

Black & Gold

Helm honored with lifetime award from Nat'l Basketball Coaches Association



Helm

Dikembe Mutombo, Vin Baker, Stephon Marbury, Allan Houston, Steve Kerr, Ron Harper, and many more. Coach Dick Helm also had a tremendous impact on the NBCA's Executive Committee; Dick held the Association's Treasurer position for 18 years and was heavily involved with former NBCA President Lenny Wilkens and former NBCA Executive Director Michael H. Goldberg in securing improvements to coaches' retirement and membership benefits.

"The Tex Winter Assistant Coach Lifetime Impact Award is presented each year to an assistant coach who exemplifies the same high level of integrity and excellence that Tex Winter displayed during his highly successful career," said NBCA executive director and general counsel, David Fogel. "This year's award recognizes the extraordinary contributions Dick Helm has made to the sport throughout his NBA career through building a body of work that has had a positive and powerful impact on the NBA coaching profession, including his exemplary work for 18 years on the NBCA executive committee. Coach Helm exemplifies the high standards and leadership philosophies that Tex Winter brought to the game. Congratulations to Coach Helm; this honor is well deserved."

The National Basketball Coaches Association Tex Winter Lifetime Impact Award is selected annually by the Award Selection Committee, comprised of some of the most respected coaches and executives in the game, including Rick Adelman, Hubie Brown, Doug Collins, Wayne Embry, Danny Ferry, Mike Fratello, George Karl, Doc Rivers, Rod Thorn and Lenny Wilkens.

This year's nominees included Assistant Coaches Ron Adams, Dan Burke, Gordon Chiesa, Carroll Dawson, Hank Egan, Jim Eyan, Brian Hill, Jim Lynam, Brendan Malone, Bob McAdoo, Brendan Suhr, and Bob Weiss.

Prior recipients are Bill Bertka (2019), Tim Grgurich (2018), Ron Rothstein (2017), and Phil Johnson (2016).

Dick Helm, one of the most impactful assistant coaches in NBA history, is the recipient of the 2021 Tex Winter Assistant Coach Lifetime Impact Award, the National Basketball Coaches Association (NBCA) announced.

Helm is a 1951 Tuscola High School Hall of Fame graduate. He was a great three-sport athlete, scholar and known for high character; all traits forged in him by his parents, Harley Helm, a judge, and Doris Helm, a teacher.

Helm went to Wheaton college where, once again, he was a three-sport athlete and inducted into their Hall of Fame.

Helm coached basketball and football for many years at Wheaton High, and was their athletic director; and was inducted into Illinois Coach's Hall of Fame.

He ended his career by coaching for 15 years in the NBA with Seattle SuperSonics, Cleveland Cavaliers, Atlanta Hawks and New York Knicks.

Today, at 88, living in Georgia, Helm is still actively traveling the world conducting basketball clinics and providing a Christian witness.

"Throughout his NBA coaching career, Dick Helm embodied everything that a world class assistant coach brings to the game. Over a career that spanned several decades, Dick helped countless players and coaches become their very best while continually helping promote the NBA game. Dick worked with many NBA coaching greats, most notably, longtime former NBCA President Lenny Wilkens. Dick is an extremely fitting recipient for the Tex Winter Assistant Coach Lifetime Impact Award," said Indiana Pacers Head Coach and NBCA President, Rick Carlisle.

"I am grateful, honored, and humbled to have been selected by the NBCA Committee for the 2021 Tex Winter Assistant Coach Lifetime Impact Award. One never receives this type of award by oneself. I'd like to thank my wife Andrea and family for all their love and support. I will be forever grateful to Lenny Wilkens who took me on as an assistant coach for a fantastic NBA journey to-

gether. Thanks also, to the many coaches, players, general managers, trainers, and individuals who have made an impact on my life both professionally and personally. Truly, I am blessed to have known Tex Winter and to have been a part of this NBA family," said Coach Dick Helm.

During his 16-year NBA career, Helm was a part of five separate coaching staffs led by Lenny Wilkens. He started his career as an assistant coach with the Seattle SuperSonics in 1984. Helm then followed Wilkens to the Cleveland Cavaliers for seven seasons (1986-1993) and then the Atlanta Hawks for five seasons (1993-1998).

After taking a few years off from NBA coaching, Helm reconnected with Lenny Wilkens for one season with the Toronto Raptors (2002-2003) and ended his NBA coaching career on a two-year stint with

the New York Knicks (2003-2005).

Helm finished his coaching career with a regular season record of 583-483. He was an integral part of 11 playoff appearances, coaching in a total of 83 playoff games. In addition to his coaching career, Helm has also been a mentor and educator to many younger coaches and players.

In 2004, Dick joined fellow NBA Coaches Don Casey, Dean Cooper, and former Knick Rolando Blackman in instructing 150 Junior Olympic coaches. Helm has also conducted basketball clinics in Australia, Argentina, China, Greece, and Spain.

