

SERVING ALL OF SOUTHERN CHAMPAIGN COUNTY

South County SPOTLIGHT

St. Patrick Catholic Charities - Tolono
IL Free Food Pantry
Every Monday from 5-6:30 and Friday 9-10:30 - Located at the Parish - providing Fresh produce, meat and pantry items. Serving all of Champaign County

VFW of Villa Grove
Bingo Every Friday Night @ 7pm

The Giving Place is open every Wednesday from 4pm-6pm in Tolono to help families in need with food items.

3rd Thursday of every month - Tolono Fun Day Committee meet at 6:30 @ Police Station

6/8 Dr. Nathaniel Hearne Speaking at Otto Center 6:30pm

6/14 Flag Day

6/20 Sidney American Legion Meeting @6pm

6/24 & 6/25 Tolono Fun Days Festival

6/28 Election Day

If you have an upcoming event that you would like to see featured in Spotlight email us at: jamie@thetuscolajournal.com

Local Memorial Day Services and Ceremonies

By Ann Rhoton
SCCTP News Correspondent

The Sidney American Legion Post 433 hosted their Memorial Day ceremony at the Mt. Hope Cemetery in Sidney on Monday, May 30 at 10:00 a.m. Sidney American Legion Post 433 Commander Bill Hensch welcomed those in attendance, Sidney legionnaire Richard Hickox joined in at the head table, Post 433 Chaplain Fred Olds offered an opening prayer, and Pam Dillman sang a beautiful version of the Irving Berlin composed song "God Bless America", asking those in attendance to sing along on the chorus.

Sidney Christian Church Minister Doug Krukewitt was the keynote speaker at the ceremony. The entire ceremony may be watched on YouTube from the Sidney Christian Church Facebook page located at <https://www.facebook.com/SidneyChristianChurch/>. The direct YouTube link is <https://www.youtube.com/watch?v=U4KDB2GpzvQ>.

Sidney American Legion Post 433 Auxiliary Unit 433 President Lynne Hovel and Sidney American Legion Post 433 Judge Advocate Susan McLane laid a memorial wreath and posted an American Flag on the Tomb of the Unknown Soldier following the keynote speaker address.

A 21-gun salute was fired by the Sidney American Legion Post 433 Honor Guard consisting of David Dillman, Dannie Cline, Bill McLane, Fred Olds, Michael Schumacher, Jerry Akers, Ryan Wells,

Rollo Katterhenry, Glenn Dillman, and Captain Scott Rhoton and Taps was played by Joni Roy.

The Champaign American Legion Post 24 held its annual Memorial Day program at 2:00 p.m. inside the Mount Hope Mausoleum in the Mount Hope Cemetery. A 21-gun rifle salute and the playing of Taps to honor our fallen heroes who paid the ultimate price for our country was provided by the Champaign American Legion Post 24 Honor Guard that consisted of Captain Scott Rhoton, Tony Robertson, American Legion Post 24 Commander Rudi Laufhutte, Travis Vandiver, Bill Phalen, Terry McFall, and Tanya Carlson.

Post 24 Adjutant and Past American Legion Post 24 Commander J.R. Stillwell was the Master of Ceremonies, the audience was lead in the singing of our "National Anthem" and "God Bless America" by Janice M. Bahr, and Past American Legion Department of Illinois National Historian Chuck Zelinsky was the keynote speaker.

Champaign American Legion Post 24 Past Commander Terry McFall set up a special exhibit near the entrance to the mausoleum that included one lone rifle and helmet from WWI and five sets of boots, rifles, helmets, and military dog tags meant to represent a battlefield cross that is displayed when a soldier dies in combat. The rifles displayed were from WWI, WWII, Korea, and Vietnam.

I hope that folks were able to attend a Memorial Day

ceremony or service to remember our service men and women who paid the ultimate price for our country and that readers enjoy some of

the photos I snapped of the Sidney American Legion Post 433 and Champaign American Legion Post 24 Memorial Day ceremonies published

in this week's edition of the Southern Champaign County Today Paper.



