

Reduced-price meal guidelines listed

Arthur Community Unit School District 305 (Arthur Lovington Atwood Hammond Schools) has announced its policy for free and reduced-price lunches, breakfasts, and after-school snacks for students unable to pay the full price for meals and snacks under the National School Lunch and School Breakfast programs.

The following household size and income criteria will be used for determining eligibility:

Your child(ren) may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

Federal Income Eligibility Guidelines Effective July 1, 2022, To June 30, 2023 Reduced-Price Meals (185% Federal Poverty Guideline)

Household of one, \$25,142 annually, \$2,096 monthly, \$1,048 twice per month, \$967 every two weeks, \$484 weekly.

Household of two, \$33,874 annually, \$2,823 monthly, \$1,412 twice per month, \$1,303 every two weeks, \$652 weekly.

Household of three, \$42,606 annually, \$3,551 monthly, \$1,776 twice per month, \$1,639 every two weeks, \$820 weekly.

Household of four, \$51,338 annually, \$4,279 monthly, \$2,140 twice per month, \$1,975 every two weeks, \$988 weekly.

Household of five, \$60,079 annually, \$5,006 monthly, \$2,503 twice per month, \$2,311 every two weeks, \$1,156 weekly.

Household of six, \$68,802 annually, \$5,734 monthly, \$2,867 twice per month, \$2,647 every two weeks, \$1,324 weekly.

Household of seven,

\$74,534 annually, \$6,462 monthly, \$3,231 twice per month, \$2,983 every two weeks, \$1,492 weekly.

Household of eight, \$86,266 annually, \$7,189 monthly, \$3,595 twice per month, \$3,318 every two weeks, \$1,659 weekly.

For each additional family member (over eight) add \$8,732 annually, \$728 monthly, \$364 twice per month, \$336 every two weeks, \$168 weekly.

Children from households that meet Federal guidelines are eligible for free or reduced-price meal services. Complete one application per household for

all children that attend the same school district.

All meals served must meet the U.S. Department of Agriculture meal requirements. However, if a child has been determined by a doctor to have a disability and the disability would prevent the child from eating the regular school meal, this school will make substitutions prescribed by the doctor. If a substitution is needed, there will be no extra charge for the meal.

If you believe your child needs substitutions because of a disability, please contact the school

for further information.

Application forms are available from each school's office or online during registration.

Households should answer all applicable questions on the form. An application which does not contain all the required information cannot be processed and approved by the school.

Women, Infants, and Children (WIC) participants may be eligible for free or reduced-price meals and are encouraged to complete an application for meal benefits.

GOOD LUCK STUDENTS!

Remember, safety first!

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Make Your Child's Vision A Priority

Signs of vision trouble in your child:

- Excessive rubbing or blinking of eyes
- Unusual fatigue after close work.
- Covering one eye, then another when reading.
- Placing head very close to the book to focus on words.
- Squinting; complaints of headaches after reading or watching TV
- Unequal tracking of moving objects. Loosing place or using finger or marker to guide eyes while reading a book.
- Omitting, repeating and miscalling words, or confusing similar words Evidence of poor eye-hand coordination.
- A family history of poor vision or eye disease. (And keep in mind that children should have an eye exam every year.)
- The eyes appear crossed, re-rimmed, encrusted or swollen in the eyelid area; inflamed or watery or the child has recurring infections on the eyelids.
- The child complains of itching, burning or a scratchy feeling in the eye area; not seeing well; dizziness, headaches or nausea following close-up work; blurred or double vision.

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