

TROOPER ISLAND



Kids from the areas of Kentucky State Police 15, in Columbia, and Kentucky State Police Post 4, in Elizabethtown, visited Trooper Island July 11-15. Approximately 80 children engaged in positive and proactive activities while attending.

SPECIAL OLYMPICS RECOGNITION



Russell Springs Mayor Eddie Thomas, center, and the Russell Springs City Council recognized Russell County Special Olympics participants last week for their recent Track and Field accomplishments. Certificates of Excellence were bestowed upon the participants who competed in their 10th track season.

Metal Roofing

Free Estimates

270-590-0250

HAGAN'S

CONSTRUCTION

ROOFING * SIDING * WINDOWS

Grow Your Business With Us!

Call 270-866-3191 Today
to place your business advertisement
in the Times Journal



Community Health Screening

**Russell County Hospital is offering
health screenings beginning
August 1, 2022 thru August 12, 2022.**

Please check the schedule below for your screening date.
No Saturday or Sunday draws

\$15.00 {
• Complete Blood Count
• Chemistry Profile (Includes glucose)
• Lipid Profile (Includes cholesterol)
• Thyroid Profile

\$10.00 {
Prostate Cancer Screening
(PSA Blood Work)
Men Only

For the best possible results, you need to be **FASTING** before having your blood drawn.
DO NOT eat or drink after midnight before your screening date.

1st Letter of Last Name	Screening Date
A, B	Monday, Aug 1
C, D, E, F	Tuesday, Aug 2
G, H, I	Wednesday, Aug 3
J, K, L	Thursday, Aug 4
M, N, O	Friday, Aug 5
P, Q, R	Monday, Aug 8
S, T, U, V	Tuesday, Aug 9
W, X, Y, Z	Wednesday, Aug 10
Open	Thursday, Aug 11
Open	Friday, Aug 12

Location: Russell Springs Elementary School
1554 US-127 (child pick-up entrance)
Time: 7:00 AM- 9:00 AM
For more information call (270) 866-4141 ext. 512

There may be a wait. Please sign-in upon arrival. You will be called in the order of the sign-in sheet.

Lab results will be ready for pick-up on August 26, 2022 at Russell Co. Hospital Entrance #3. If results are not picked up, they will be mailed to the address listed on the registration form.

Fast Secure Internet

The key to your smart home



Expand your possibilities.

DUO Broadband Internet provides big bandwidth to handle every device in your home. Add the GigaSpire BLAST router and enjoy peace of mind knowing you have the easy-to-use tools to keep your network – and home – safe and secure.

Why a smart home?

CONVENIENCE
Automated and voice controlled fixtures and appliances make your life easier.

PROTECTION
Fire/theft alarm systems, security cameras, video doorbells, and more alert you to danger and keep you safe at home.

SAVINGS
Smart appliances, smart thermostats, leak detectors, and flood sensors directly save you money, but certain smart devices can reduce your homeowners insurance premiums.



Sign up today!

FREE INSTALLATION FOR NEW CUSTOMERS!*
FREE GIG ROUTER FOR 3 MONTHS*

Sign up or upgrade to 300 Meg or higher and get 3 months free on DUO's Managed WiFi service!*

*Limitations and restrictions apply.

DUO BROADBAND | duobroadband.com

Russell: 270-343-3131 | Adair: 270-378-4141 | Cumberland: 270-433-2121

Visit duobroadband.com to check your address for DUO Broadband Fiber Availability!