Dick Helm's contributions to basketball cannot be mentioned without the enormous role he has played in shaping the next generation of NBA players and Coaches. Coach Helm's impact extends to Vince Carter, Dominique Wilkins,



Hornaday

Hornaday named Division 5 Athletic Director of the Year

Ryan Hornaday has been serving as Athletic Director for Tuscola High School since 2011 and has been a member of the Illinois Athletic Directors Association (IADA) for the past four years. During his tenure at Tuscola High School, Hornaday has also served as a teacher in drivers education, assistant football coach, assistant girls basketball coach, and head boys track coach.

Prior to his time at Tuscola High School, Hornaday taught history at Decatur St. Teresa High School where he was also an assistant coach for girls basketball and football. Hornaday also spent three years at Villa Grove where he was an elementary P.E. teacher, assistant boys basketball coach, assistant football coach, junior high athletic director, and head junior high track coach. Hornaday has also been a previous nominee for the Division 5 1A/2A Athletic Director of the Year.

Dustin Dees, assistant principal and athletic direc-

tor at Salt Fork High School, states, "Mr. Hornaday is one of the most loyal and hard-working people I have ever been around. Mr. Hornaday has an innate ability to wear the many hats small school athletic directors wear and do so fashionably."

Steve Fiscus, principal at Tuscola High School, states, "He is passionate about his students, organized, disciplined, loves extracurriculars, and is inclusive with all students in his building. He has been a leader in all aspects of his career. I found Ryan to be honest, positive, and upbeat in my time with him at Tuscola. We could always count on him to do the right thing and to instill integrity into the district and programs he coaches."

Hornaday earned his undergraduate degree from Millikin University in exercise science and his master's degree from Eastern Illinois University in educational administration. Hornaday and his spouse Tracy have three children, Hannah (19), Benjamin (17), and David (15).

Tuscola boys earn trip to State Championships

By Daniel L. Chamness

Last week was the girl's turn, and what a turn it was.

This week, the Tuscola Warrior boys track team will be competing in the state championships at Eastern Illinois University's O'Brien Field. The prelims will be Thursday, while the final for all three classes, after the Illinois High School Association Class 2A and Class 3A Prelims on Friday, will be contested on Saturday.

The Tuscola Warriors finished fourth in the sectional, scoring 62 points. Arthur-Lovington-Atwood-Hammond, commonly known as ALAH, won the sectional title with 99 points. The Warriors hosted the sectional.

Of the Tuscola state qualifiers, two are ranked in the top three in Class 1A in the state of Illinois. Junior Chris Boyd will enter Thursday's prelim in the shot put ranked second in the state. At the Tuscola Sectional, he won with a throw of 17.60 meters. He won the sectional by over three meters as Arcola Mitchel Myers finished second

in 14.20 meters.

"My throw for 17.60 meters at sectional was nothing special, it was just smoother than the others," said Boyd. "It is great to know that effort is among the top in the state of Illinois. My form had been rough all day, but that happened to be the best among them."

The junior thrower trails only Cowden Herrick senior Daniel Lucas, who threw an 18.41 meters.

The Tuscola 3,200-meter relay is ranked third in the state of Illinois. The team of Jackson Barrett, Riley Nolan, Logan Wallace and Josiah Hortin finished second in the Tuscola Sectional running an 8:19.94. Decatur St. Teresa took first with an 8:16.90. Westville has the top time in the state of Illinois, clocking in at 8:13.74.

"We have been cutting a bunch of time and we have a ton of potential," said Hortin. "Knowing we are ranked third in the state of Illinois, motivates me to want to do some-

thing special and memorable in the state finals."

Other than the afore mentioned entries, four other individuals and one relay advanced to state for the Warriors. Boyd advanced in the discus as well, throwing 43.35 meters. He lost only to Myers from Arcola, who threw 47.95 meters.

The Tuscola 800-meter relay took second in the sectional. The Warriors combined the talents of Wallace, Connor Lewis, Krish Patel and Ben Hornaday to run a 1:33.67. St. Teresa won the event in 1:31.96.

While the top two finishers in the sectional advance to state, there are athletes that are good enough to make the qualifying distance or time. Will Foltz finished fourth in the pole vault with a leap of 3.70 meters and earned a trip to state.


Hortin and Barrett finished sixth and seventh in the 1,600-meter run, which points out how strong distance running in central Illinois is. Hortin fin-

ished in 4:37.89, while his 3,200-meter relay teammate took seventh in 4:39.29. The winning time in the very competitive 1,600-meter run was

ALAH's Jace Green, who ran a time of 4:33.35.

"On Thursday, I just want the boys to do enough to advance to compete on Saturday,"

said Ryan Hornaday, Tuscola's head coach. "I am really proud of the boys that made it. We poured our hearts into this season."



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