Left to right Sidney American Legion Post 433 Auxiliary Unit 433 President Lynne Hovel, keynote speaker Sidney Christian Church Minister Doug Krukewitt, Pam Dillman, Post 433 Commander Bill Hensch, and Post 433 legionnaire Richard Hickox at the Sidney American Legion Post 433 Memorial Day ceremony. Photo by Ann Rhoton.

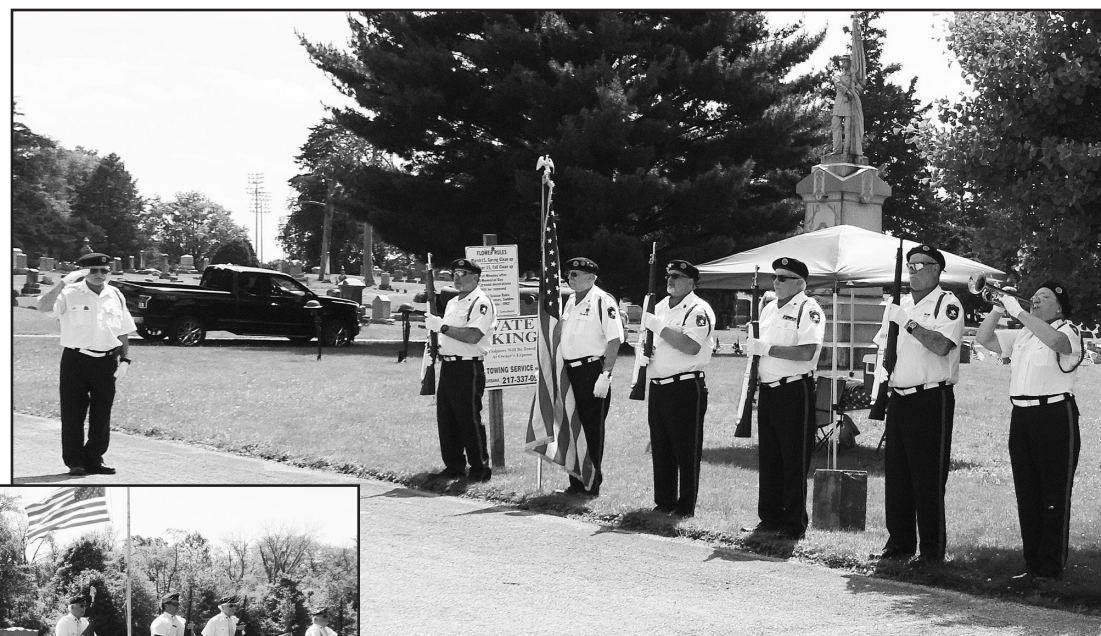


Photo Above: Left to right members of the Champaign American Legion Post 24 Honor Guard; Captain Scott Rhoton, Tony Robertson, Post 24 Commander Rudi Laufhutte, Travis Vandiver, Bill Phalen, Terry McFall, and bugler Tanya Carlson salute the dead with a 21-gun salute and the playing of Taps. Photo Left: Left to right members of the Sidney American Legion Post 433 Honor Guard; Captain Scott Rhoton, David Dillman, Dannie Cline, Bill McLane, Fred Olds, Michael Schumacher, Jerry Akers, Ryan Wells, Rollo Katterhenry, and Glen Dillman. Photos by Ann Rhoton.

Amish Country Tractor Cruise Set for June 18

The Amish Country Tractor Cruise will be held on Saturday, June 18, 2022 in Arthur. A 46-mile cruise will take riders on a picturesque drive through the Heart of Illinois Amish Country.

Registration for the cruise will begin at 6:00 a.m. CDT at Yoder's Kitchen, located on IL 133, and then departs at 8:00 a.m. A 9:30 a.m. rest stop will be at the Rudy and Linda Huber Farm at Galton and lunch will be served at the Tri County Auction facility / Vernon Yoder Farm northwest of Arcola. The cruise is expected to return to Arthur by 2:30 p.m.

