

IN THE KITCHEN  
WITH

LeeAnn



## What's in a Name?

I have always been intrigued by people's names. I remember when I first found out I was going to be a grandmother. The first thing I was dying to know was boy or girl? The next item of importance is what the baby's name will be. Before my child was born, we had already chosen names for either sex. We decided quite easily and never faltered from our original choices. I have heard that some couples are still debating while in the hospital.

About two-thirds of all babies born are namesakes. Sixty percent are named for a family member, while forty percent are named for someone outside of the family.

I remember in one of my 6th grade classes, we had an activity that allowed the children to change their name and give themselves nicknames. They were hilarious. We went by those names for the entire day, which was difficult for me because sometimes I have trouble with names and I sure don't want a new one.

I wanted to share a few of my favorite stories about names with you today.

\*A man from Springfield,

Illinois, had always been called Bubba. He liked the name so much that he had his name legally changed to Bubba Bubba Bubba just to be different. I believe he succeeded.

\*Mr. and Mrs. Arena from Toledo, Ohio, were having trouble thinking of a name for their new son. While watching a hockey game on television, it hit them in an instant. Joe Louis Arena was named in honor of their favorite hockey team.

\*Southerners are famous for double names. You must be careful when pairing names and always look at the whole picture. Examples: Mary Chris Smith, Ivan Odor, Shanda Lear, Tu Morrow and twins, Ima Hogg and Ura Hogg.

\*Ann Landers once wrote about a couple who had six children who were all given the name Eugene Jerome Dupuis, Junior. The children were referred to as One, Two, Three, Four, Five and Six.

\*Mr. and Mrs. Jackson named their first child Tonsillitis. His three brothers and sisters were named Meningitis, Appendicitis and Peritonitis.

\*Mr. and Mrs. Bra of

South Dakota, named their twin daughters Iona and Anita.

\*Mr. and Mrs. Wind named their four children North, East, South and West.

When they are of age, many people choose to legally change their names - I can see why.

One of my favorite foods is shrimp. When Steve and I go out to dinner, he always asks what kind of shrimp I am going to order. Hope you enjoy this week's shrimp recipes. Thanks for reading.

### MARINATED LEMON SHRIMP and ARTICHOKE

1 lb. raw, unpeeled large shrimp

1 (15 oz.) can artichokes, drained and quartered

¾ cup white vinegar

½ cup lemon juice

½ cup olive oil

¼ cup honey

1 tsp. hot sauce

½ tsp. salt

½ tsp. pepper

1 small red onion, cut in half and sliced

1 lemon, sliced

Cook shrimp in boiling water, about 3-5 minutes, or until pink. Drain and rinse with cold water; peel shrimp when cool. Whisk together vinegar and next 6 ingredients. Pour mixture into a large Ziploc bag; add shrimp, artichoke, onion, and lemon, turning to coat. Seal and chill at least 4 hours or overnight; turning occasionally. To serve, drain mixture, discarding marinade. Serve on lettuce lined platter, or individual martini glasses; garnish with snipped fresh parsley.

