Rothsay Schools Random Acts of Kindness Week



Students by the kindness trees with their heart leaves.

Sydnie Molter

Random Acts of Kindness Week started on February 14 and went until February 20. This week, we had our school counselor go down and talk to each elementary class about showing random acts of kindness.

One of the activities she had them do was to write letters to their teachers about kindness. We also had the MHS students greeting students in the mornings when the doors opened. We also had pre-K, kindergarten, and 1st grade make kindness bookmarks for the LARL site.

The second graders made kindness cards for the bank. 3rd graders sent kindness cards to the fire department to show our appreciation to them. Lastly, the 4-6 graders made kindness cards for the nearby nursing homes.

Nikki Thorson said, "Kindness

Week encourages students to think about ways to perform acts of kindness themselves."

On February 17 during lunch time, we had a table filled with kindness chips and the nature of this is that you take one for yourself you really like and then pick one to give to someone at random.

In our main hallway, we have kindness trees and everyone in our school from decorated them including colored on them to say kind words. Our elementary principal Mrs. Traurig said, "The kindness trees are a way to unite our school from pre-K all the way to 12th grade."

We also had one of our seniors, Kenadi Carlsrud, help put up the trees and she said, "The kindness trees will show what can impact our students and how they can be kind to one another.

Boyer Retires from Planning Commission



Those honoring Rod Boyer on his retirement are, from left, Rick Wilson, David Waas, Chris LeClair, Carolyn Boyer, Rod Boyer, Brent Frazier, Tom Lee and Stephen Langlie.

Rod Boyer began his service with the Otter Tail County Planning Commission on November 12, 1997. After 25 years of dedicated service, Boyer is leaving the Board. Boyer's exceptional service was recently recognized by the Board of Commissioners.

Commissioner Wayne Johnson presented a plaque to Mr. Boyer in appreciation of his years

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of service. "We appreciate your 25 years of Commission and thank the commissioners for dedicated public service on the Otter Tail County Planning Commission and for your many efforts benefiting the residents of our County and State. Thank you."

Boyer is proud to have visited every site that was brought before the Planning Commission. "I have enjoyed serving on the Planning appointing me over the years. I am happy to have done something for my community."

Land and Resource Management Director Chris LeClair shared his appreciation for Boyer. "Rod was so knowledgeable and the information that he bought was invaluable. Thank you for your 25 years of dedicated service."

Come Out And Join In The FOR **Pickleball Fun At The REC**



There are two new Pickleball courts set up in the gym at the REC.

In case one has had their head in the sand over the last few years, the game of Pickleball has become the lasted craze as an indoor and outdoor activity. The REC, along with Rothsay residents, have followed this wide-spread trend. REC Director Sarah Froslie went on to share that, "Pickleball has been going great. We're always welcoming more people to come and join in every Sunday and Wednesday from 7:30-9:30 p.m. It's very casual, but those that have been coming have been having a lot of fun!" People do not need a membership to play Pickleball at the REC. It is open to the community to come in and play without a fee!







Pickleball, often described as a combination of tennis, Ping-Pong and badminton, grew nearly 40 percent between 2019 and 2021, making it America's fastestgrowing sport. It is an indoor or outdoor racket/paddle sport where two players, or four players, hit a perforated hollow polymer ball over a 36-inch-high net using solidfaced paddles. Opponents on either side of the net hit the ball back and forth until one side commits a rule infraction.

With a name like "pickleball" and a premise that combines tennis, badminton, and Ping-Pong, of course, this sport comes with a unique set of rules and regulations.

If a person is about to play pickleball for the first time, there are several rules you should learn to make your first game even more enjoyable and competitive• Volley serves must be underhand

· Scoring in doubles includes three sets of numbers

· Sides alternate serving in doubles

• There's a method to remove the advantage of serving first in doubles • The ball must bounce once per

side after the serve · Volleying isn't allowed within

the kitchen (7 feet on either side of the net)

• Rallies are commonly lost in three ways: out-of-bounds balls, the ball bouncing twice on a side before being hit, and kitchen violations • Only the serving team can score

points

• Games are commonly played to 11, but sometimes 15 or 21

• Games must be won by a margin of 2 points

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