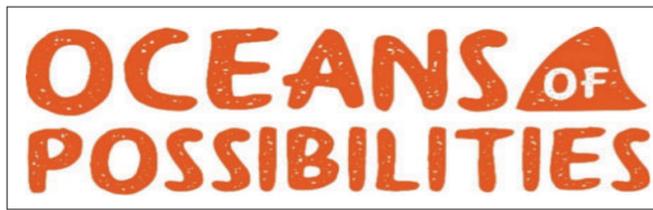


Seminole County Public Library

Library's Summer reading program to feature *Oceans of Possibilities*

Readers of all ages will dive into the ocean depths this Summer as the Seminole County Public Library and each library in the Southwest Georgia Regional Library systems presents "Oceans of Possibilities" during its Summer library program. The 2022 Summer Reading Program is open to people of all ages from birth to the elderly.

Registration for "Oceans of Possibilities" begins Monday, May 16th and readers can log their reading through Beanstack app or online at swgrl.beanstack.org. All reading logs are due no later than August 5, 2022. A completed log for children and teens is 12 hours while



adults must read six books. Each completed log wins you a badge on Beanstack and a prize at the library. The more logs you complete, the better the prize gets! Plus for each log completed you are given one entry into the grand prize drawing for an Amazon Fire Tablet.

Learn more at our website swgrl.org/srp.

Don't let the Summer slide effect your student

Students lose education ground when they don't read during the Summer break from school. Research shows that students can lose up to three months of reading ability over the Summer due to

lack a practice. This is commonly known as the Summer slide and can harm success potential and widen the achievement gap. This phenomenon is more commonly seen as students get older and for students from economically disadvantaged backgrounds. Help keep your student's skills sharp this Summer by having them participate in the Oceans of Possibilities Summer Reading Program at the public library. Plus they can win prizes along the way.

The Seminole County Public Library is located at 103 West Fourth Street in Donalsonville. Reach out to a librarian at 229-524-2665.



Library Lines
Beth Jones

Southern Regional Tech gets upgrades to police training system

Southern Regional Technical College in Bainbridge has a new piece of equipment that will help train all local law enforcement.

SRTC Chief of Police, James Spooner said the new piece of equipment is a simulator made by VirTra that offers a 300 degrees' view with five screens.

The five screens produce various scenarios for officers in training that they then have to respond to.

While the screens are being repurposed, Spooner said all of the electronics are new. The electronics were purchased with money from a grant SRTC received from the Criminal Justice Coordination Council.

The electronics allow the instructors to monitor where every trainee is shooting their laser gun at during the scenario.

"Each screen has a projector that projects onto the screen, but has two different cameras," Spooner said. "One camera senses the lasers, and the other camera will be a filter for night vision, so we can do low light."

While SRTC houses the simulator, Spooner said it is



Sam Powell participated in a simulated noise complaint that led to a simulated shootout.

available to all other law enforcement agencies.

"The academy is using it now for their students," he said. "They have a class they have to use the simulator in."

The trainees use a special weapon that appears to be a regular glock, but is actually a modified version filled with Co2 to power it.

"It's pretty accurate," Spooner said. "We have a way to check the gun and make sure they are zeroed,

so if one of the cameras were to get moved, we could go back and re-calibrate that."

VirTra also provided a Co2 machine that reloads the modified pistols, rifles, Taser electronic control devices and pepper sprays.

"We set them up in a scenario, where they can choose what they use," Spooner said. "We want to make it as realistic as possible, just as if they were on duty."

There are approximately 240 scenarios instructors can choose from. However, some of the scenarios are just training techniques, such as target practice.

"A lot of them are where

the officer interacts though," Spooner explained. "It has a sound system and allows the instructor the change the outcome of the scenario based on how the officer is doing."

Most of the scenarios highly encourage the officers in training to interact and talk down the suspects, working on their de-escalation techniques. If the trainee seems to be doing well, instructors have the ability to make the outcome one where no one is shot. However, if the trainee is struggling to de-escalate the situation, the instructor may amp up the stakes.

An instructor has to be present for the simulator to be running. However, more than one trainee can go into the simulator at a time, if they would like to do a dual training.

Instructors can then go back and see where each trainee's "laser bullet" hit during the dual course.

For more information on how to sign up your cadets for the simulator, contact Spooner at jspooner@southernregional.edu.

Take care in the sun this Summer!

SKIN from Page 1

cancer!

Actinic keratoses are precancerous lesions that are very common. They can progress into squamous cell carcinoma if left untreated. They typically present as scaly spots on the face or arms. Dermatologists have many options for treating these lesions. It's always best to have them treated as soon as they appear.

Basal cell and squamous cell carcinomas are the most common type of skin cancer. They are most frequently found on the face, ears, scalp, and arms. Basal cell cancers can present as a pimple-like lesion that may come and go in the same spot. Squamous cell cancers are usually pink, scaly lesions that may be raised or tender. If left untreated, they can lead to severe disfigurement.

Melanoma is one of the deadliest forms of skin cancer. At least one American dies of melanoma every hour. Melanoma may appear suddenly or may develop in an existing mole. It can occur anywhere on the body but is most common on the upper back, lower legs, head, and neck. Melanoma can spread to your lymph nodes and internal organs.

Dr. Andrea Alexander M.D. and Rachel Gilbert, PA-C are available to answer any questions you may have about this article. Contact them at their office in Donalsonville at (229)524-2808 ext 121 Monday-Thursday from 8:00 a.m. until 4:30 p.m. and on Friday from 8:00 a.m. until 12:00 p.m.

Early detection is essential. New, rapidly growing moles or moles that itch, bleed, or change in color can be early signs of melanoma. These lesions should be checked by a dermatologist.

Please contact your local dermatologist for evaluation if you notice a lesion that is changing, itching, or bleeding. Skin cancer is highly treatable when detected early. The American Academy of Dermatology recommends a complete skin check yearly even if you have no history of abnormal moles or skin cancer. If you have a history of skin cancer, you should be evaluated more frequently by your dermatologist.

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Public Hearing Notice

The City of Donalsonville will hold a Public Hearing at 5:00 P.M., Thursday, May 26, 2022 for the purpose of receiving public input and comments for the FY 22-23 Budget. The proposed budget is available for review at City Hall.

The public is invited and encouraged to attend the Hearing, which will be held in the City Hall Council Chambers, 127 East Second Street, Donalsonville.

-Donalsonville Mayor and Council

Fly's in the Buttermilk; Shoo, Fly, Shoo

Betrice Cross Widner



Do you want something different and delicious for breakfast one morning? Well, these cinnamon pecan biscuits will fit the bill. And after you try them, you will want them for breakfast another morning.

Cinnamon Pecan Biscuits

- 1 package canned biscuits
- 1 stick butter, melted
- 1/2 cup sugar
- 1 heaping teaspoon cinnamon
- 1 cup finely chopped pecans

Dip the uncooked biscuits in the melted butter, and put in sprayed baking pan. Mix sugar, cinnamon, and chopped pecans together; add remaining melted butter to this mixture and mix well. Spoon over biscuits and bake at 400 degrees for about 15 minutes or until biscuits are done. Serve warm; treat yourself to a biscuit and a cup of coffee.

Tip - Next time that you need a quick ice pack for an emergency, grab a bag of frozen peas or other veggies out of the freezer.

And, as always, thank you for recycling!