

First Baptist Church to host Sheppard Blood Center blood drive

Submitted by
JACQUELINE CLEMMONS

February is National Heart Month, and Sheppard Blood Center urges the community to donate blood for patients at our local hospitals, including those who are battling heart disease. Observe National Heart Month by donating at Sheppard's next Washington Wilkes Community blood drive on Thursday, February 3. The blood drive will be held at the First Baptist Church which is located at 105 West Robert Toombs Avenue. It will run from 2:00 pm until 6:00 pm.

Donating blood makes you feel good, and it saves lives; donors can give blood to help the hearts of their friends, family, and neighbors, while filling their own hearts, too.

Blood donations are always needed for patients at area hospitals, but unfortunately decrease during the winter months due to the bad weather and seasonal illnesses. Sheppard Blood Center is calling on blood donors to make a difference and help end the current national blood shortage. The blood center is in most urgent need of O negative and O positive blood, but all blood types are needed.

When you donate at the Washington Wilkes Community blood drive, your blood donation can save up to three local lives. Sheppard encourages donors to spread the word about the need for blood

and to invite friends and family to the blood drive.

To ensure your donation is successful, be sure to eat a full meal before donating, stay hydrated, and get lots of rest the night before. Donors must be in good general health, weigh at least 110 pounds, and be at least 17 years old (or 16 with written parental consent) to donate.

Be sure to bring a photo ID or Sheppard donor card with you when you come to donate. All donors will receive points to use in Sheppard's Donor Store for incentives such as T-shirts or gift cards.

For more information, contact Jacqueline Clemmons, Recruitment Specialist at (706) 737-4551 or visit the Sheppard Community Blood Center website: sheppardblood.org.

Evans and Jackson named to Southern New Hampshire University's President's List

Kimberly Evans and Jessica Jackson, both of Washington, have been named to the Southern New Hampshire University's President's list.

Full-time undergraduate students who have earned a minimum grade-point average of 3.7 and above are named to the President's List. Full-time status is achieved by earning 12 credits; undergraduate day students must earn 12 credits in the fall or spring semester, and online students must earn 12 credits in either EW1 & EW2, EW3 & EW4, or EW5 & EW6.

Southern New Hampshire University (SNHU) is a private, nonprofit institution with an 89-year history of educating traditional-aged students and working adults. Now serving more than 160,000 learners worldwide, SNHU offers approximately 200 accredited undergraduate, graduate, and certificate programs, available online and on its 300-acre campus in Manchester, New Hampshire. Recognized as the "Most Innovative" regional university by U.S. News & World Report, and as one of the fastest-growing universities in the country, SNHU aspires to broaden access to high quality, affordable pathways that meet the needs of each learner.



The Episcopal Church of the Mediator welcomes Rev. John Keeler to conduct services thru March while Father Bob is away. Currently, masks are required and spacing also applies. Coffee hour has been suspended also due to Covid protection. Mediator is located at 212 E. Robert Toombs Avenue and you may leave messages on the office phone. Members and visitors are encouraged to attend. Look for the red door.

The Roy L. Burns Senior Center schedule: January 31- BINGO 10 a.m. February 2-Exercise 10 a.m. February 3- BINGO 10 a.m.

The Roy L Burns Senior Center will have a Valentine's Day Luncheon on February 8 at 11:30 a.m.

