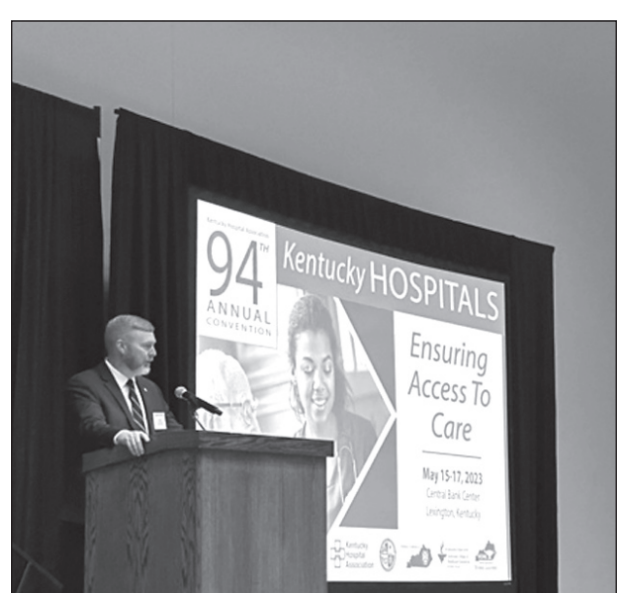


Russell County Hospital was Represented at the 94th Kentucky Hospital Association Annual Convention



Scott Thompson, FACHE – CEO of Russell County Hospital.

Russell County Hospital was represented at the 94th Kentucky Hospital Association Convention. Scott Thompson, FACHE, gave a speech in Lexington, Kentucky, at the Kentucky Hospital Association Luncheon sponsored by the Kentucky Chapter of the American College of Healthcare Executives.

Scott Thompson, FACHE, serves as the Chapter President & Board Member with over ten years of involvement in the Kentucky Chapter.

Russell County Hospital was represented by Scott Thompson - FACHE, Jansen Reader - MHA, Tyler Stapp - MBA-HC, and Mandy Antle.



Scott Thompson, FACHE – CEO of Russell County Hospital, Tyler Stapp, MBA-HC - Founder & CEO of Stapp's Enterprises, and Joe Murrell, FACHE – CEO of Wayne County Hospital.

Did you know?

Even though cataracts primarily affect aging individuals, children are not immune to them.

Cataracts in children may be present at birth, and doctors will determine if children have congenital cataracts, advises the American Academy of Ophthalmology®.

But cataracts also can be acquired as an infant or young child.

There are several causes for pediatric cataracts, and they may include an eye injury, diabetes, complications from eye problems, steroid use, and radiation treatment.

The only treatment for cataracts is to remove them. Identifying pediatric cataracts early on can help children enjoy healthy vision.

Call
270-866-3191
Today

to keep up with all the news
in the Times Journal

5 fun facts about the month of June

June marks the official start of summer in the northern hemisphere, and it's the month when summer vacation begins for millions of schoolchildren. Those two things make the month of June especially popular in many households. But June is about more than summer and the end of the school year. The following are five fun facts about the beloved month of June that anyone can use as a great ice breaker at backyard barbecues this summer.

1. June is named after Juno, the Roman goddess of childbirth and fertility.


2. The day with the potentially longest hours of sunlight of any day all year is in June. When the sun is out on the summer solstice, which marks the official start of summer and in 2023 is celebrated on Wednesday, June 21, people in the northern hemisphere can anticipate more hours of sunlight than any other day during the calendar year.

3. According to the American Gem Society, June is one of only two months that is associated with three birthstones: alexandrite, moonstone and pearl. Pearls are especially unique

among gemstones, as they are the only ones made by living creatures.

4. In both common and leap years, no other month begins on the same day of the week as June.

5. New York Yankee Lou Gehrig began his streak of playing in 2,130 consecutive games on June 1, 1925. The streak ended on April 20, 1939. Gehrig held the record for consecutive games played until Baltimore Orioles legend Cal Ripken, Jr., surpassed the man known as "The Iron Horse" on September 6, 1995.



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Extension Notes

extension.ca.uky.edu

Family & Consumer Sciences

Russell County Extension Office

May 25, 2023

Plan Ahead for Canning Season

Now is the time to start preparing for canning season. It is always a good idea to purchase your supplies early so you are not running around hunting for supplies at the last minute. You can buy canning supplies at many grocery stores, home goods and farm supply stores, hardware stores, big box retailers, and online.

Begin by taking an inventory of your supplies. See what you have on hand and what you need to buy before heading to the store. Inspect gaskets on pressure canners and make sure your racks are in good condition. Now is the perfect time to take your dial gauge canner to the Extension Office and have agents check it for accuracy. Gauges should be checked once a year, and this service is free. Don't forget to check your jars too. You can reuse canning jars year after year as long as they are not chipped, cracked, or have nicks along the sealing edge. You can also use ring bands over and over if they are not rusted.

When purchasing new jars, buy mason-type jars specifically made for canning. Other types of jars such as storage jars or craft jars are not suitable for canning and may break under the high temperatures of processing. You will also need lids and rings to seal the jars. Experts recommend two-piece lids (flat lid and ring band). If you cannot find two-piece lids, you can buy one-piece lids for use

in a boiling water bath canner. Do not use one-piece lids in a pressure canner.


Get more information on canning, including research-based recipes, by contacting your local County Extension Office.

Source: Annhall Norris, Food Preservation and Food Safety Extension Specialist

Upcoming FCS Extension Programs: Call 270-866-4477 to RSVP!


June 5th	5-6 PM	Cooking the Calendar: Blueberry Cheesecake Bars
June 6th	8-11 AM	Floral Hall Entries: County Fair
June 20th	6-7 PM	Laugh & Learn
July 18th	5:30-7:30 PM	Excel 101 Workshop
July 18th	9 AM	Pressure Canning: Green Beans

Educational programs of the Cooperative Extension Service serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expressions, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.



ONLINE ONLY
ABSOLUTE AUCTION

Prime 219 Acre Farm • Southern Plantation Home




The Huff Farm

OPEN HOUSE
SUNDAY • MAY 21 • 2 PM - 4 PM

BIDDING ENDS
THURSDAY • JUNE 8 • 10 AM
942 Denney Road, Albany, KY

For nearly 60 years the Huff Family Farm has been admired by many and is arguably one of the most prolific large acreage tracts left in the Piney Woods area of Clinton County, KY. This esteemed 219 +/- Acres and Southern Plantation Home along with multiple barns will be offered in tracts at Absolute Auction.



AMONETT'S EAGLE
AUCTION & REALTY
2276 Livingston Hwy. • Monroe, TN 38573
931-864-5335
23-003
TN 5104 KY 2005 IN 01/20/2022
www.eagleauctions.com

Nathan Groce
Agent/Auctioneer • (606) 688-1925

Lee J. Amonett
Broker/Auctioneer • (931) 252-1907

WWW.EAGLEAUCTIONS.COM

Terms: 10% Buyer's Premium. 15% Deposit at conclusion of sale, with balance due in 30 days. 2023 Taxes Paid By the Seller. Possession with Deed. Home built prior to 1978, buyer to sign a 10 day waiver on inspection for lead based paint. All Property selling "As Is, Where Is" both surface and subsurface with no warranties. Bidders should complete their own due diligence prior to the sale. Announcements & Updates Day of Sale Take Precedence Over All Other Advertising.