amen.

Dr. Angelia S. Bryant, Professional Counselor and Educator [angelia.s.bryant@gmail.com](mailto:angelia.s.bryant@gmail.com) 270.566.1122

## LOOKING FOR AN APARTMENT?

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### KENTUCKY DAILY GRAIN PRICES bids for next day

Corn #2 Yellow - Louisville (7.72-7.83) Pennyrile (7.29-7.39)

Soybeans #1 Y - Louisville (16.96) Pennyrile (16.73)

Wheat #2 SRW - Louisville (NA) Pennyrile (11.15)

### WEEKLY FEED INGREDIENT bids for next day

WHOLESALE PRICES, \$ PER TON

Owensboro, KY

Soybean Meal 48% .....442.90

Soybean Hulls .....220.00

### AUCTION

	This Week	Last Reported 5/25/2022	Last Year
Total Receipts:	614	653	444
Feeder Cattle:	578(94.1%)	600(91.9%)	311(70.0%)
Slaughter Cattle:	27(4.4%)	43(6.6%)	34(7.7%)
Replacement Cattle:	9(1.5%)	10(1.5%)	99(22.3%)

Compared to last Wednesday: All classes of feeder cattle sold steady with a strong demand for those value-added calves. Slaughter cows and bulls traded steady. Supply included: 94% Feeder Cattle (41% Steers, 48% Heifers, 10% Bulls); 4% Slaughter Cattle (4% Steers, 73% Cows, 23% Bulls); 1% Replacement Cattle (75% Bred Cows, 25% Cow-Calf Pairs). Feeder cattle supply over 600 lbs was 37%.

Groups of 20 or more:

STEERS: 68- BLACK 820 LBS.- 159.75

42- BLACK 499 LBS.- 184.00

HEIFERS:

79- BLACK 672 LBS.- 154.85

49- BLACK 482 LBS.- 163.00

### FEEDER CATTLE

#### STEERS - Medium and Large 1-2 (Per Cwt / Actual Wt)

Head	Wt Range	Avg Wt	Price Range	Avg Price
1	340	340	187.00	187.00
2	310	310	207.50	207.50
3	395	395	174.00	174.00
9	373	373	202.00	202.00
9	400-440	427	164.00-176.00	173.13
1	445	445	206.50	206.50
5	465	465	199.00	199.00
42	499	499	184.00	184.00
6	505-547	527	164.50-176.00	167.57
32	515-547	535	184.00-191.00	185.40
24	560-595	576	166.00-180.00	174.84
7	621-645	631	154.00-166.00	159.64
2	697	697	155.00	155.00
7	707-710	708	156.50-159.50	157.79
2	772	772	146.00	146.00
1	830	830	140.00	140.00
68	820	820	159.75	159.75
1	860	860	130.00	130.00

#### STEERS - Medium and Large 2-3 (Per Cwt / Actual Wt)

Head	Wt Range	Avg Wt	Price Range	Avg Price
1	450	450	162.00	162.00
3	537-540	538	159.00-164.00	162.33
2	600-625	613	134.00-136.00	135.02

#### STEERS - Large 1-2 (Per Cwt / Actual Wt)

Head	Wt Range	Avg Wt	Price Range	Avg Price
2	637	637	149.50	149.50

#### HEIFERS - Medium and Large 1-2 (Per Cwt / Actual Wt)

Head	Wt Range	Avg Wt	Price Range	Avg Price
5	275-291	288	172.50-175.00	172.98
5	380-398	391	163.00-168.00	166.06
20	401-440	425	158.00-168.00	164.77
8	401	401	174.00	174.00
9	450-490	473	150.00-161.00	155.04
65	465-485	482	163.00-168.00	163.79
23	505-545	522	146.00-161.00	155.75
18	555-592	571	139.00-152.00	143.96
2	577	577	158.00	158.00
5	625-641	636	140.00-142.00	141.60
7	650-695	666	126.00-135.00	131.53
79	672	672	154.85	154.85
4	700-720	710	118.00-124.00	120.96
3	750	750	115.00	115.00
3	805-830	822	114.50-123.50	120.56
3	880	880	118.50	118.50
1	1065	1065	93.00	93.00

