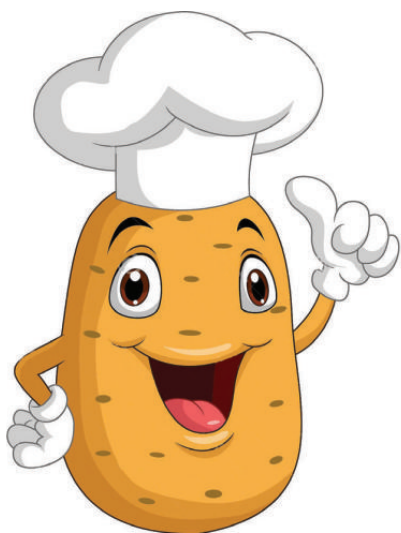


# Ya! You Betcha! Lefse Cook-Off Site Change



On Friday from 1:00 – 3:00 p.m., cooks from around the nation will try their skill at making the best lefse at the National Lefse Contest held during the Potato Days Festival St. James UCC. Notice the location change this year due to accessibility and road construction.

Participants have one hour to perfect one sheet of lefse to present to the judges. The contestants can

be any age. First place of \$200, second place of \$100 and third place of \$50 is awarded on appearance, taste and texture.

There is a \$15 registration fee for each person or team. Deadline for entries is August 12 or when 12 entries are received. For more information or a registration blank go to [www.potatodays.com](http://www.potatodays.com).

Lefse is a Norwegian pastry made from potatoes, flour, butter and cream. It is widely prized as a delicious delicacy, whether served plain or with butter and sugar. Lefse will be available to buy and some ready to eat on the spot.



## SPUD JOKE

**What do you say to a baked potato that's angry?**

**Answer:**  
Anything you like, just butter it up.

## What kind of potatoes are best for making lefse?

Russets are by far the best to use. New potatoes or red potatoes tend to adsorb too much water during the boiling process. Russets are hardy and will stay "drier". If your riced potatoes are too wet, you're going to have problems with your batter, which will give you problems when its time to roll.



## Past Winners Of The Lefse Cookoff Contest

1996	Emma Satran
1997	Nellie Larson
1998	Jan Brendemuhl/Helen Kassenborg
1999	Nellie Larson
2000	Elaine Borgen
2001	Lucia Schroeder
2002	Sherrie Larson
2003	Eric Smith/Andrew Smith
2004	Mike and Mariam Lundeen
2005	Jean Olson
2006	Jean Pederson
2007	Cindy Sauer
2008	Dawn Dunham-Shoemaker
2009	M.A. "Morrie" Howland
2010	M.A. "Morrie" Howland
2011	M.A. "Morrie" Howland
2012	LaVaye Dressen
2013	Brittany Lien
2014	Diane Pearson/Sheila Davis
2015	LaVaye Dressen
2016	Emma & Ben Bjerke
2017	Patty Sargent
2018	Amy Anderson & Eileen Geloff
2019	Chuck Ihlen & Chris Christina
2021	Nancy Erickson and Tom Ihlen
2022	Patty Sargent and Kim Bauman

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