### SHRIMP and GRITS

1 lb. large raw shrimp, peeled

1 lb. fresh asparagus, snap off tough ends and cut into 1-inch pieces

3 cups chicken broth

1 cup uncooked quick-cooking grits

½ cup half and half

4 Tbsp. butter, divided

1 (8 oz.) pkg. sliced fresh mushrooms

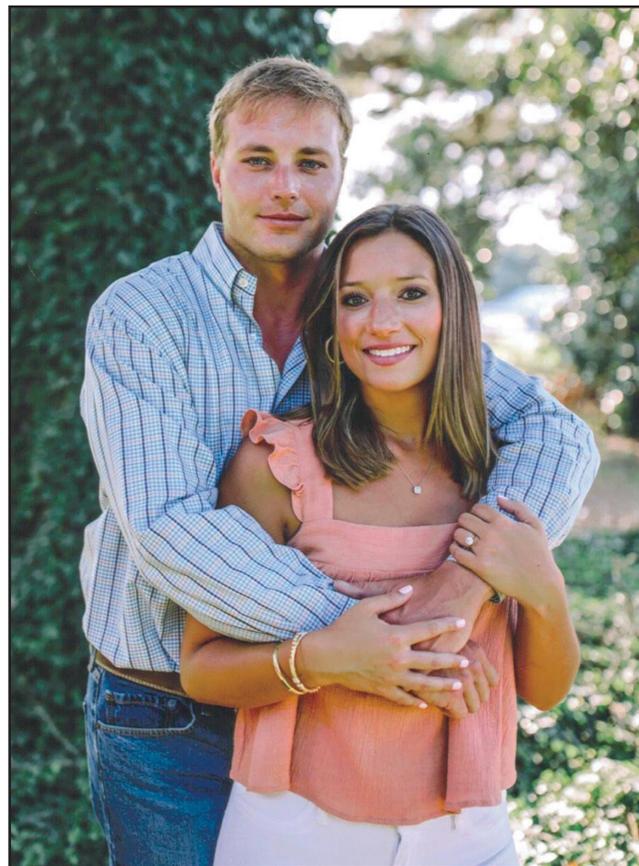
1 bunch green onions, cut into ½ inch pieces

½ tsp. dried thyme

½ tsp. salt

Bring chicken broth to a boil; whisk in grits and half and half. Cook, stirring constantly for about 7 minutes or until thickened. Remove from heat. Stir in 2 Tbsp. butter; keep warm. Melt remaining 2

## Hill - Watkins to wed on January 22



THOMAS WAYNE "WAYE" WATKINS AND TAYLOR GRACE HILL

Heath and Becky Hill of Winona are delighted to announce the marriage of their daughter Taylor Grace Hill, to Thomas Wayne "Waye" Watkins III, son of Tommy and Jennifer Watkins, of West.

The bride-elect is the granddaughter of Terry and Martha Fay James of Charleston and Ervin and Jean Hill of Winona.

Taylor Grace is a RN with Delta Heart and Vascular in Greenwood, Mississippi.

The prospective groom is the grandson of Wayne Watkins of West and Gloria Watkins of Cruger and Bill Neill of Greenwood and Georganna Neill of Flowood.

Waye is part owner and manager of Waye Farms in Cruger, Mississippi.

The couple will exchange vows on Saturday, January 22, 2022 at 6 o'clock in the evening at North Greenwood Baptist Church in Greenwood, Mississippi. All friends and family of the couple are invited to attend.

Thank You  
Rachel Dixon  
You are My Hero



Tbsp. butter in a large skillet over medium-high heat. Add asparagus, mushrooms, green onion, thyme and salt; saute' about 4 minutes. Add shrimp, and cook 3-6 minutes or until shrimp turns pink. Serve immediately over warm grits.

### SHRIMP SCAMPI

1 lb. peeled, large raw shrimp

1 (12 oz.) pkg. angel hair pasta

½ cup butter

¼ cup finely chopped onion

3 cloves finely chopped garlic

1 tsp. Italian seasoning

1 tsp. Worcestershire sauce

1 Tbs. Lemon juice

¼ cup freshly grated Parmesan cheese

Prepare pasta according to package directions. Meanwhile, melt butter in a large skillet over medium-high heat; add onion and garlic, and saute' about 5 minutes or until tender. Stir in Italian seasoning and Worcestershire sauce. Reduce heat to medium. Add shrimp and stir; cook

for about 5 minutes or until shrimp turns pink. Stir in lemon juice. Toss shrimp mixture with pasta and sprinkle with cheese. Serve immediately.

\*Lee Ann Fleming is a Holmes County native, food columnist and has garnered fame for her recipes featured in the film, *The Help*. Fleming can be reached at [lafkitchen@hughes.net](mailto:lafkitchen@hughes.net).

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## Guastella-McCrory Wedding



DR. ROSARIO KARL GUASTELLA AND DR. LILY FRANCESCA GUASTELLA

We will be closed  
**Monday, January 17**  
in observance of  
**Dr. Martin Luther King, Jr. Day**

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