



Living With Children

By John Rosemond
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Regular readers of this column are no doubt familiar with my imaginary friend, The Doctor. I often call upon him to solve behavior problems of various sorts concerning young children. Well, The Doctor has done it again! This time with what many mental health professionals would call separation anxiety. The child in question is a male, age 5. His mother attended a talk I gave recently and shared this story with me. With her permission, I am passing it along. She asked only that I change her son's name, so for our purposes he will be Georgie. For some time, Georgie had been having a problem with separation from his mother. Every time she took him to his preschool program, for example, Georgie had a major meltdown. Like, MAJOR. He would become hysterical and generally act like he was certifiable. Otherwise, mind you, Georgie was a normal kid in all respects. Shortly before his fifth birthday, Georgie's mom

read a column of mine in which I described one of The Doctor's miracle cures. She promptly decided to ask The Doctor to make a house call. The afternoon following one of Georgie's nut-job meltdowns over being taken to his preschool program, his mom sat him down and told him that she'd talked to a doctor about his problem. The doctor, she said, was concerned and told her that Georgie was throwing "Don't leave me!" fits because he wasn't getting enough sleep. Mom said to Georgie, "The Doctor said children your age throw tantrums over stuff like that because they need more sleep. He said that on days when you have a fit when I drop you at school, you have to go to bed early, right after dinner, so you get the sleep you need. The Doctor says so. You had a fit this morning when I took you to school, so you have to go to bed early tonight."

As promised, Mom put Georgie to bed early. After about 45 minutes of howling, screaming, crying, and pleading, he fell asleep. The next day, when his mom took him to his preschool program, Georgie got out of the car and walked right in, with nary a backward glance. And Georgie hasn't had a problem with separation since.

It's fair to say that if Georgie's mom had sought help from a mental health professional, there is considerable likelihood that Georgie would have been diagnosed with separation anxiety disorder. Said professional might well have taken Georgie into talk or play therapy to (supposedly) help him work through the supposed "issues" that were causing the problem.

It's anyone's guess as to how much time and money this process might have taken and whether it would have succeeded at all.

John Rosemond: johnrosemond.com, parent-guru.com.

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By Roger D. Ellis

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*Crosswalk

(Continued from page 8.) rain all around. But His covering of protection and love surround, you don't face it alone. And in just a short time the storms will pass, the light will shine again, and you will be strengthened for a greater work ahead. Press on my friends who are facing hard times. He knows your way and has a plan. You are held, and He is with you. Peace. Intersecting Faith & Life: Write down a storm you're facing right now. Then after it, write down this verse, "It is God who arms me with strength and keeps my way secure." 2 Samuel 22:33. Put it in a place you'll see it daily, maybe tucked in your Bible, or hang it up on the bathroom mirror, or keep it in your car. But choose to remind yourself daily, that you are not facing this battle alone. God is the One who is with you, strengthening you daily, keeping your way secure. He gives peace and joy right in the midst of the toughest times. Trust Him, even though you can't figure it all right now. He knows what's up ahead, and He is building greatness within you. Further Reading: James 1:2-3 John 16:33 Psalms 91 Find more by Debbie at www.debbiemcdaniel.com, Facebook, Instagram, and Twitter.

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TOWN OF GOODMAN EMPLOYMENT ANNOUNCEMENT

OPEN DATE: JANUARY 23, 2023
POSITION: CHIEF OF POLICE
SALARY: PENDING
CLOSING DATE: FEBRUARY 9, 2023
EXPERIENCE/EDUCATIONAL REQUIREMENTS:

Education:
A Bachelor Degree from an accredited four year college or university in Criminal Justice, Accounting, Social Work, and Psychology related field;
OR
Graduation from standard four-year high school or equivalent;
AND
Five (5) Ten (10) years of work-related experience.

Note: In all cases, the applicants must possess a valid certificate of completion from Mississippi Board Law for Enforcement Standard and Training.
Applicant must be 21 years of age or older Possess a Valid Mississippi Driver License.
Applicants must not have been convicted of a Felony charge or convicted of Misdemeanor charges of DUI or Domestic Assault.
Applicants must be able to work alternating shifts. (Day and Night when needed)
Substitution Statement: Related education and related experience may be substituted on an equal basis.
Applications may be obtained from the Town Clerk's Office and should be submitted directly to the City Clerk's office or Police Department for processing before the closing date (February 9, 2023)
The Town of Goodman Police Department is an equal opportunity employer.

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