Each year, the cruise takes riders on a different route throughout Amish Country. Sponsors for the cruise include Camelot Virtual Solutions, CHI, EZ Trail, Farm Credit Illinois, The Equity, Loman-Ray Insurance Group, Kuhns Equipment, Yoder's

Kitchen, and Yoder Seed Company.

The first cruise was held in 2010 and over the years has become one of the premier Tractor Cruises in the Midwest. In 2021, the cruise received national exposure in Heritage Iron magazine. The event is traditionally held on the Saturday preceding Father's Day to encourage good family and Dad time. Many families plan activities around the cruise.

Spectators are welcome to come out to Yoder's Kitchen to see the tractors and enjoy Yoder's Breakfast Buffet or watch along the route. The route for the cruise is:

1. Begin - Yoder's Kitchen, 1195 E. Columbia, Arthur, IL - DEPARTURE 8:00 a.m.
2. Sunrise to 100E
3. Right on 100E to 300N
4. Left on 300N to 200E
5. Right on 200E to 000N
6. Left on

Cont. pg. 4

Baby Formula Shortage: A Pediatrician's Advice

Across the United States, parents of formula-fed infants are being met with empty store shelves, as a nation-wide shortage of baby formula continues.

In February there was a massive baby formula recall from a major supplier in the U.S., Abbott Nutrition, after reports of infant hospitalizations and two deaths were linked to a bacterial infection stemming from formula. The Michigan-based plant has been shut down since - adding fuel to an already volatile situation, as formula availability was previously strained by supply chain issues.

Dr. Terry Ho is an OSF HealthCare pediatrician. He says he and his peers are getting questions daily from parents wondering what to do if their formula supply dries up completely.

"Definitely it has been an issue, and we're getting a lot of phone calls and contacts from families about what's the next

step and what to do. And that's really what we recommend families to do, is contact us. Contact your pediatrician and we can hopefully help guide you on how to manage, and what we can do to help you through this," says Dr. Ho.

Some parents concerned about their formula supply have resorted to stockpiling formula - buying as much as they can, no matter the brand or type. Many retailers are putting purchase limits in place to discourage formula hoarding. Dr. Ho applauds this effort, as certain specialty formulas are the sole nutrition option for thousands of babies with special medical needs, making an empty formula shelf especially problematic for their parents.

"Some kids with some different medical conditions require a specialty formula, so we don't want to just run out and buy whatever formula is on the shelf. We want you to follow the recommendations, the limitations that are that are

being set at stores. I think a lot of stores right now have some limits as to what you can get. And we also want you just to get what you need, because ultimately what we've seen through the pandemic is that a lot of times stockpiling leads to excess anyway, and there are, again, families out there that may need that formula," he says.

Also concerning - as parents have become more desperate, some are turning to outdated advice or formula recipes they get from family members or find online. Dr. Ho strongly recommends against this. Not only are the at-home recipes lacking in needed nutrition, creating your own formula concoctions could be dangerous.

"Right now we're getting a lot of questions from families about different posts they're seeing on social media. We're seeing a lot of different old recipes for formula that used to be a thing. What we know

is that those aren't exactly the best methods and safe methods to feed your child," warns Dr. Ho. "Formula is a complex blend of nutrients, proteins, minerals, vitamins that are really difficult to duplicate at home. In addition, the formula recall really stemmed from a bacterial contamination that was found in the formula. We run that risk by making formula at home as well. There's a lot of chance that you may contaminate the formula as you're preparing it, and so we really want to shy away from making your own formula."

Watering down formula to make it last longer can also be a dangerous decision. Too much water in baby formula not only changes its nutritional profile, but also changes the composition of the formula, increasing the risk of causing a harmful electrolyte imbalance in a child.

Cow's milk is a viable option for some children, but Dr. Ho recommends

Cont. pg. 2

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