### State report shows fewer new cases of coronavirus, but The New York Times ranks Kentucky's new-case rate first among the states

By Al Cross KY HEALTH NEWS

fell 7.7 percent last

of new cases has been

The state's report average was 2,269. mechanical ventila-

officials have said the

Of the new cases on stands at 16,397. week, according to the the state report, 18%

higher than any other showed Covid-19 83; Leslie, 77; Elliott, state, 2,634 per day, hospital numbers in- 74; Knott, 72; Cumand has risen 29% over creased slightly, but berland, 71; Owsley, the last two weeks. deaths were down. 71; and Greenup, 70.

The number of Ken-

Health-department tion remained at 33.

The state attributed state's numbers run 45 more deaths to Cov-After a six-week lower than the Times id-19 during the week, surge, the daily aver-count because they down from 59 the week age of new coronavi-reflect the removal of before. The pandemic rus cases in Kentucky duplicate test results. death toll in Kentucky

The incidence rate latest weekly report were among Kentuck- of new cases in the from the state Depart- ians 18 and younger. state declined slightly, ment for Public Health, With the start of school to 40.52 per 100,000 released Monday. approaching, health residents. The state re-However, The New officials are urging port said the counties York Times reported parents to get their with the highest rates that in the last seven children vaccinated were Perry, 104 per days, Kentucky's rate against Covid-19. 100,000; Robertson, The state report 102; Letcher, 98; Bath,

According to the said Kentucky re- tuckyhospitalpatients Times, the top councorded 14,654 new with Covid-19 ticked tieswere Perry, 145 per cases in the Monday- up Sunday, to 602, 100,000; Clinton, 140; Sunday reporting pe- four more than a week Adair, 127; Knott 124; riod, an average of earlier. There were Floyd, 113; Letcher, 2,093 per day, by the 89 Covid-19 patients 109; Powell, 104; Union, state's count. The pre- in intensive care, up 102; Boyd, 102; Green, vious week, the state's five; the number on 98; and Harrison, 98.

## Strawberries could reduce chance of Alzheimer's, study finds

KENTUCKY HEALTH

from Alzheimer's disnew study from researchers at Rush University in Chicago.

They found that a compound in strawberries, pelargonidin of Alzheimer's disease, visuospatial ability may help brain health." which is caused by abnormal changes with tau proteins that accumulate in the brain," a Rush news release said. The study was published in the Journal of Alzheimer's Disease.

"We suspect the anti-inflammatory properties of pelargonidin may decrease overall neuroinflammation,' said Dr. Julie Schneider, author of the study. Inflammation in the brain has been linked to tau tangles and other Alzheimer's pathologies.

"Among berries, strawberries are the most abundant source of pelargonidin," the release says.

Researchers got their data from a long-term

study in more than 40 and perceptual speed." retirement communities and senior public thor of the study and a Strawberries could housing units across help protect your brain northern Illinois that began in 1997. It had fessor of internal mediease, according to a 575 brain autopsies and dietary information developed from a questionnaire for up to nearly 20 years prior to death, relationship. Further the release said. "Each research is needed to person received annual, may be associated standardized testing nutrition in Alzheimer's with less neurofibril- for cognitive ability in disease, but this study lary tau tangles in the five areas — episodic gives us hope on how brain. "Tau tangles are memory, working mem- specific dietary comone of the hallmarks ory, semantic memory, ponents such as berry

Puja Agarwal, an au-

nutritional epidemiologist and assistant procine at Rush, cautions, "The study was an observational study and does not prove a direct causal understand the role of



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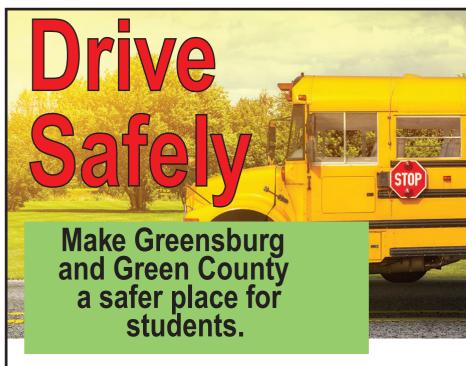
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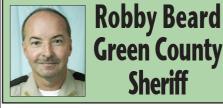
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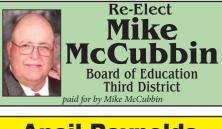














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