




STAR Student



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Mrs. Nicolette's SES Star Student, Braxton Bailey

Mrs. Nicolette's SES Star Student, Holden Posey



ASK Dr. Angelia

September is Suicide Prevention Awareness Month

We need to start talking about suicide. Now. And we need to keep talking.

Suicide has long been a serious public health problem. Now, months of isolation, unemployment and the changes ushered in by the COVID-19 pandemic threatens to increase the incidence of suicide. Those thinking about suicide or planning suicide honestly believe death is the only way to end the pain.

To prevent suicide, we are the first line of defense for ourselves and others by observing life circumstances, state-ments and behavior of others. We can then start a dialogue in the event of concerns. But what words to use? Couldn't bring-ing up the subject of suicide plant a seed in another person's mind, or give them ideas? Bringing up

the subject of suicide DOES NOT increase the chances that a person will become suicidal or be more apt to act on such thoughts or impulses. In fact, it is just the opposite.

Talking about sui-cide actually dimin-ishes suicide's power and sheds light where there is darkness. It can also be a relief for someone who doesn't know how to translate his or her pain into a plea for assistance. Being direct is the best approach, as opposed to hinting. Dancing around the subject might make us feel more comfort-able, but it is less like-ly to elicit an honest answer. The best way is to just ask directly, but sincerely: "I've noticed _____, and I am worried about you. Have you been having the feeling that you would be better off dead or have you had any thoughts of

killing yourself?"

These are difficult conversations, but I also think it is im-portant how we talk about suicide in gen-eral, including in ref-erence to how suicide deaths are covered in media. By looking out for one another, matching people with the help they need, and helping those who are hurting feel more connected, people who are contemplat-ing suicide have an opportunity to re-cover and live lives of meaning and purpose.

A big part of the motivation behind becoming a thera-pist was wanting to be able to sit with people who feel marginalized, bul-lied and alone. The saddest thing is the stark emptiness that I imagine a person who has decided to die by suicide experiences in those final mo-ments. It truly haunts

me. What inspires me and drives me is the commitment to doing my part to prevent deaths by suicide. Understand that we all have a part in preventing a life from ending too soon. Do your part an ask the hard questions when you feel someone may be at risk.

Remember my friends and readers, embrace, Jeremiah 29:11, "For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future. Love People and Love God- as God loves you! Amen.

Dr. Angelia S. Bryant, Licensed Professional Counselor (LPCC-S) angelia.s.bryant@gmail.com

Community Calendar

- ### Reunion

The Conover Reunion will be held Sunday, September 25 at the Friendship Baptist Church, 5448 East Highway 80, Russell Springs from 1:00 to 4:00 in the fellowship gym behind the church. Bring your fa-vorite dish and something sweet for a cake walk. Show us your talent and make something to be auctioned off for the cemetery fund. Hope to see you there!
- ### Singing

The Southern Heirs Quartet will be Singing Sunday September 25th 10:00 am CST, at Chanute Separate Baptist Church 5275 N. York Hwy Pall Mall Tennessee, Homecoming service Pastor Daniel Massengill and congregation welcomes everyone. Sunday Evening 5:00 pm CST. will be at Mount Pleasant Church 2348 Ky. 92 Jamestown Ky, Pastor Bodie Emerson and congregation welcomes everyone.
- ### Homecoming Royville Friendship Church

Royville Friendship Church invites you to home-coming services on Sunday, October 25. Come fellow-ship with the singing group "All 4 Him". Services start at 10:15 with a potluck meal after the morning service. Everyone is welcome!
- ### Singing

The Southern Heirs Quartet will be at Coffey's Chapel Church 3946 S HWY. 76 in the ELI commu-nity of Russell Springs Ky Sunday September 18th at 10:00 am CST this is Homecoming service everyone welcome.
- ### RCHS Class of 1972 50th Year Reunion

Russell County High School Class of '72 will hold their 50 year reunion, October 8, 2022, 1:00-5:00, at the Clear Springs Baptist Church Fellowship Hall, 2084 KY 619, Russell Springs , KY 42642. Come join us for an afternoon of food and fun! For information and to RSVP Contact: Marilyn Aaron, 270-585-7280, Jeff Smith 270-792-3477, Genevieve Carter, 270-566-1131. RSVP by Saturday, September 24, 2022 Casual dress. Tickets \$20.00 a couple, \$10.00 for singles. Pay at the door the day of the reunion. "Happiness is meet-ing old friends at class reunions and rekindling the forgotten memories"
- ### Movie Night at Beck Park

Movie Night at Beck Park in Jamestown will be held September 16, September 30, and October 14
- ### Community Living Christmas Tree

Liberty Baptist Church is looking for members of the community to perform in its Living Christmas Tree during the upcoming holiday season. Practices will begin Sunday, September 4 at 5:00 pm CST at the church located at 215 Wilson Street, Russell Springs. Practices will continue to be held on Sunday nights at 5. For more information, you can contact Laura Godby at 270-585-3241
- ### Free Online/In-Person Diabetes Classes

LCDHD is offering free diabetes classes online for our entire region starting Tuesdays September 6, 13, 20, 27:40 PM - 6:30 pm CSTRegister by calling 800-928-4416 X 1158 In addition, in-person classes for the following counties: Russell County Health Department HLWD Support Group August 31
- ### Russell County Senior Center located at 132 Brian Walters Drive Russell Springs in Middletown

For seniors 60 and older. Open Monday – Friday 8:00 am-2:00 pm We offer transportation to and from the senior center at no cost. Provide lunch. Lunch times are 10:30 – 11:00 in our drive thru 11:00-11:30 if you want to eat inside Daily activities (BINGO, Music, Checkers, Rook, etc.) Trips every month Contact Tiffany Hammond at 270-866-2899 for more informa-tion. We would love for everyone to come join us.
- ### Cemetery Donations Needed

