

# FORE!

That usually means take cover, there is an errant golf ball coming towards you. Well, here in the Downtown Jewel Neighborhood, it means the same thing. Only problem, as you imbibe adult beverages and aim your golfcart from hole to hole (if you have one), or as you stagger from hole to hole, you can't see the upcoming hole because it is tucked away in someone's backyard. That's ok, that's what FLOLFING is all about.

This is one hilarious game that makes everyone who participates look foolish and the funny thing is, they are competing for a green jacket, like that's gonna be prestigious in Augusta.

It is not understood why, but every year, participants come from far away neighborhoods to

prowl through the backyards of gullible homeowners in the Downtown Jewel Neighborhood just to see what is that is so attractive to so many people who don't even play golf. Best thing about this remarkable game is how it takes you back to the early days of Lake Worth. The holes are designed on original Florida lawns, (sand and sandspurs) that look so authentic you would think the owners worked all year to have such a natural looking course in their backyard.

If you happen to be near one of the golf holes and hear the warning FORE!, you're probably safe. It's the windshield on your car that is in jeopardy.

Remember, remain a good sport and be kind to Flolfie!

If you feel yourself

growing week midway through the round, don't worry, there is plenty of resuscitation waiting at the 10th hole.

The aforementioned Green Jacket will not get you into the Masters in Augusta, but be sure to buy lots of Mulligans to have a chance to win the prize. As you will see, this neighborhood needs the funding to be able to keep their lawns in such good shape so they don't have to hide the sandspurs behind old beer kegs or junk cars or any other objects that have been laying in their backyards for the past 20 years. Please wear shoes, the nails are rusty.

As previously mentioned, this game makes everyone who participates look foolish, but wait until you see how creative homeowners can get with lawn trash, sand and sandspurs. Wear knee high socks for your protection. Better yet, boots would be a good idea.

Another thing to look out for is the participants who actually dress like they play golf. Believe me, it's just a costume. Don't be intimidated.

Be sure to wear headcover, you know a hat, it will make the hangover more bearable if the sun doesn't cook you from the top down.

If you just happen to break a window it is ok to act like nothing happened but it is not ok to return later and try to use it as an entrance to the hosts abode.

Toe wedges are ok if nobody sees you use one.

Talk during back swings and make lots of noise, others will be distracted and not notice what you just did.

Children are welcome, especially if they can drive, but the parents are responsible for the language.

If you happen across any sunflowers, please don't eavesdrop on their conversations, it might

cause a spike in solar flares.

Remember to respect the property of the hole hosts. They have been hoarding for years to be able to provide a challenging golf hole for your enjoyment.

Several hosts will provide green carpet to make it easier to putt across the sand lot. Please treat this carpet with care, it has to be put back in the hallway after the day is done.

You will undoubtedly see several pink flamingos. Resist the temptation to pluck the feathers, they just don't look nice with bald spots.

## SWA'S Run Away 5K to Raise Awareness, Funds for Recycling and Reuse

WEST PALM BEACH, Fla. – On Sunday, Apr. 2, at 7:30 a.m., individuals and families are invited to the SWA Greenway Trail System for a trail run and walk. Participants can explore cabbage palms, cypress hammocks, marshes and lush pine flat woods, with glimpses of Grassy Waters Preserve and Renewable Energy Park as they witness industry meeting nature.

All pre-registered participants will receive a commemorative race medal and race shirt. Awards will be given to the best times for male and female runners in various age categories. Those who aren't a fan of mornings can register for the Sleep-In Virtual 5K and receive the same swag as those who ran or walked in person.

Registration is online:  
• Race Day Registra-

tion: \$40

- Children 10 and under: \$15
- Sleep-in Virtual Run AWAY 5K: \$25

Immediately following the SWA Run AWAY 5K, all are welcome to enjoy staff-guided tours of the SWA's award-winning Renewable Energy Facility 2 and LEED Platinum Education Center. By exploring these facilities, Palm Beach County residents and visitors will learn where their trash ends up and how it's disposed.

Run AWAY 5K sponsors include Resource Depot and Grassy Water's Preserve. Proceeds from the run benefit the non-profit Resource Depot, an organization that has turned waste into wonder for nearly 25 years. They inspire creativity, conservation and community engagement through recycling and reuse.

LAKE WORTH HIGH SCHOOL BAND

Spring Concert

FEATURING THE LWHS:

JAZZ BAND SYMPHONIC BAND WIND ENSEMBLE  
COLOR GUARD PERCUSSION ENSEMBLE

THURSDAY, APRIL 27

7:00PM  
IN THE LWHS AUDITORIUM  
\$5.00 ADMISSION  
STUDENTS FREE!

FOLLOW US!  
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