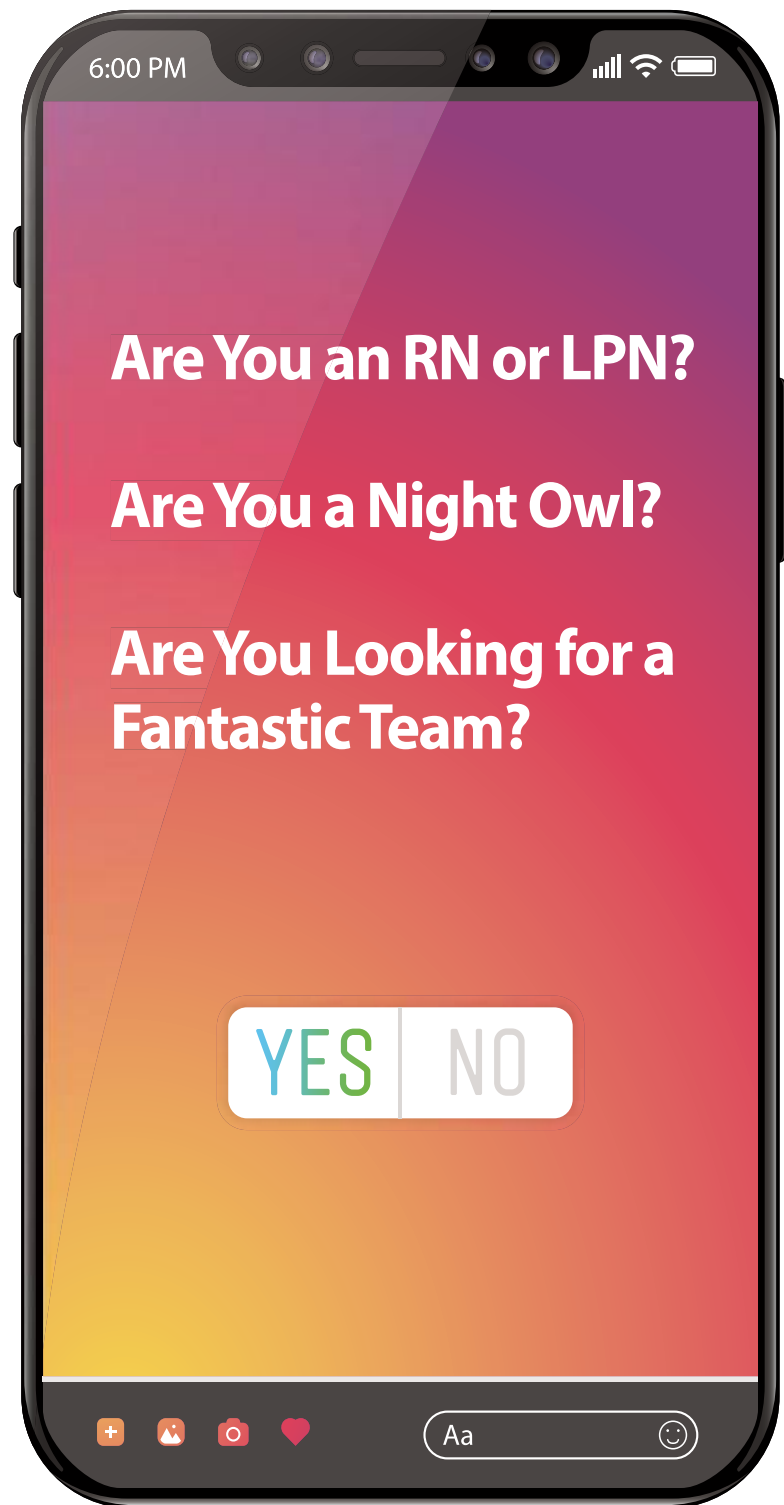
Community Calendar

- First Mondays Lions Club, Lions Club building, 6 p.m.
- First Tuesdays Iris Garden Club litter pickup, various locations
- Second Weds. Fishing Creek Wildlife Action, Harris Rd., 6:30 p.m.
- 2nd Saturdays Litter pickup, meet at CofC, 8 a.m.
- Tuesdays Washington Kiwanis Club, Woman's Club, 1 p.m.
- Thursdays Washington Rotary Club, Woman's Club, noon
- Fridays Alzheimer's Support, Connely Gallery, 11 a.m.
- February 8 Iris Garden Club, Robert Toombs House, 10 a.m.
- February 14 Woman's Club, clubhouse, noon
- February 18 Classic South Quilt Guild, Wesley Hall, First United Methodist Church, 2 p.m.
- February 28 Civil War Round Table, Woman's Club, 6 p.m.

Words of a Life's Story

Carrie Mae Blanchard Gresham spent her childhood days in Augusta. Her father, Walter Blanchard, was raised in Augusta but passed away at the age of forty-one. At that time, her mother, Marie Blanchard, moved the family back to her hometown of Washington, Georgia. Here, Carrie Mae married at a young age and raised her family. She also became the first black woman employed by Almar Manufacturing Company in 1958. Carrie Mae thanks God for sending Jesus who gave His life for all people if only they accept Him as Lord of their lives. God's people can be what God wants them to be and do not let the devil fool them.

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Our CEO Leads by Example and Supports Clinical, Hands Down. During the recent potential snowy weather who stayed at EMH all weekend? Our CEO.

From Administration to Managers, Our Leaders Have Your Back. It's a noticeably different vibe at EMH. Our leaders have an unwavering focus on maintaining an extraordinary culture.

Hospital Work is Challenging. And Rewarding. That's Why You're a Nurse. At a smaller hospital, you know every shift your work matters to your team and your patients.



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