\$1,200 a year for eligible groceries, rent, utilities and more



Do you have Medicare and Medicaid? If so, our Dual Eligible Special Needs Medicare Advantage plans are made for you. They can help support your day-to-day health with a monthly Healthy Options allowance. You may be able to roll over unused money month to month. Use your card with retailers—which could include Walmart, Kroger, Publix, Dollar General and more—to get essentials like:



Rent or mortgage

Utilities like water, cell phone and internet bills

Bathroom safety devices

Pest control



Healthy food

Over-the-counter items like vitamins, pain relievers, cold medicine and first aid supplies

Cleaning products



Pet care and supplies

Aging support and assistive devices

Taxis, ride share services and public transportation





A more human way to healthcare™

Cost, coverage and benefits may vary by location.

Applicable to HumanaChoice SNP-DE H5525-045 (PPO D-SNP), Humana Gold Plus SNP-DE H5619-075 (HMO D-SNP). Humana is a Coordinated Care plan with a Medicare contract and a contract with the Kentucky Medicaid program. Enrollment in any Humana plan depends on contract renewal. Allowance amounts cannot be combined with other benefit allowances. Limitations and restrictions may apply. At Humana, it is important you are treated fairly. Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, ancestry, ethnicity, sex, sexual orientation, gender, gender identity, disability, age, marital status, religion, or language in their programs and activities, including in admission or access to, or treatment or employment in, their programs and activities. The following department has been designated to handle inquiries regarding Humana's non-discrimination policies: Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618, **877-320-1235 (TTY: 711)**. Auxiliary aids and services, free of charge, are available to you. 877-320-1235 (TTY: 711) Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate. This information is available for free in other languages. Please call our customer service number at 877-320-1235 (TTY: 711). Hours of operation: 8 a.m. – 8 p.m., Eastern time. Español (Spanish): Llame al número indicado para recibir servicios gratuitos de asistencia lingüística. 877-320-1235 (TTY: 711). Horas de operación: 8 a.m. – 8 p.m. hora del este. 繁體中文 (Chinese): 本資訊也有其他 語言版本可供免費索取。請致電客戶服務部: 877-320-1235(聽障專線:711)。辦公時間:東部時間上午8時至晚上8時。