



University of Kentucky  
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# Extension Notes

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4-H YOUTH DEVELOPMENT

Christy A. Martin

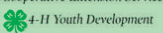
Russell County Extension Office

Kentucky 4-H Shooting Sports  
Competition  
9/10/22

Russell County




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**Individual Awards**  
Brayden Popplewell -- 1st place BB AND 1st place .22 sport rifle (age 9-11)  
Andrea Russell -- 1st place black powder flintlock rifle (age 9-11)  
Sarah Stephens -- 1st place black powder flintlock rifle AND 2nd place black powder pistol (age 15-18)  
Zach Walters -- 2nd place black powder percussion rifle (age 15-18)  
Vinson Kerns - 2nd place bowhunter archery AND 2nd place target archery (age 15-18)  
Eli Foley -- 3rd place black powder pistol (age 15-18)


**Team Awards**  
1st place team age 9-11 black powder percussion rifle -- Dalton Foley, Carter Brown, Jace Anderson, and Will Hatter  
1st place team age 15-18 black powder percussion rifle -- Zach Walters, Cass Foley, Eli Foley, and Sarah Stephens  
1st place team age 9-11 black powder flintlock rifle -- Andrea Russell, Dalton Foley, and Will Hatter  
1st place team age 15-18 black powder flintlock rifle -- Sarah Stephens, Cass Foley, and Eli Foley  
1st place age 15-18 black powder pistol -- Sarah Stephens, Eli Foley, and Cass Foley  
2nd place age 9-11 BB rifle -- Brayden Popplewell, Titus Popplewell, Gabe Williams, and Emma Adamson  
3rd place age 9-11 .22 sport rifle -- Brayden Popplewell, Titus Popplewell, Carter Brown, and Gabe Williams



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# Reasons to celebrate...



Paul Wilson and Brian Walters freely share their experiences in order to help others through Celebrate Recovery.

EDITOR'S NOTE-This is the second installment of local stories pertaining to September being National Recovery Month.

**By Lisa Coffey  
Times Journal**

With braveness and boldness, Brian Walters recalls his introduction to Celebrate Recovery.

Walters, leader of Celebrate Recovery at Russell Springs First Baptist Church, was introduced to the program while incarcerated.

"The chaplain came and asked if I would be interested in starting a Celebrate Recovery Program there in the prison," Walters said. "When I came back here, the church asked me if I would be interested in starting one here."

An estimated 30-45 members from the church went for leadership training.

Walters, who always strives for success personally and professionally, embraced Celebrate Recovery in theory and practice.

"People ask me what Celebrate Recovery is about," he said, "and I tell them well, if you know James 5:16, it is about family. If you want to be saved and go to Heaven, you ask God for forgiveness, but if you want healing, it takes family, and that is what James 5:16 means."

Celebrate Recovery at First Baptist meets every Tuesday night at 6 p.m.

It is a 12-step, Christ-centered recovery program for all of life's hurts, habits, and hangups—chemical and otherwise.

The meetings begin with praise and worship in a large group with live music provided by members of popular gospel group Cumberland Thunder.

The large group meeting alternates between teaching one week, and testimonies the next.

The group splits off into small groups: one for women, and one for men.

The small groups are designated for chemical dependency or life issues.

Last week, the group heard Paul Wilson speak about how God brought him through his battles with hurts and addictions.

"I should have been the happiest man in the world, but I was a broken, miserable man, hiding behind a smile" Wilson said.

Wilson credits his relationship with the Lord and Celebrate Recovery for bringing him through the lowest point in his life.

Celebrate Recovery was started by John Baker in 1991.

The program addresses more than alcohol and drug use.

People have celebrated their recoveries from anxiety, stress, gambling, pornography, divorce, grief, overworking, and shame.

A confidential program, those interested can call the First Baptist Church at (270) 866-6495.

# LIGHTS,

— Continued from Page One

at Christmas time.

Countless visitors have made Lights on the Farm a family-oriented destination in south-central Kentucky, Thomas said.

But the family recently made a difficult decision...

"(They) contacted us and asked us if we'd be interested in purchasing them," Thomas said. "I thought it was a really good idea...a great investment for the city."

"It would give the community something through the holidays," Mayor Thomas said. "It would be free...we wouldn't charge...just maybe have a donation box...something out front if they (community) want to work with us and help us."

Thomas said the project has great potential.