Poplar Grove Cemetery on Highway 127 North is in need of donations for mowing and up keep of cem-etery. Send donations to Junior Cunningham, 4562 West Highway 76, Russell Springs, KY 42642
- ### Cemetery Donations Needed

Donations are being accepted for the upkeep of the Hadley Cemetery. Mr. Troy Young is in charge of the maintenance of the cemetery. Please send dona-tions to Betty Higginbotham, 3756 N. Highway 55, Jamestown, KY 42629 or Geneva Walters, 224 R. Helm Road, Jamestown, KY 42629.
- ### Al-Anon

("A mutual support program for people whose lives have been affected by someone else's drink-ing") Monday nights 6:00 PM Russell Springs United Methodist Church, Russell Springs, KY
- ### Alcoholics Anonymous(AA) Men

Monday nights at SPARC(Sobriety, Peace, Awareness, and Recovery) 270-585-5377 at 6:00 PM
- ### Alcoholics Anonymous(AA) Women

Saturday mornings at 11:00 AM Senior Citizens Center, Russell Springs, KY
- ### Alcoholics Anonymous(AA)

Wednesday nights at 7:00 PM Senior Citizens Center, Russell Springs, KY
- ### Celebrate Recovery

Tuesday nights at 6:00 PM, First Baptist Church, Russell Springs, KY. Celebrate Recovery Thursday nights at 6:00 PM, Russell Springs United Methodist Church

NOTICE OF MASTER COMMISSIONER SALE

In order to comply with the orders of the Russell Circuit Court, the Master Commissioner of the Russell Circuit Court shall proceed to offer for sale to the highest and best bidder at public auction the below properties on **Friday, September 23, 2022, at the hour of 9:00 a.m., CT, Russell District Courtroom, Russell County Judicial Center, Jamestown, Kentucky.**

Said properties shall be sold to raise the amounts hereinafter set forth, together with interest and the costs of the action, and upon *(unless otherwise indicated)* the following terms and conditions:

A) For the purchase price, the Purchaser(s) must pay in full by cash or good check on the date of sale or the Purchaser(s) may pay ten (10%) down on the day of sale and shall execute a good and sufficient purchase money bond, with approved surety thereon, equal to the balance of the purchase price payable to the Master Commissioner within thirty (30) days. Any such purchase money bond shall have the force and effect of a Judgment and shall be a lien upon the property sold as additional security for the payment of the balance of the purchase price. The Master Commissioner's bond shall bear interest at the rate the judgment bears from the date of sale until paid in full. **In the event the successful bidder is not paying the full amount of the purchase price on the date of sale, purchaser will be required to post bond and furnish an acceptable surety thereon.** In the event the successful bidder is the Plaintiff, then in lieu of the deposit the Plaintiff shall be allowed to bid on credit up to the Judgment amount.

B) Purchaser shall be required to pay property taxes for current tax year and all taxes thereafter, for which the Purchaser(s) shall receive no credit against the purchase price.

C) The property shall otherwise be sold free and clear of any right, title and interest of all parties to the action and of their liens and encumbrances thereon, excepting easements and restrictions of record in the Russell County Court Clerk's Office and such right of redemption as may exist in favor of the United States of America or the Defendant(s).

The Master Commissioner Sale/Deed is not a warranty of good title. Possession shall be given to the Purchaser(s) with the delivery of the Master Commissioner's Deed thereto. Purchaser(s) will assume and be responsible for all risks of loss to the premises upon acceptance of their bid by the Master Commissioner at the Master Commissioner's Sale.

Bidder should examine the records of the Russell Circuit Clerk and the Russell County Clerk prior to the sale for further information. Any statements made the day of the sale shall take precedence over advertised material. Bidder shall be prepared to comply promptly with these terms.

(Sale bonds will bear interest at the rate of Judgment entered in each separate action)

SALE NO. 1

PROPERTY ADDRESS: 108 G. CAIN ROAD, RUSSELL SPRINGS, KY 42642
PROPERTY ID: 053-00-00-019.03 (includes a 2002 Bucc. Bridgeford mobile home located thereon, converted to real estate)
PNC BANK, NATIONAL ASSOCIATION vs. UNKNOWN HEIRS, DEVISEES, LEGATEES, BENEFICIARIES OF THE ESTATE OF CARL KRAFT AKA CARL C. KRAFT AND THEIR UNKNOWN CREDITORS; THE UNKNOWN EXECUTOR, ADMINISTRATOR, OR PERSONAL REPRESENTATIVE OF THE ESTATE OF CARL KRAFT AKA CARL C. KRAFT AND THE UNKNOWN SPOUSE OF CARL KRAFT, AKA CARL C. KRAFT; ROSEMARY LUKE; AND DOLLY ANN KRAFT-SMITH
CIVIL ACTION NO. 20-CI-00129 AMOUNT TO BE RAISED: \$31,676.77

SALE NO. 2

PROPERTY ADDRESS: 100 WALTON ROAD, RUSSELL SPRINGS, KY 42642
PROPERTY ID: 057-30-05-006.00 (includes a 2002 Bucc. Bridgeford mobile home located thereon, converted to real estate)
US BANK TRST NATIONAL ASSOCIATION, NOT IN CONNECTION WITH BUT SOLELY AS OWNER TRUSTEE FOR VRMTG ASSET TRUST vs. PHILIP SUTTON, KATHY LYNN SUTTON AKA KATHY SUTTON, COMMONWEALTH OF KENTUCKY
CIVIL ACTION NO. 22-CI-00146 AMOUNT TO BE RAISED: \$38,895.55

CANCELLED

M GAIL WILSON, MASTER COMMISSIONER, RUSSELL CIRCUIT COURT