

Feeling Strong? Try Out This Contest . . .



The Nick Manston Strongman Competition event becomes more popular every year. Each contestant will have three chances to throw a 100-pound sack of potatoes as high as possible.

Again, this year will include combination age categories: 14-18 and 65+. Contestants that fall into these brackets will compete having three chances to throw a 50-pound sack of potatoes as high as possible.

Participants 18 and younger will have to sign a waiver that will be available at the Information Booth during the Festival.

There are prizes for the winners. The Strongman Contest runs from 12 - 1 p.m. on Saturday, August 26, downtown on Front Street, just after the Sewing and Stacking Contest.





GMC
Golden Manor Communities

Detroit Lakes
218-844-3300

Barnesville
218-354-7200

Assisted Living Services

- 24-Hour Nursing Assistance
- Medication Administration
- Assistance with ADL's - Bathing, dressing, grooming/hygiene;
- One person assist with transfers and mobility

Housing Accomodations

- 24-Hour Awake Staff
- Three Meals Daily and Two Snacks
- Private Rooms with Private On Suite Bathrooms and Shower
- Activities Daily
- Laundry and Housekeeping
- Cable TV and Utilities Included

Past Winners Of The Strongman Contest



1998	Andy Kava	
1999	Nick Manston & Dave Herbranson	
2000	Bill Carr	
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2002	Nick Manston	
2003	Jay Jerger	
2004	Hugh Trowbridge	
2005	Jeff Hanson	
2006	Pat Anderson	
2007	Matt Miranowski	
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2009	Clayton Anderson	Jr/Sr-Dylan Just
2010	Collin Lamkey	Jr/Sr-Logan Hershey
2011	Dylan Just	Jr/Sr-Francisco Bach
2012	Justin Camperud	Jr/Sr-Drew Fahrman
2013	Justin Camperud	Jr/Sr-Josh Lawyer
2014	Justin Camperud	Jr/Sr-Tanner Glatz
2015	Justin Camperud	Jr/Sr-Charle Aakre
2016	Justin Camperud	Jr/Sr-Damian Camperud
2017	Justin Camperud	Jr/Sr-Damian Camperud
2018	Justin Camperud	Jr/Sr-Damian Camperud
2019	Justin Camperud	Jr/Sr-Damian Camperud
2021	Justin Camperud	Jr/Sr-Braydon Manston
2022	Justin Camperud	Jr/Sr- Rylan Manston