"I thought it would be a perfect opportunity," he said.

The mayor said plans for a fall festival this year never panned out.

"We couldn't get a (performer) in time...there's COVID's to consider...and there's just a lot of stuff going on," Thomas said. "I thought we could take this money (Which would have been used for the fall festival) and use it. Families can go through this in a car, and it will be family-oriented. It's something different."

"I love it," Councilwoman Sherry Bottom-Daniel said. "I think it's a great idea."

Daniel said the display would bring in people from other areas.

"I like it," Councilman David C. Blakey agreed. "It would really show us off."

"I think it's a great start," Councilman Tommy Holt said. "I think we ought to do it. It's something good for the community."

Holt made a motion - seconded by Daniel - to purchase the lights.

Mayor Thomas said the park may shut down later next month following the end of Little League play in anticipation of installing the displays.

"It's going to be a big ordeal to put all these lights up," the mayor said. "It will take the whole month of November."

The mayor said there will still be access to the park for anyone wishing to use a walking trail, but there will be an effort to "keep people off the grassy areas because that's where we'll be putting the lights."

Holt suggested opening up the walking trail "and putting lights up back there for a walk-thru."

"It would be kind of neat," he said, "maybe something we can do in the future."

Melanie Holmes Willis, of Lights on the Farm, took to Facebook to address the attraction's many followers.

"Russell Springs City Park will be such an amazing location to display what we built for five years," she said. "The lights and the traffic outgrew the farm, and (was) more than what we could handle."

"The mayor of Russell Springs, Eddie Thomas, opened up an opportunity that would benefit everyone who ever enjoyed the lights - including the ones who will be seeing them for the first time at the park," she said. "We here at the farm thank Eddie Thomas and the City of Russell Springs for keeping the lights on during the holidays!"

"Y'all are still gonna see our faces, because we plan to be in line with the rest of y'all driving through the park with two new grandbabies, and the reason the lights all began - our five year old granddaughter, Rylee Willis," she said.

Thomas said the city plans to "add to" the display in the future.

In other news from last Thursday's meeting, the city announced taxes would be decreasing.

"Taxes are going down," Mayor Thomas said. "They're not going up, or staying the same. They are going down."

A new, lower, ad valorem tax rate was unanimously accepted by the council.

The city also announced official "Trunk or Treat" hours for their upcoming Halloween event on Main St.

Festivities will be held Monday, October 31, from 5-7 p.m., Thomas said. (The event will be moved to Russell Springs Elementary in case of inclement weather.)

He also announced the theme of this year's annual holiday parade - traditionally held just after Thanksgiving - will be "A Blue Christmas."

The mayor said additional information about the parade will soon be released.

# WEATHER,

— Continued from Page One

Colorado State Climatologist, started CoCoRaHS as a local project in Fort Collins, CO, after an extreme storm in 1997 in which rainfall amounts were under-represented by traditional weather observing networks.

The storm caused devastating flooding and resulted in several lives lost.

Since then, volunteer participation has increased dramatically, Reaugh said.

"The program has spread to all 50 states as well as neighboring countries and consists of more than 17,500 volunteers," he said. "While some volunteer weather observers are already in place across the Ohio and Tennessee valleys, many more are needed." Thunderstorms can produce copious amounts of rainfall but in such a limited area that rain gauges in the current network are missed.

When heavy rains fall but are not measured and reported to the NWS, it is more difficult for meteorologists to have an accurate idea of how much rain has fallen on an area.

Similarly, heavy snow can fall in very narrow bands and can be missed by widely spaced traditional weather observing equipment.

Anyone can participate in this worthwhile endeavor, Reaugh said.

"Farmers, city dwellers, students of any age, and anyone who has an interest in the weather are welcome to join the program," he said. "It's simple: Have access to the Internet for entering reports at www.coco-rahs.org, or use the app."

Those interested can "view a quick, basic training show on-line or attend a brief, live training session," Reaugh said.

Participants are also required to obtain "a standard, plastic rain gauge available for about \$35," and "submit 24-hour precipitation reports as often as possible, up to once per day, in the morning," he said.

Many different organizations sponsor CoCoRaHS, including the National Oceanic and Atmospheric Administration and the National Science Foundation.

To learn more about joining the growing network of volunteer observers providing a valuable service to researchers, the National Weather Service, and their own communities, visit www.cocorahs.org.

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## HAGAN'S CONSTRUCTION

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