#### HEIFERS - Medium and Large 2-3 (Per Cwt / Actual Wt)

Head	Wt Range	Avg Wt	Price Range	Avg Price
3	360-390	370	143.00-150.00	147.54
2	400-420	410	141.00-147.00	143.93
1	495	495	141.00	141.00
1	515	515	139.00	139.00
1	575	575	119.00	119.00

#### BULLS - Medium and Large 1-2 (Per Cwt / Actual Wt)

Head	Wt Range	Avg Wt	Price Range	Avg Price
1	257	255	175.00	175.00
5	367-395	379	172.50-178.00	175.48
4	407-425	416	167.00-169.00	167.98
2	467	467	168.00	168.00
12	482-492	484	179.00-180.00	179.17
7	512-547	534	160.00-175.00	165.58
7	550-591	584	142.00-156.00	144.61
7	607-624	619	161.00-162.00	161.28
1	710	710	144.00	144.00
3	838	838	127.00	127.00
1	950	950	110.00	110.00

#### BULLS - Medium and Large 2-3 (Per Cwt / Actual Wt)

Head	Wt Range	Avg Wt	Price Range	Avg Price
5	475-495	482	134.00-152.00	140.54
2	532	532	155.00	155.00

### SLAUGHTER CATTLE

#### STEERS - Choice 1-2 (Per Cwt / Actual Wt)

Head	Wt Range	Avg Wt	Price Range	Avg Price
1	1255	1255	110.00	110.00

#### COWS - Breaker 75-80% (Per Cwt / Actual Wt)

Head	Wt Range	Avg Wt	Price Range	Avg Price
9	1230-1715	1447	80.00-87.50	82.64
1	1305	1305	92.00	92.00
4	1210-1385	1320	74.50-78.00	76.84

#### COWS - Boner 80-85% (Per Cwt / Actual Wt)

Head	Wt Range	Avg Wt	Price Range	Avg Price
2	1140-1170	1155	68.50-76.50	72.45

#### COWS - Lean 85-90% (Per Cwt / Actual Wt)

Head	Wt Range	Avg Wt	Price Range	Avg Price
1	960	960	72.50	72.50
1	1000	1000	63.50	63.50
1	875	875	50.00	50.00

#### BULLS - 1-2 (Per Cwt / Actual Wt)

Head	Wt Range	Avg Wt	Price Range	Avg Price
1	1540	1540	107.50	107.50
4	1600-2000	1754	115.00-117.00	115.97

# NOTHING IS IMPOSSIBLE WITH GOD



Dawn Reed

She was a living, breathing miracle standing right in front of me.

The last time I had seen Janice (not her real name) at the jail a few years ago, I didn't know if she would make it. She had been found naked and unconscious in a ditch. She had been raped and left for dead. An addiction to drugs had often drawn her to evil people.

Seeing her back then at the jail and knowing what had happened, I had hugged her and cried. My heart was broken.

Now here we were, a few years later and Janice looked great. That day at the jail, she was a bruised and battered mess. These days she is a beauty and smiles ear to ear.

Today she was with friends. I wasn't going to mention anything to them about our previous meeting but she pulled me to them. "This is 'the church lady' that used to come to the jail," she was quick to say.

"I saw her at a really bad time in her life..." I

started. Before I could say other word, she told them everything.

To see her standing there looking so great was such a miracle! Not only has she overcome addiction, but she is using her past pain to help others.

Janice's story drew me to Mark 5:1-20 and the story of the demoniac. He lived in the tombs. No one could bind him or control him. Night and day he cried out and cut himself. That sounds like a life of addiction to me.

Jesus changed the man's life! He took out all the bad and filled him with peace and hope. When people came to see what all the commotion was about, they saw the man who had been demon-possessed sitting there in clothes, in his right mind. He did the same thing for Janice and I am so thankful!

I messaged her on social media to ask what had made the change for her. She wrote, "I was blessed with a merciful judge and loving God that knew I couldn't do it on my own. They saw fit to send me to Hope in the Mountains (a local rehab)."

Bible stories are true. Yes, they happened thousands of years ago, but God is not dead. He still works in people's lives if they let Him. Nothing is impossible with Him!

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