

Feeling Strong? Try Out This Contest . . .



The Nick Manston Strongman Competition event becomes more popular every year. Each contestant will have three chances to throw a 100-pound sack of potatoes as high as possible.

Again, this year will include combination age categories: 14-18 and 65+. Contestants that fall into these brackets will compete having three chances to throw a 50-pound sack of potatoes as high as possible.

Participants 18 and younger will have to sign a waiver that will be available at the Information Booth during the Festival.

There are prizes for the winners. The Strongman Contest runs from 12 - 1 p.m. on Saturday, August 26, downtown on Front Street, just after the Sewing and Stacking Contest.



Past Winners Of The Strongman Contest



1998	Andy Kava	
1999	Nick Manston & Dave Herbranson	
2000	Bill Carr	
2001	Bill Carr	
2002	Nick Manston	
2003	Jay Jerger	
2004	Hugh Trowbridge	
2005	Jeff Hanson	
2006	Pat Anderson	
2007	Matt Miranowski	
2008	Matt Miranowski	
2009	Clayton Anderson	Jr/Sr-Dylan Just
2010	Collin Lamkey	Jr/Sr-Logan Hershey
2011	Dylan Just	Jr/Sr-Francisco Bach
2012	Justin Camperud	Jr/Sr-Drew Fahrman
2013	Justin Camperud	Jr/Sr-Josh Lawyer
2014	Justin Camperud	Jr/Sr-Tanner Glatz
2015	Justin Camperud	Jr/Sr-Charle Aakre
2016	Justin Camperud	Jr/Sr-Damian Camperud
2017	Justin Camperud	Jr/Sr-Damian Camperud
2018	Justin Camperud	Jr/Sr-Damian Camperud
2019	Justin Camperud	Jr/Sr-Damian Camperud
2021	Justin Camperud	Jr/Sr-Braydon Manston
2022	Justin Camperud	Jr/Sr- Rylan Manston



Assisted Living Services

- 24-Hour Nursing Assistance
- Medication Administration
- Assistance with ADL's - Bathing, dressing, grooming/hygiene; One person assist with transfers and mobility

Housing Accomodations

- 24-Hour Awake Staff
- Three Meals Daily and Two Snacks
- Private Rooms with Private On Suite Bathrooms and Shower
- Activities Daily
- Laundry and Housekeeping
- Cable TV and Utilities Included

Detroit Lakes

218-844-3300

Barnesville

218-354-7200