



STUDENTS WALK ON stilts of a sort during the obstacle course Friday at the Community Building as part of North Ward's annual Tiger Trot. From left are Stella Reifsteck, Lane Foster and Logan Riggensch. Photo by David Porter.

Medical Reserves Corps seeks volunteers to train

Want to help your community be more prepared for emergency situations? Douglas County Medical Reserve Corp is seeking volunteers from and professions to help with a wide variety of activities. MRC meets for approximately 1 hour a month and provides all necessary training.

The Medical Reserve Corps (MRC) is a national network of approximately 200,000 volun-

teers who help make their communities stronger and healthier during disasters and every day. Volunteers are organized into community-based units that work to improve local emergency response capabilities, reduce potential public health risks and vulnerabilities, and build community preparedness and resilience. They prepare for and respond to natural disasters, such as wildfires, hurri-

canes, blizzards, and floods, as well as other emergencies affecting public health, such as disease outbreaks. MRC volunteers also regularly contribute to community preparedness—engaging in activities like CPR/AED training and assisting with community vaccination clinics.

Interested? Call the Health Department at 217-253-4137 and ask for the MRC Director.

Mental health matters; learn how to respond when someone needs aid

Mental health and substance use issues are common. Nearly 1 in 5 U.S. adults lives with a mental illness according to the National Institute of Mental Health. From 1999 to 2016, 630,000 people died from drug overdose according to the Centers for Disease Control and Prevention.

Give someone in your community a hand by learning how to recognize and respond when someone might need help with a free Mental Health First Aid workshop offered by University of Illinois Extension and the North Central Farm and Ranch Stress Assistance Center.

Mental Health First Aid is a skills-based program, where participants learn and practice a five-step action plan to identify common signs and symptoms of someone coping with mental health or substance use problems and how to help. Gain skills to feel confident interacting with a person in cri-

sis and leave with resources to connect the person with appropriate care. Topics also include trauma, addiction and self-care.

This training is open to the public and is appropriate for anyone in the agricultural or a rural community. Participants will build skills by practicing with real-world, agriculturally based scenarios.

Register for FREE online at go.illinois.edu/mentalhealth2022. Participants will complete a two-hour self-paced online training before joining the instructor for a live webinar 9 a.m. to 4:00 p.m. CT Thursday, June 2. The deadline to register is May 20. For more information, contact Cheri Burcham at cburcham@illinois.edu or (217)543-3755.

University of Illinois Extension provides equal opportunities in programs and employment. If you need a reasonable accommodation to

participate in this program, please contact the Extension office at 217-543-3755. Early requests are strongly encouraged to allow sufficient time for meeting your access needs.

Illinois Extension leads public outreach for University of Illinois by translating research into action plans that allow Illinois families, businesses, and community leaders to solve problems, make informed decisions, and adapt to changes and opportunities.

This program is affiliated with The North Central Farm and Ranch Stress Assistance Center - a 12-state, 15-partner collaborative created to develop and expand stress management and mental health resources and services for agricultural producers and stakeholders in the North Central region. The North Central Farm and Ranch Stress Assistance Center is funded by USDA NIFA (2020-70028-32728).

Handschin to graduate from USU

Joshua Handschin, Atwood, is a candidate to graduate from Utah State University with a Bachelor of Science in computer science. Handschin is el-

igible to earn a degree from Utah State University and is among the 6,588 students eligible to receive degrees and certificates from USU's

statewide campuses or USU Online. The 2022 graduating class includes graduates from summer and fall 2021 and spring 2022 semesters.

City Council

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schools to help get the word out about the services offered. Before the action portion of the agenda, Kleiss referenced a letter from the Kiwanis Club thanking the city for its help during the community Easter egg hunt.

The Council approved a couple of items relating to road work and accepted the low bid of \$87,946 for a Case backhoe from Birkey's (with trade-in) and \$12,946 (with trade-in) for a zero-turn mower from Tuscola Home Center.

Hoel noted that the Case backhoe bid was \$3,500 below the next lowest bid and also had the shortest delivery time. The mower bid was a little above what was budgeted, but Hoel said he was recommending the purchase based on "the dramatic increase in the price of similar equipment."

The concession stand lease for Gina Romine (Tropical Sno) at Ervin Park was renewed, and an audit engagement letter with LWH was approved with a base cost of \$23,900. The city also accepted a donation of air packs for the fire department

from Equistar Chemicals, LP.

A change order for pavement striping was approved with Beniach Construction of Tuscola in the amount of \$22,592. Hoel noted that several striping projects were added to the original bid at the new Kirby Foods location and that by doing so, the cost per project came down considerably.

Rather than bid the other projects separately, Hoel said it definitely made sense to amend the original bid to lower the per-unit cost.

Also approved Monday was

a revised summer employment list for the city. Added were a part-time pool manager, a few cashiers and a park worker (Lenny Sementi).

Crews will begin cleaning and draining the pool and refilling it next week, Hoel said. May 30 is the targeted opening date. Pool passes are on sale now at City Hall and online.

A cost of \$30,000 for fireworks was approved with American Patriot Pyro Inc. Fireworks will be July 9, but the location has not been determined.

Pool passes on sale

Pool passes are on sale at the Water Walk-up on the south side of City Hall; or through our website (can be mailed or held at the pool desk).

The season opening date and hours of operation will be announced soon.

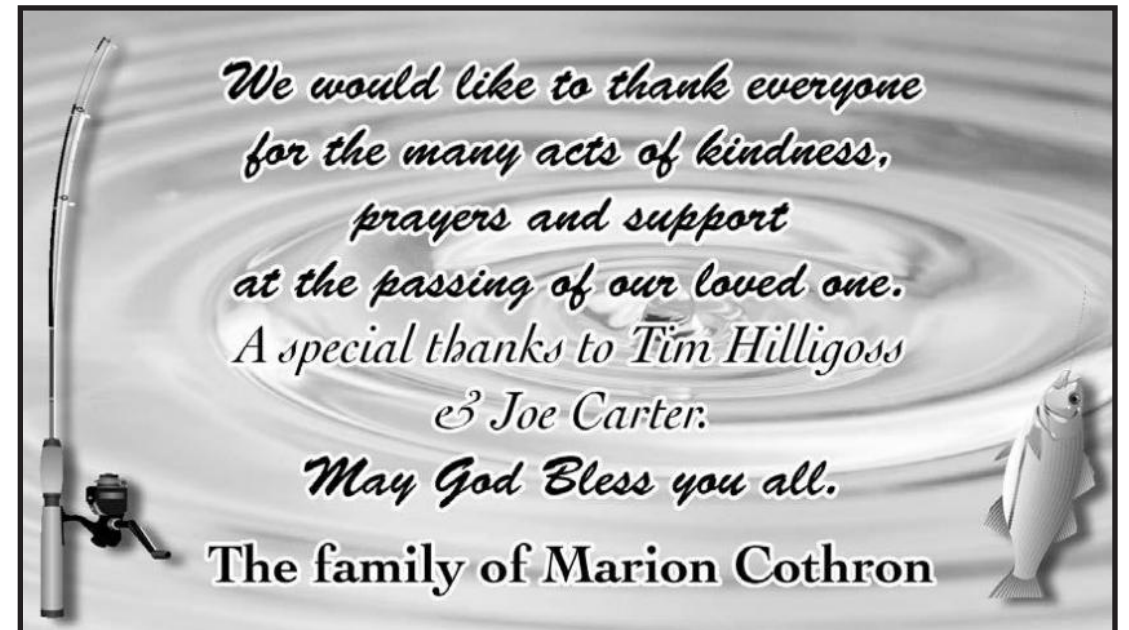
The offering and availability of swim lessons and pool parties will be announced at a later date.

All pool passes must be

purchased at the Water Department walk-up at City Hall or be requested in advance through the tuscola.org/pool website.

Entry pass cards will be issued loaded with the number of entries purchased. Entry card passes may be used by anyone with access to the card.

Questions? Email info@tuscola.org or call City Hall 253-2112.



<p>16" Thin Crust Family Pleaser® with 1 Topping Additional toppings may be purchased.</p> <p>\$23</p> <p>Includes: Family Garden Salad and Soft Drinks</p> <p>Dine-In, Carry-Out & Delivery. Coupon Required. Limit 3. Online code: 161fp</p>	<p>16" Thin Crust or 14" Pan Pizza with 1 Topping Additional toppings may be purchased.</p> <p>\$17</p> <p>Dine-In, Carry-Out & Delivery. Coupon Required. Limit 2. Online code: 161top</p>
<p>Two 14" Thin Crust Pizzas with 1 Topping each Must buy in multiples of two. Limit 2 Offers.</p> <p>\$28</p> <p>Additional toppings may be purchased. Upgrade to a 16" for an additional charge.</p> <p>Dine-In, Carry-Out & Delivery. No Coupon Required. Limit 2. Online code: 142pie</p>	<p>8" 1 Topping Thin Crust or Pan Individual Pleaser Additional toppings may be purchased.</p> <p>\$9</p> <p>Includes: Individual Garden Salad and Large Soft Drink (Delivery available with \$10 minimum purchase)</p> <p>Dine-In, Carry-Out & Delivery. Coupon Required. Online code: 8pleaser</p>

Must show coupon. Restrictions may apply. Not valid with other coupons or offers. Toppings exclude extra cheese. Delivery charges may apply. Available at participating Monical's Pizza® locations. Valid 4/25/2022 - 5/29/2022.

MONICAL'S PIZZA RESTAURANT **OPEN DAILY**

Rt. 36 Tuscola • Phone 253-4749
Delivered for \$2.25 more (Limited Delivery Area)

11 am – 9 pm
Fri. & Sat. – 11 am – 10 pm

Delivery 4:30 p.m. to close 7 days a week

The **VAULT** Art Gallery

Show Dates: May 7th through 31st
Downtown Tuscola 100 N. Main
217-722-2187

NICK TAYLOR

METAL SCULPTURE

 An advertisement for a metal sculpture exhibition. It features several intricate metal sculptures: a large tree, a flower, and a vase. The text includes the gallery name 'The VAULT Art Gallery', show dates 'May 7th through 31st', location 'Downtown Tuscola 100 N. Main', phone number '217-722-2187', and the artist's name 'NICK TAYLOR'. The words 'METAL SCULPTURE' are prominently displayed at the bottom.